

NORTHLEW NEWS



March 2017

Northlewnews@gmail.com

Your Parish Councillors

Chairman: Bryan Dufty 01837 871256	Vice-Chair: Mark Rundle: 01837 53314
Jane Colbourne: 01409 221220	Simon Dufty: 01837 871744
Jen Kelson: 07795075685	Celia Rundle: 07432 512499
Alex Crosthwaite-Eyre: 01409 220136	Joanna Wilson: 01409 220254
Chris Scadeng: 01409 221797	<i>Clerk: Janet Millership: 01409 221409</i>
<i>Cllr James McInnes: 01837 861364</i>	<i>Cllr Patrick Kimber 01837 810057</i>

Note from the Editor

The 1st of March was the first day of the meteorological spring, however it's not until the 20th March that it is the first day of the astronomical spring – the key thing is winter is nearly over, the daffodils are coming out and the days are getting noticeably longer.

Please don't forget that the clocks go forward one hour at 1am on Sunday 26th March

Thank you to those of you who regularly contribute to the Northlew News. Your monthly input is very much appreciated and keeps us all informed of what is happening in our community.

All contributions to, and comments about, the newsletter are welcome - the more information we can put in it about our community the better. Please let me have any items no later than the 20th March.

I can be contacted by email at northlewnews@gmail.com or

jwilson@thejoivinconsultancy.co.uk or please call me on 01409 220254.

Many thanks and with best wishes,



Northlew Post Office

The post office is open Monday and Friday mornings from 9.30am to 12pm in the Church Room

Coffee, chat, veg and plants on Thursdays –

Jessie is taking a break until the spring but will deliver weekly to your houses. All you have to do is give her a ring with your order. Telephone: 07875 287749.

Northlew Stores C.I.C.

We stock fresh bread, milk (and other dairy products), cakes, pasties, daily papers and magazines. We also have a good selection of frozen goods such as ready meals, pizzas, pies, sausages vegetables, fish and deserts.

We also offer the following services:

- ***Meat from Martins***

We can order your meat, bacon, sausage, steak, joints, chicken etc from Martins in Okehampton and it will be delivered to the shop on Fridays.

- ***Prescriptions***

You can arrange for your medicines to be delivered to the village shop. We have a prescription box in the shop for your prescriptions.

Medicines can be delivered from Okehampton Medical Centre and Black Torrington. Medicines from Okehampton Medical Centre will now be delivered to the shop on Thursday mornings.

Please collect your prescriptions as soon as they are delivered as we are very short of space.

Opening times

- Monday – Friday: 8am – 1pm
- Saturday: 9am – 1pm
- Sunday 9am – 1pm

Thank you for your continued support.

Nicki and Lin.

Northlew Methodist Church

Services

5th March

9:30 am Service at Boasley

12th March

9:30 am Rev Nigel Coke-Woods

19th March

9:30 am Mr Dean James

26th March

9:30 am Rev Jerry Cook
Come and join us for a special service for Mothering Sunday – gifts for all the ladies.

St Thomas of Canterbury Parish Church

Services

5th March

8:30 am Holy Communion
6:30 pm Evening Prayer

12th March

9:30 am Animal Blessing Service
6:30 pm Evening Prayer

19th February

9:30 am Holy Communion
6:30 pm Evening Prayer

26th March

10:00 am Mothering Sunday
family service
6:30 pm Evening Prayer

Pet Service

The animal blessing service, on 12th March, will be led by Sandra Collier and all animals are welcome (preferably bringing their owners with them!). Look forward to seeing you there.

Mothering Sunday

The Mothering Sunday service on 26th March will be at 10 am. Come and join us in thanking God for our Mums and all their love and care for us over the years. This is the day that we also give thanks for our Mother Church.

Mothering Sunday is the original 'Mother's Day'. It was often the only day in the year when those in service were allowed to go back to the family home and their home church. The church service remembered St Mary the Virgin and the love and care she showed Jesus, and celebrated God's love and care for his people. People often picked flowers on the long walk home, or made a special cake, and

gave them to their mothers to say thank you for their love and care. It was the suggestion of the American activist, writer and poet Julia Ward Howe in 1872 and the campaigning of Anna Jarvis for a day to honour mothers (in gratitude to her own mother) that gave us the tradition of Mother's Day, with its flowers and Simnel cake. And still at its heart is the desire show our thanks for the love and care we have received.

