

NORTHLEW NEWS



When you go home, tell them of us and say,
For your tomorrow, we gave our today
John Maxwell Edmunds
1916

November 2017
Northlewnews@gmail.com

Your Parish Councillors

Chairman: Joanna Wilson: 01409 220254	Vice-Chair: Jen Kelson: 07795 075685
Jane Colbourne: 01409 221220	Simon Dufty: 01837 871744
Mark Rundle: 01837 53314	Celia Rundle: 07432 512499
Vacancy	Bryan Dufty: 01837 871256
Chris Scadeng: 01409 221797	<i>Clerk: Janet Millership: 01409 221409</i>
<i>Cllr James McInnes: 01837 861364</i>	<i>Cllr Patrick Kimber 01837 810057</i>

Note from the Editor

A huge thank you to Martin Perry, Elmfield Bed and Breakfast, as he is going to sponsor the printing of the December edition of the Northlew News, which is very much appreciated. If you or your company would like to follow Martin and sponsor the first edition for 2018 then please give me a ring.

Please let me have any items for the December edition no later than the 20th of November.

I can be contacted by email at northlewnews@gmail.com or iwilson@thejovinconsultancy.com or please call me on 01409 220254.

Many thanks and with best wishes,



Northlew Stores C I C.

The village shop stocks fresh bread, milk and other dairy products as well as having a good selection of frozen food including ready meals, pizzas, pies, sausages, vegetables, fish and desserts.

Prescriptions

You can arrange for your medicines to be delivered from Okehampton Medical Centre to the village shop. You will need to place your prescription in the box in the shop by 10:00 am on Thursday to get a delivery the following Thursday.

We also take in prescriptions for Black Torrington Surgery. For more information please ask Paula

Please note: Prescriptions need to be collected as soon as they are delivered as we are very short of space. Any prescriptions not collected within the week of delivery will be returned to the surgery.

Opening times

Monday: 8am – 1pm
Tuesday: 8am – 11am
Wednesday: 8am – 11am
Thursday: 8am – 1pm
Friday: 8am – 1pm
Saturday: 9am – 12 noon
Sunday 9am – 12 noon

Paula is looking for volunteers to help in the shop. Please ask Paula for more information

Northlew Methodist Church

Services

5th November

9:30 am Service

12th November

10:50 am United Remembrance Service at the Parish Church

19th November

9:30 am Mrs Jean Daniel

26th November

10:30 am Mrs Stella Hammond United Toy Service.
Gifts of toys, pencils, book etc appreciated but no soft toys thank you.

Stithians Ladies Choir and the Glee Singers

Northlew Victory Hall
Friday 24th November

7:45 pm

Tickets £8 including refreshments

Please ring:

Dorothy 01409 221782 or

Bet 01409 221003

Everyone is welcome

50:50 Coffee morning

Saturday 25th November

10:00 am – 12 noon

Cake and savoury stall

Harvest Festival

Thank you to everyone who supported the Harvest Festival weekend. There was a good attendance at both services. Mr John Hill led the Sunday afternoon service and Mr Dean James the service on Monday evening. The offering on Sunday and Monday amounted to £272.43 for the Methodist Church. In total the money from the sale of all the produce, plus the supper money and donations was £272 and this money has been sent to help those in the Caribbean who lost everything due to the damage wreaked by hurricane Maria amongst others.

Northlew Doodlebugs Saturday 25th November

Northlew Doodlebugs is our churches' childrens' group where we join together in games, story and craft.

'I am the gate'

Join us to have fun finding the way from Advent to Christmas!

3 - 4 pm, Methodist Chapel

Followed by light refreshments

St Thomas of Canterbury Parish Church

Services

5th November

9:30 am Holy Communion

6:30 pm Service of Light at
Ashbury

10th November

10:50 am Act of Remembrance
at the War Memorial, attended
by the school children

12th November

10:50 am United Remembrance
Day Service

6:30 pm Evening Prayer

19th November

9:30 am Holy Communion

6:30 pm Evening Prayer

26th November

10:30 am United Toy Service at
the Methodist Chapel

6:30 pm Holy Communion

Please note: The evening
service on 5th November will be
a Service of Light at Ashbury
starting at 6:30 pm. There will
not be an evening service that
day in the Parish Church in
Northlew.