Lent Courses

Exbourne: Starting on Monday **6th March**, there will be a Lent course in Exbourne. It will be held at The Burrow from 7 – 8:30 pm on Monday evenings. For more information please call Sandra on 01837 810042.

Hatherleigh: Thursday 2:00 - 3:15 pm Old Schools
Led by Rev Nigel Coke-Woods and Rev Ruth Hansford

9th March: The Jesus I thought I knew

16th March: The Beatitudes & Sermon on the Mount

23rd March: A Revolution of Grace

30th March: Jesus' Miracles

6th April: Jesus' Death and Resurrection

13th April: The Difference Jesus Makes

Notice of Annual Parochial Church Meeting (Parish Church Annual Meeting)

Monday 27th March

7:00pm Northlew Church Room

P.S. The snowdrops

After a slow start, this year the snowdrops in the churchyard have excelled themselves. And now they have been joined by masses of Jim Jevons crocuses and even the odd primrose.... I promise not to mention the snowdrops again this year!

Bishop Nick McKinnel to visit Okehampton Deanery

31st March – 2nd April

Over the last few months, the Bishops in Exeter Diocese have been out and about visiting the various deaneries to share with us and see what is happening in our churches and communities. As part of this 'Bishops in Mission' initiative, Bishop Nick is

coming to visit Okehampton Deanery at the end of March/beginning of April. An official programme of events will soon be available, but in the meantime, here is the basic outline of the weekend, so you can pencil in the relevant events in your diary.

Friday 31st March

10.00am: Meeting with Clergy and Readers, South Tawton Church Room

12.30pm: Drewsteignton Fellowship Lunch, Fingle Bridge

Afternoon: Meeting with Dartmoor Commoners

7.30pm: Youth Event in Okehampton (arrangements tbc)

8.00pm: Meeting with Churchwardens & Readers, The Burrow, Exbourne

Saturday 1st April

8.30am: Men's Breakfast, Okehampton Golf Club

10.30am: Coffee Morning
Bishop Nick will share the Diocesan Strategy with us all
Meldon Village Hall

Lunchtime: Vocations event
For all thinking about ministry in the church, or serving in specific role e.g. Pastoral Care Worker, Children's Worker
Pub in Okehampton (Venue to be confirmed)

Afternoon: Arrangements TBC
7.30pm: Pub Quiz, Sampford Courtenay Village Hall
It is hoped to have teams of six from every parish.

Sunday 2nd April

9.30am: Bishop Nick, Belstone Parish Church

11.00am: Bishop Nick at Hatherleigh Parish Church

3.00pm: Passion Sunday Celebration for the whole Deanery, North Tawton Parish Church

Northlew Doodlebugs

Saturday 25th March

3.00-4.00pm, Northlew Methodist Chapel followed by light refreshments

Celebrating New Life.
Come and have some eggy fun as we explore the story of Easter

Women's Guild and Fellowship

The Women's Guild had a very informative meeting on 1st February when Mrs Julie Philips told us all about her cycle ride in Mozambique. This was a charity ride for Cancer Research and

she relayed all the high and low points of her journey, and showed pictures of some interesting places on her travels.

Next meetings

The next meetings will be held on:

Wednesday 1st March

2:30 pm Methodist Hall
Rev Nigel Coke-Wood

Wednesday 15th March

2:30 pm Church Room
Molly Atkinson – The Abbey of Monte Cassino and the Cassino War Cemetery

Community landing site for the Devon Air Ambulance in Northlew!



On March 28th, Flo- Jo Ramkisson and Chris Scadeng (Parish Councillor) will be undertaking a sponsored swim at Parklands Leisure Centre. Our aim is to swim as many

lengths as we can in the space of an hour but guarantee that our combined total will exceed 80 lengths! The pool is 25m long so that means a swim of at least 5 kilometres or 3.1 miles. Just so you know, our combined age is somewhere in the region of 135years!

The money will go towards the costs of setting up a landing site for the Devon Air Ambulance here in Northlew! So, please look out for the sponsorship forms, which should be available soon in the school, the shop and with your Parish Councillors, and sponsor us in our efforts!

Many thanks, Chris

Thank you for your support!

***Save the date
Village Fun Day!
29th April 2017***

50% of the funds raised will go to The Northlew Community Landing Site Fund (NCLSF)

Northlew and Ashbury Produce and Craft Show Saturday 2nd September 2017

The Vera Andrew Memorial Challenge

The Vera Andrew Memorial Challenge was introduced in memory of Vera, a much loved and 'missed' local. The Andrew family has been a part of the village for around 500 years (it's so long the family aren't quite sure!) and Vera and her husband always had a 'weather eye' on the village and truly believed we all need to look out for other people. Vera's own mum died when she was very young and that's probably why she and her husband always had time for other people.

As Vera's daughter, Jeanette says, "My mum was the sort of person who would always try to feed you and if someone was having a bad time she would always be baking and something nice would arrive and I think it made you feel someone cared."

The winner of the Vera Andrew Memorial Challenge each year has the honour of setting the next year's, so, as last year's

winner (oh, yes she was!) this year, Jane Stanleick has set the challenge. As Jane says, “Vera firmly believed there were few ills in life that couldn’t be rectified with a ‘plate of buns’, as many of us still remember with gratitude! It seems only fitting that this should be the challenge, or perhaps your own interpretation of ‘A Plate of Buns’. A ‘bun’ can be whatever you want it to be and may the best buns win!”

Well there you have it – your challenge for the 2017 show, and we think Vera would be very pleased.

Over the next few months we will be sharing more about this year’s ‘Sunflower Challenge’ for children, news about the Show Schedule and the recipe for Devonshire pasties.

*The Northlew and Ashbury
Produce and Craft Show
Committee*

The Green Dragon

This historic 18th-century inn is located in the village square at the heart of Northlew. The

Green Dragon offers real ales from Devon breweries with the occasional guest ales too. It serves food at both lunchtime and in the evenings and the regular menu is complemented by themed food nights and periodic beer festivals.



Opening times

The Green Dragon is open:

- Lunchtime from 12 - 2pm
Lunch is served every day
- Evening opening times are:
 - Monday – Saturday.
Open 6pm with food served from 6pm-9pm
 - Sunday Open 7pm no evening meals

Events

Mothering Sunday 26th March

Bring your Mum for Sunday Lunch and she will get a free glass or pudding!

For more information and bookings please call 01409 221228

Northlew Walking Group

Fellow walkers last month were, Julie Philips (along with Ted & Archie), Trevor Miller (Kim & Bessy), Pat Carter, Pat Richardson, Shirley Lloyd, Holly Dancer, Paulette Bowman, Angela Baines and myself.



A fairly small group on this walk, perhaps the forecast of wind and rain played its part here, but actually we were very lucky and only suffered a few light showers.

So off we went from the Square as usual, walking along Crowden Road until we reached the playing fields. We then turned right down towards the new Norley bridge, passing the previous home of Ronnie Woods mother-in-Law on the right.

On reaching the bridge over the West Lew river, we took time out to examine the excellent new structure. It was also pointed out that this is the location for a river level monitoring station, and that the highest water level measured in recent times was over 2 meters on the 23rd December 2013.

This was much higher than the level on the day of the walk at 0.4meters.

After everyone got their breath back we set off up the steep hill towards Norley. Following the road ahead, we continued around to the left and took in the great views over to Northlew, and the Moors beyond. On reaching the 'T' junction, we turned left and then left again down the hill to re-cross the West Lew. On our right the sight of a previous water mill was observed. After turning left again, we eventually returned to the junction of Crowden Road by the playing fields.

From here it was a short walk back to the Victory Hall where all walks now end. We were treated to Angela's carrot cake and tea all round. We raised £13 from generous donations by the

group, which will be put towards the forthcoming Produce Show.

The next walk (No 9)

March's walk was held on 3rd – report in next month's edition.



chrisbaines55@talktalk.net

Victory Hall

Registered Charity No/: 266213 A/3

Musical Cream Tea Saturday 25th March

3pm Victory Hall

Please come and join us for an afternoon of musical delight and cake, all washed down with copious quantities of tea or coffee.