Book Sales



We've finally
reached our
target of a £100
from the sale of
second hand

books in the Church Room and
the money raised has been sent
to the Children's Hospice South
West. The books, mostly novels,
are on the table just inside the
door and donations, however
small, are most welcome. There
have been many disasters
around the world in recent
months and in times of flood and
tempest the resources of Shelter
Box make a difference between
life and death. So, it is likely that
the next £100 raised will be sent
to Shelter Box. Thank you for
your help; your support is greatly
appreciated.

Armistice Day



As the 11th November
falls on a Saturday, the
school will be
observing the Act of
Remembrance on Friday 10th
November at the war memorial
at 10:50 am.
On Sunday 12th November,
Sarah Collier will lead the Act of
Remembrance at the war

memorial followed by the service in the Parish Church.

A letter from Rev Ruth Hansford

Dear Friends,

November is a time to reflect and remember. On All Souls' Day (Nov. 2nd), we remember those we love who have died. We give thanks for their lives and example, but acknowledge the gap that is left in our lives. Yet All Souls' also reminds us of the Christian belief that, through Jesus, there is resurrection from death, and eternal life. This is the hope to which we hold, when sorrow and grief threaten to overwhelm us, helping us to once again take hold of the gift of life that God has given, and value it in ourselves and in others.

As we move to Armistice Day and Remembrance Sunday, our thoughts turn to the many who have sacrificed their lives in the two World Wars, and in many wars since, for the sake of liberty and freedom. The Battle

of the Somme, in which one million men were wounded or killed, ended on November 18th 1916. As we see and hear reports of wars on-going in our world today, we remember that each person killed is not an anonymous face on a page of statistics, but a son or daughter, brother or sister, husband or wife, father or mother, lover or friend. They were loved and their death leaves a trail of sorrow and tears. There will not be peace in our world until we all value the other as one who is loved, and whose loss will leave a gap in our lives.

Battle of the Somme July 1916

By 'The not so secret poet'
(found on the internet and left unchanged)

(Inspired by his great grandfather Capt. Albert Victor Champion RHA)

Children of the Somme, men of
mud and water
killed by lead and steel, for them
no last supper
no last meal. Children of the
Somme, consumed
by mud and water, sent in there
thousands to their slaughter.

Nerves that were shattered,
breath that was shallow
felled in fields that were lifeless
and fallow.

Hearts that were pounding,
bodies that trembled
as in the trenches men
assembled.

Like an order from god they
awaited there place,
to go over the top and stare
death in the face.

Men of all nations, men of all
ages; condemned
to there death and the history
books pages.

Lest we forget
Remember them.

With prayers for peace in our
world today,

Rev. Ruth Hansford,

*Team Vicar in the Northmoor
Team Ministry*

with responsibility for Hatherleigh, Meeth,
Exbourne, Jacobstowe, and Northlew

All Soul's Eve Service

A quiet, reflective service for
those who would appreciate
some time and space to
remember loved ones who have
died.

Thursday 2nd November

7:00 pm Hatherleigh Parish
Church

Everyone is welcome (from all
the parishes)!

We will try and hand out
invitations to remind people of
the service. The person who has
kindly done this for us in the
past has now moved, so we
apologise if we do not deliver an
invite to everyone who has lost a
loved one recently. Do please
put the date in the diary if you
would like to come or contact
Rev. Ruth Hansford (Tel: 01837
810 314; Email:
maggiethecat@waitrose.com), if
you would like to know more
about the service.

Women's Guild and Fellowship

Wednesday 1st November

2:30 pm in the Methodist Hall

Northlew Post Office



® The post office is open Monday and Friday mornings.

Opening time is 9.30am to 12pm in the Church Room

The Green Dragon



This historic 18th-century inn is located in the village square at the heart of Northlew. The Green Dragon

offers real ales from Devon breweries with the occasional guest ales too. It serves food at both lunchtime and in the evenings and the regular menu is complemented by themed food nights and periodic beer festivals.

Opening times

The Green Dragon is open:
Lunchtime from 12 - 2pm
Lunch is served every day
Evening opening times are:
Monday – Saturday.