Featured musicians: Cats Chorus, MMM, St Thomas of Canterbury Choir and Every Cloud.

Proceeds to be split between the Parish Church and Chapel funds
Contact Jayne for more information: 01409 221225

Booking a charitable event at the Victory Hall

Bookings for any event where the proceeds will be going to a

registered charity will only be charged at a nominal fee of £10 per booking.

Please note the name of the charity and registered charity number will be needed for all such bookings. The charity name and number should also present on all advertising for the event.

10th Merton Vintage and Classic Vehicle Rally



Sunday 30th April
11 am – 5 pm

Admission: £3,
under 16's £1, under 5's are free.

A great family day out, not to be missed!

For more information regarding this fantastic event in it's 10th Year contact:

Vehicles: Tony:01805 603400
Stalls etc:Janette:01805 603604
or e-mail:

mertonrally@googlemail.com

Gardening Tips for the month



By Harriet King at 'Down to Earth' – Practical Garden Advice
Gardens are beginning to really start into growth for March and the season's long battle against pests starts.

Pests

If we get a mild month, make sure to keep an eye out for the wretched slugs and snails which can wreak havoc on the new foliage of their favourite plants. Whilst nothing is 100% effective and non toxic (hedgehogs and birds really do die from the non-organic slug pellets) there is a fairly new product that may be worth trying. ...Strulch. It is a straw based mulch and is mineralised in order to deter slugs and snails. I will be trialling it this year; but if anyone else tries it, please let me know.

Borders

This month is a great time for sorting out your borders:

- Lift and divide any old perennials and replant wherever you want
- Weed thoroughly
- Scatter a slow release fertiliser such as blood fish and bone around the base of all shrubs and plants.
- Mulch deeply - to a depth of at least 2 inches with a good green waste based compost (not around ericaceous shrubs like camellia or rhododendron). This will help stop weed seeds germinating and keep your plants happy.

Summer flowering bulbs

If you have any time left over after this lot, then think about planting summer flowering bulbs like gladioli and lilies. Plant them deep; at least 3 times the depth of the bulb - more for gladioli

Vegetables

- Get your early potatoes in at the end of the month.
- Early peas and broad beans can be sown into compost filled 3 foot lengths of guttering and kept under cover until they have germinated. This also stops mice eating the seeds before they establish.

Then ease the compost and young plants carefully into pre-dug trenches and watch them grow.

- Onions and shallot sets can be sown now. They also benefit from being planted into individual pots and planted out when they have rooted. This stops blackbirds pulling up the sets which happens so often when they are planted into open unprotected ground.

Happy gardening everyone.

Harriet

Recipes for the month



Thanks to Harriet too for the following suggestion:

Harriet's Duck Egg Omelette

One of my favourite light suppers in March is a duck egg omelette filled with goats cheese and chopped fresh young herbs like chives/sorrel and wild garlic. They are at their best over the next couple of months so make the most of them!

Now how is this for a coincidence? I had planned to include a recipe for this month's edition from my friend Hannes who lives in South Africa (see the Adventures of a Northlew Gnome page 13) for his famous super fluffy omelette so why not try a combination of the two!

Hannes' Fluffy Omelette

Ingredients (per person):

2 large free-range eggs, baking powder, a little water and your favourite fillings – sliced mushrooms, bacon, hard cheese, peppers, fresh herbs, whatever you like. The idea is to create a delicious mix of whatever you fancy

Method

First prepare your filling. Heat a little olive oil in a small frying pan. Fry up any fillings that need cooking. Switch off the heat, return all the fillings to the pan and keep it handy. Grate cheese, chop herbs etc.

For the omelette, heat a little olive oil in a strong non-stick frying pan. Beat the eggs. Add 1 tablespoon of water for each egg (if your eggs are on the smaller side, reduce the amount

of water a little). Beat the mixture again until it really foams up (two or three times original size and no large bubbles). Just before you are ready to cook the omelette, add half a teaspoon of baking powder and beat again briefly. Pour the egg mixture into the hot frying pan. As the omelette begins to cook use a spatula to pull the egg mixture away from the edge of the pan and distribute the remaining foam on top into the gaps at the edge of the pan. Keep doing this until most of the foam is gone. Switch off the heat. Add your fillings to the top of one half of the omelette only. Flip the other half over the fillings with a spatula. Tilt the pan, slip your beautiful creation onto a warm plate and enjoy!

<http://www.angelsrestfarm.co.za/angels-rest-blog/hannes-super-fluffy-breakfast-omelette/>

HOF Gallery and Cottage



The HOF Gallery is a small space devoted to all things Arts & Crafty. The gallery also has a selection of fine ceramics, paintings, prints, locally crafted sculpted & hanging feltwork. A 'rustic' framing service is also available.

Open studio most weekends
10am-6pm and bank holidays

Adventures of a Northlew Gnome called Louis

Louis is a purple-hatted Northlew Gnome who was sheltering from the wet and windy weather of Northlew in the HOF gallery. He decided what he needed a break, a change of scene and some adventure. So, very quietly one afternoon, he packed his trunk (the one that he sits on) and with his acorn pipe firmly extinguished (to comply with the strict no smoking policies on airplanes) he headed to Heathrow as he decided the only answer was to stowaway on a plane and go exploring. He managed to smuggle himself into an unsuspecting travelers luggage and before he knew it he was in South Africa. After several adventures, he is now settling in with Liz at her beautiful farm

called Ekaya Lengelosi which means 'Where angels rest'. Ekaya Lengelosi is a peaceful rural retreat within easy reach of Plettenberg Bay and Knysna in the Western Cape of South Africa. Louis is enjoying swapping recipes with Hannes (see this month's recipes on page 12), smoking his pipe in 30° degree heat whilst sitting on his trunk and chewing the cud with his exotic new friends below! And just for the record Hannes' bar-b-que (on the left of the picture) is made out of an old washing machine drum and it works a treat!



Northlew and Ashbury Snooker Club

Northlew and Ashbury Snooker club has been running for many years. It has a very nice club room with two full sized snooker

tables. One team plays in the Bude league each winter. New members are very welcome.



There is a small membership fee to join. For more information about the club please call

01409 221085.

Northlew Amateur Dramatic Society (NADS)

Chairman, Richard Rossiter Stead and Treasurer, Lucy Turmaine, receiving a cheque for £331 from Vickie Mills, Community Matters Organiser, Waitrose for the Northlew Amateur Dramatic Society (NADS) as part of the Waitrose Community Matters Scheme.



The Chairman, Richard Rossiter Stead said afterwards how thrilled they

were to receive this cash and thanked Waitrose and all the customers that supported them. "This means our Amateur Dramatic Society can now purchase some more lighting equipment which will make a big difference to our staging. Anyone interested in joining us to tread the boards or to help backstage would be more than welcome and I hope they will just call our Secretary, Sarah Wilby on 01409 221995."

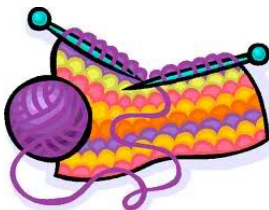
Photography club

Meetings are held on the 4th Monday of each month. between 7:00 pm and 9:00 pm in the Methodist Chapel Room. For further information please telephone either



Chris: 01409 221362 or Julie: 01409 220088
or email:
chrisbaines55@talktalk.net
or Julie.phillips240@ntlworld.com

Knit and Natter



If you would like to join us doing any sort of

material craft, we have ladies doing cross stitch, tapestry, crochet and knitting, we meet in the hall next to the Methodist Church every 2nd and 4th Wednesday of the month from 2:30 p – 4pm. Just come along and join in – you don't have to come every time just whenever fits in with you. Also if anyone has any spare wool for the group please let me know.

Thank you to the person who left a bag of knitting wool on the door handle of the Methodist Chapel on Wednesday 25th January,

For more information please contact me on 01409 221187

Thank you. Eunice Peck

Yoga Classes

Yoga classes are running in the Methodist rooms on Wednesday evenings at 7pm. All are welcome.

Please bring a mat to lie on and wear comfortable clothes.