Open 6pm with food served from 6pm- 9pm
Sunday Open 7pm no evening meals

Please contact Dan on 221228

Forthcoming events for December!

In December there will be

- Christmas jumper party
- Carols in the pub
- Self employed or retired Christmas lunch

Details to follow in next month's edition and also on the Green Dragon Facebook page

Birthday celebrations!



Hello Everyone.

Florie Ramkissoon will be celebrating her 70th birthday soon. She would like to invite you to help her celebrate by sharing a cream tea with her on Saturday 11th November anytime between 2 pm and 5 pm in the Church Rooms.

Florie hopes you will be able to join her, everybody is welcome!

Northlew Walking Group

Joining us on our 16th walk were Trevor Miller with Kim and Bess, Julie Phillips with Ted and Archie, Pat Carter, Marion Dufty, my wife Angela, Pat Richardson, Robin and Dee Gant, Jenny Anderson, Shirley Lloyd and Susan Jones. So that made 6 Northlewians and 6 'others'.



In our continuing attempt to add something different to our walks, instead of starting in the square, we 'car shared' to the entrance of Ten Acre Plantation, and started our walk from there. The weather Gods were looking down on us, and gave us lovely sunshine, and a great day for a walk. We walked through the plantation until we reached Wadland Down Plantation. Here we veered off the path into the woods to find a bridleway leading down to a ford and a

sheep field beyond. After negotiating the stepping stones across the ford, we continued along the edge of the field, and came out onto the road with Scobchester Down opposite, and Ashbury Plantation on our left. Here we turned left, passing Scobchester Farm on our right. Continuing along this quite road, we reached Broomhill Cross, where we gathered for the regulation photoshoot. From here it was a short walk to Kennel Bridge, and left to return to our cars.

In summary, a lovely walk of just over 3 miles with no hills, wall to wall sunshine, no cows, and only a small amount of mud.

Next Walk No 16

Please Note, our next walk will be on Friday 3rd November. The walk will start at 1pm, as it will officially be winter!

Chris

chrisbaines55@talktalk.net

Gardening Tips for the month



By Harriet King at 'Down to Earth' – Practical Garden Advice

Hmm, so much for the Autumn leaf display. At the time of writing, Storm Brian is removing any leaves left other than the beech...and there weren't that many left after Ophelia!

Fallen leaves

So...the first tip is to collect all the fallen leaves and either rot them down in a leaf litter bin made simply of four posts in the ground surrounded by chicken wire, or in dustbin bags with small holes punched in the base. If you can collect the leaves with a mower on its highest setting, so that they are shredded, they will rot down much more quickly into the 'black gold' so beloved of gardeners. It makes a fantastic mulch for woodland plants such as ferns, cyclamen, racers and

azaleas. Whilst it doesn't feed the soil as such, it does condition it, making it easier for small choice woodland perennials to establish themselves.

Tulips

November is the best time to plant tulips. Planting earlier gives a disease called Tulip Virus more chance to take hold. If you're planting in open ground rather than pots and want them to return year after year (don't get your hopes up too high), plant them at least 9" deep and go for red varieties or smaller species tulips such as kauffmaniana or tarda.

Broad beans and peas

If you love broad beans or peas there are a few varieties that will over winter if sown now, to provide much earlier crops than the Spring sown ones. Try Aquadulce Claudia or Super Aquadulce broad beans and Douce de Provence peas (I would suggest protecting these with fleece). You can either sow direct into the ground if your garden is sheltered, or in pots or lengths of guttering which can then be slid into trenches once the plants are a few inches high.

You can even over winter any pot grown ones in a cold frame till Spring which helps confound any marauding mice!
Bare root roses, trees and hedging plants are now available - and establish that much more easily than pot grown specimens. They are also usually cheaper.

Holly for Christmas

Cut stems of berried holly and place the ends of the stems in a bucket of water that is regularly



changed. This should keep them safe from birds who will otherwise strip the berries well before Christmas. Keep somewhere light but sheltered such as an airy light shed or outside in a sheltered spot.

Christmas gift ideas for all budgets next month.