For further information contact Angela on 01409 221110 or 07809427991

Badminton



We play every week in the Victory Hall. All abilities welcome. Please contact Chris Baines on 01409 221362 for more information



21st April
7 to 8:30pm

Talk and Demonstration
Northlew Victory Hall

Tickets: £5 adult (£3 child)
Including refreshments. All monies collected to support forthcoming Produce Show

Tickets available from Chris or Angela, Wistful Cottage

01409 221362

Raffle prizes donated by local residents, along with wine from Eastcott Vineyards

Parish Council

The minutes of last month's council meeting can be seen on the parish notice board.

Annual Parish Assembly

20th March, 7.30pm in Victory Hall. This is the public's opportunity to come and speak on any issues affecting the Parish. It would be helpful if anyone wishing to raise an issue would let the Clerk of the Parish Council know in advance. Please contact Janet on 01409 221409

Parish Council meetings are held at 7:30pm on the 3rd Monday of each month in the back room of the Victory Hall.

Defibrillator Training

Training has been arranged for **21st March**, 7pm in the Church Room. It will take approx 2 hours and completely free. There are still some places available so please Janet know if you wish to attend.
01409221409

OkeRAIL Forum & CIC, Restoring Okehampton to Exeter rail services - and rail links to the UK

18th March 2017



At 7:45 am on Saturday 18th March, Royal Oke the first direct train to London for almost half century will pull out of Okehampton Station. It will arrive at London Paddington just over 3 hours later

The same train will return in the evening, leaving Paddington at

18:05 and reaching Okehampton at 21:15.

It is hoped that OkeRAIL, in conjunction with OkeRAIL CIC will run trains in the future, however the main purpose of this event is to demonstrate that there is a popular and commercial demand for the restoration of rail services to our region.

Tickets for this train are now sold out but if you would like to know more about this fantastic initiative then please see the link below

<https://okerrail.2day.uk/>

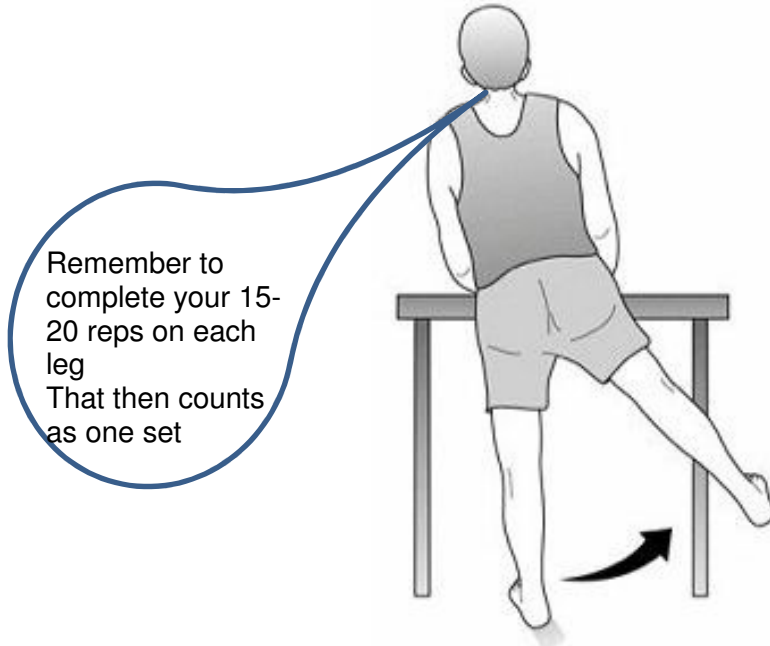
Kevin Ball is overseeing the organisation of this event, so if you have any queries please don't hesitate to get in touch with him. His phone number is 07870 377879.

Exercise of the month by Tom Wilkins

www.trainertompt.com

Standing hip abductors -

Another simple, but effective exercise that can be completed at home or at work. This exercise is great for targeting the hip abductors and core. When completing this exercise, try to hold onto a solid platform in front of you to help with balance. Keep your shoulder blades back and chest out, allowing for as much range of motion from the hips as possible.