Happy gardening

Harriet

Victory Hall

Registered Charity No/: 266213 A/3

Booking a charitable event at the Victory Hall

Northlew Victory Hall Management Committee are making a small change to the criteria needed for booking a charity event, as Trustees to NVH we have a duty of care within the charity. We were not covering our costs under the exsisting £10 fee and so have implemented the below to try and make things fair and clear to all.

Criteria to qualify:

1. Any event where all profit will go to the named registered charity. Registered charity name & number required when booking and must be on all advertising for the event.
2. The organiser is a parishioner.
3. All profit to go to the named charity.
4. It must be a public event open to all. This offer is not for private functions.
5. The £10 covers the hall and use of the kitchen for drinks only. If food preparation and serving is required then an additional £15 is essential to cover our extra costs.

Any event must meet all 5 criteria to be granted the booking price of £10.

www.northlewvictoryhall.co.uk

Restoration of the phone box

We have been allocated a small sum of money to put towards the refurbishment of our sorry looking phone box.



If anyone would like to help us with this project, then please

contact Angela or myself as follows :

chrisbaines55@talktalk.net
or 01409221362

Or just stop us in the village and have a chat about it!

Badminton Club



We play every week in the Victory Hall.

All abilities welcome. Please contact Chris Baines on 01409 221362 for more information

Published by the Parish Council
November 2017



Recipes for the month

Pineapple Pudding

Ingredients

1 slightly over ripe pineapple
2 heaped tablespoons caster sugar
8fl oz double cream
Basic sponge mix using the weight of three eggs in:
Caster sugar
Butter or margarine
Self raising flour

Method

Cream the butter and sugar until light and fluffy, gradually whisk in the beaten eggs then fold in the flour.

Peel and core the pineapple and cut into 1 inch chunks. Put 2 heaped tablespoons of caster sugar into a non stick pan and allow to caramelize, without stirring. When a good colour add the pineapple and allow to bubble for a few minutes, add the cream and mix well. Allow to bubble for about ten minutes until reduced by about 1/3. Set aside to cool. Put into a greased oven proof baking dish and spread the sponge mixture over the top. Dredge with granulated sugar and bake in a moderate

oven 160⁰ C for about 45 minutes or until cooked when tested and golden. Serve hot with cream or vanilla custard.

Thanks to Tania for this month's recipe

HOF Gallery and Cottage



The HOF Gallery is a small space devoted to all things Arts & Crafty. The gallery also has a selection of fine ceramics, paintings, prints, locally crafted sculpted & hanging feltwork. A 'rustic' framing service is also available.

Open studio most weekends
10am-6pm and bank holidays

Northlew Toddlers

With an increase of pre-schoolers in the village we are starting Northlew toddler group again. Welcome to any babies and toddlers with their parent/s or carer/s

Fridays 9.30 -11.30 in the victory hall. Starting on Friday 3rd November.

Please come along. Any queries please contact Mel on 07919380636 or Becky on 07969 801880.

Knit and Natter

Please join us if you like doing any sort of material craft!



We have ladies doing cross stitch, tapestry, crochet and knitting. We meet in the hall next to the Methodist Church every 2nd and 4th Wednesday of the month from 2:30 pm – 4pm. Please just come along and join in. Also, if anyone has any spare

wool for the group please let me know.

For more information please contact me on 01409 221187
Thank you. Eunice Peck

Northlew and Ashbury Snooker Club

Northlew and Ashbury Snooker club has been running for many years. It has a very nice club room with two full sized snooker tables.



One team plays in the Bude league each winter. New members are very welcome. There is a small membership fee to join. For more information about the club please call 01409 221085

Don't forget about your chimney!



Please check when you last had your chimney swept; it may be longer ago than you think.

Yoga Classes



Yoga classes will be restarting on Wednesday

27th September in the Methodist Chapel.

7:00 - 8.30.pm

Please wear comfortable clothes and bring a mat or blanket to lie on. All are welcome.

For further information please contact

Angela on 01409 221110 or 07809 427991

Electoral Register Update

We have been advised that West Devon Borough Council, (WDBC) will be sending out canvassers, from this week, to all properties within the Borough who have not yet returned a Household Enquiry Form (HEF) with regard to Electoral Registration.

The canvassers will be Locality Officers (David Draper, Sid Easton, Matt Rawlins and Martin Sandys) and the majority of the visits will take place during office hours.

The police have been advised that the Locality Officers will be calling on households but WDBC also just wanted to let parishioners know too. The officers will be carrying ID and will be delivering forms and not taking information at the doorstep, unless it is offered to them. This annual household process needs to be completed in advance of publishing the new Electoral Register on the 1st December.

If you have any queries please do not hesitate to contact to contact Clare Chapman at

WDBC. Her contact details are below:

Clare Chapman
Specialist | Electoral Services
West Devon
Strategy and Commissioning

Email:
clare.chapman@swdevon.gov.uk

Tel: 01822 813665

Parish Council

The minutes of last month's council meeting can be seen on the parish notice board.

Please contact the Parish Clerk Janet Millership on 01409 221409 for further information.

Parish Council meetings are usually held at 7:30pm on the 3rd Monday of each month in the back room of the Victory Hall.

Member of Parliament

Mel Stride MP
House of Commons
London
SW1A 0AA

Tel: 020 7219 7037

Trees and hedges

It's that time of year when we need to make sure that the hedges and trees are cut back to make our roads safer. If you have a hedge or tree that is overhanging or encroaching on the road please cut it back as soon as possible – thank you.

Northlew Camera Club

For more information, please contact Chris and Angela Baines 01409 221362

chrisbaines55@talktalk.net

Advertising in the Northlew News in 2016

If you would like to advertise in the Northlew News please contact Joanna Wilson.

Business advertising rates:

- £2.50 per advert (business card size) per month or £25 per annum
- £5 for half page
- £10 full page

Please note there may be a one off charge of £15 if your advert needs to be reset by the printers. All cheques to be made payable to The Northlew Parish Council.

Items for sale advertising rates:

- £5 per advert for half page with picture
- £1 per advert (text only) per month

Mags Jarvis' sponsored Great Escape Run in aid of Parkinson's UK



I am very pleased to report that the total we raised for Parkinson's UK is now:

£3,017.50

Thanks so very much to everyone for your amazing support. I cannot thank all of you enough for your generosity and kindness.
Mags x

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2017 Events at a Glance

<p>November</p>	<ul style="list-style-type: none"> • Friday 3rd November: Northlew Carnival • Friday 10th November, 10:50 am: Act of Remembrance at War Memorial, Northlew and Ashbury Primary School • Sunday 12th November: United Remembrance Day Service at the Parish Church • Friday 24th November: Concert in the Victory Hall with Stithians Ladies Choir, 7:45 pm • Primary School non school day: Friday 24th November
<p>December</p>	<ul style="list-style-type: none"> • Sunday 10th December: Christmas Lunch, Victory Hall • Primary School Christmas holiday: Monday 18th December – Tuesday 2nd January 2018 inclusive

2018 Events at a Glance

<p>January</p>	<ul style="list-style-type: none"> • Primary School Term starts: Tuesday 2nd January • Thursday 11th January: Northlew and Ashbury Produce and Craft Show AGM 7pm Victory Hall
<p>February</p>	<ul style="list-style-type: none"> • Primary School half term: Monday 12th – Friday 16 February inclusive
<p>March</p>	<ul style="list-style-type: none"> • Good Friday: 30th March
<p>April</p>	<ul style="list-style-type: none"> • Easter Sunday: 1st April

Carmel Coaches Excursions for 2017/18

Date and venue	Cost
<ul style="list-style-type: none"> • Saturday 4th November Bridgwater Carnival 	£14
<ul style="list-style-type: none"> • Monday 20th November for 5 days Turkey and Tinsel break at Torbay Hotel, Torquay sea front 	£199
<ul style="list-style-type: none"> • Saturday 25th November Christmas shopping, Cardiff 	£20
<ul style="list-style-type: none"> • Sunday 3rd December Christmas shopping, Cribs Causeway/Cabot Circus, Bristol 	£15
<ul style="list-style-type: none"> • Wednesday 3rd January 2018 Peter Pan, Theatre Royal, Plymouth 	£25

**For more information or to book your seat
please call 01409 221237**