Sets	No. of repeats (reps)	Rest between reps
Set 1	15-20	45 seconds
Set 2	15-20	45 seconds
Set 3	15-20	45 seconds
Set 4	15-20	45 seconds

Advertising in the Northlew News in 2016

If you would like to advertise in the Northlew News please contact Joanna Wilson.

Business advertising rates:

- £2.50 per advert (business card size) per month or £25 per annum
- £5:00 for half page
- £10:00 full page

Items For Sale advertising rates:

- £5 per advert for half page with picture
- £1 per advert (text only) per month

For Sale

PetCare Vari-Kennel (of airline standard, meeting IATA 91/628 EEC requirements)

In very good condition having had little use, although some chrome parts have light rusting in areas. It has a food and drink container and has been cleaned and sanitized.

Measurements: L x 70cm H x 50cm W x 46cm

£25

Please call Norman or Pauline on 01409 221 518

For Sale

Ferplast Pet Carrier

A good strong pet carrier in nice condition that would be suitable for a small breed dog or largish cat. Has been cleaned and sanitised

Measurements: L x 70cm H x 46cm W x 46cm

£15

Please call Norman or Pauline on 01409 221 518



Anthony Stock
DECORATOR

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2017 Events at a Glance

March	<ul style="list-style-type: none"> • Wednesday 1st March: Women's Guild and Fellowship, Methodist Hall • Wednesday 15th March: Women's Guild and Fellowship, Church Room • Monday 20th March: Annual Parish Assembly • Saturday 25th March: Musical Cream Tea • Monday 27th March: Parish Church Annual Meeting, 7pm Church Room
April	<ul style="list-style-type: none"> • Saturday 1st April: Spring chocolate celebration • Friday 14th April: Good Friday • Monday 17th April: Easter Monday • Friday 21st April: North Devon Falconry talk 7pm • Sunday 23rd April: Annual Pie Lunch, 12:30 pm in the Victory Hall • Saturday 29th April: Village Fun Day; playing fields • Sunday 30th April: Merton Vintage and Classic Vehicle Rally
May	<ul style="list-style-type: none"> • Monday 1st May: Early bank holiday • Monday 29th May: Spring bank holiday
June	<ul style="list-style-type: none"> • Monday 12th June: Concert with Stowford Meadow Singers, 7:30 pm • Saturday 17th June: Dance, 8pm
July	<ul style="list-style-type: none"> • Saturday 1st July (provisional date): Open garden at Little Acorns by kind permission of Colin and Mags Javis • Saturday 15th July: Fun Day at Brook Cottage, 3 pm
August	<ul style="list-style-type: none"> • Monday 28th August: Summer bank holiday
September	<ul style="list-style-type: none"> • Saturday 2nd September: Northlew Produce Show • Saturday 16th September: Dance 8pm
October	<ul style="list-style-type: none"> • Sunday 8th October: Harvest Festival, 2:30 pm • Monday 9th October: Harvest Festival, 7:15 pm • Saturday 21st October: Apple Day
November	<ul style="list-style-type: none"> • Friday 24th November: Concert in the Victory Hall with Stithians Ladies Choir, 7:45 pm
December	<ul style="list-style-type: none"> • Sunday 10th December: Christmas Lunch, Victory Hall

Carmel Coaches Excursions for 2017

Date and venue	Cost
<ul style="list-style-type: none"> • Sunday 26th March Endsleigh Gardens and South Hams 	£15
<ul style="list-style-type: none"> • Friday 14th April Seaton and Lyme Regis 	£15
<ul style="list-style-type: none"> • Monday 17th April All day mystery including boat trip, steam train and cream tea 	£36
<ul style="list-style-type: none"> • Monday 1st May Lost Gardens of Heligan and Mevagissey 	£25 inc admission
<ul style="list-style-type: none"> • Monday 29th May Weymouth 	£18
<ul style="list-style-type: none"> • Sunday 18th June Father's Day Severn Valley Railway including train ride 	£40
<ul style="list-style-type: none"> • Wednesday 23rd August Crazy for you, Plymouth 	£47
<ul style="list-style-type: none"> • Monday 28th August Torquay or Paignton 	£12

**For more information or to book your seat
please call 01409 221237**