

NORTHLEW NEWS



December 2017
Merry Christmas and Peace on Earth
Northlewnews@gmail.com

Your Parish Councillors

Chairman: Joanna Wilson: 01409 220254	Vice-Chair: Jen Kelson: 07795 075685
Jane Colbourne: 01409 221220	Simon Dufty: 01837 871744
Mark Rundle: 01837 53314	Celia Rundle: 07432 512499
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Chris Scadeng: 01409 221797	<i>Clerk: Janet Millership: 01409 221409</i>
<i>Cllr James McInnes: 01837 861364</i>	<i>Cllr Patrick Kimber 01837 810057</i>

Note from the Editor

This month is a bumper edition of the newsletter, more and more of you are sending in items for it which is just fantastic! As ever, thank you to everyone who has contributed to the Northlew News throughout 2017. Particular thanks to our 'regulars' who provide the bedrock of the newsletter but also thank you for all the ad hoc contributions too. The more we can put in each month the better! All very much appreciated.

Thank you too to Carmel Coaches and Elmfield Bed and Breakfast for getting the ball rolling and sponsoring the printing of the newsletter in August and December respectively. Again, this is much appreciated. It would be wonderful if other businesses in the village would sponsor a month in the new year. Please don't hesitate to give me a ring or email me if you would like to discuss it.

Please let me have any items for the January edition no later than the 20th of December.

I can be contacted by email at northlewnews@gmail.com or jwilson@thejoivinconsultancy.com or please call me on 01409 220254.

May I take this opportunity to wish you all a very Merry Christmas and peaceful and prosperous new year!

With very best wishes for 2018!



Northlew Stores C I C.

Opening times

The village shop stocks fresh bread, milk and other dairy products as well as having a good selection of frozen food including ready meals, pizzas, pies, sausages, vegetables, fish and desserts.

Extended opening hours for our village shop

The new opening hours for the shop are as follows:

Mon: 8:00 am – 12 Noon
3:00 pm – 6:00 pm
Tues: 8:00 am – 12 Noon
3:00 pm – 6:00 pm
Wed: 8:00 am – 12 Noon
Closed
Thurs: 8:00 am – 12 Noon
3:00 pm – 6:00 pm
Fri: 8:00 am – 12 Noon
3:00 pm – 6:00 pm
Sat: 9:00 am – 12 Noon
Closed
Sun: 9:00 am – 12 Noon
Closed

Volunteering

If you are interested in volunteering at the shop to work behind the counter, help with stock taking or general amin then please contact Paula or northlewshop@gmail.com

Prescriptions

You can arrange for your medicines to be delivered from Okehampton Medical Centre to the village shop. You will need to place your prescription in the box in the shop by 10:00 am on Thursday to get a delivery the following Thursday. We also take in prescriptions for Black Torrington Surgery. For more information please ask Paula

Thank you

Paula would like to thank all customers for your continued support during the transition period and to wish everyone a very Merry Christmas and good wishes for 2018.

Northlew Methodist Church

We wish everyone a peaceful and Happy Christmas and amid all the festivities may we remember the true meaning of Christmas

Services

3rd December

9:30 am Service Mrs Daisy Bray

10th December

6:30 pm Carol Service with Mr Peter Webb and the Northlew Silver Band

17th December

9:30 am Mr Roy Down

24th December

9:30 am Rev Liz Singleton

25th December

Christmas Day Service
Please join us on this special day

31st December

Service at Boasley

50/50 Coffee Morning

Saturday 16th December

10:00 am – 12 Noon

Cake and savoury stall at the 50/50 with coffee and mince pies

Holsworthy Pantomime

As usual we will visit Holsworthy Pantomime which this year is Aladdin. We will try to get tickets for either Friday 2nd, Saturday 3rd, Friday 9th, Saturday 10th February.

Tickets cost £9 for adults and £7 for under 16s and senior citizens. We hope to travel by bus and everyone is welcome to join us.

Tickets go on sale on Saturday 6th January. To book please contact Winifred on 01409 221642 or 07971 845723 by 4th January at the latest.

Thank you.

St Thomas of Canterbury Parish Church

Services

3rd December

9:30 am Holy Communion
4:00 pm Christingle Service

10th December

9:30 am Morning Prayer
6:30 pm Carol Service in the
Chapel

17th December

9:30 am Holy Communion
6:30 pm Service of Nine
Lessons and Carols

24th December

4:00 pm Crib Service
10:00 pm Christmas Eve Holy
Communion

Christmas Day

Celebration of Christmas at the
Chapel

Parish Christmas Tree

The parish tree lights will be
switched on after the carol
service at the Chapel on Sunday
10th December (keep your
fingers crossed that the flagpole

will come out of its 'socket' to
make room for the tree!).

Coffee Evening

Due to various things – mainly
time running out – our coffee
evening has been postponed
until the New Year. Just for a
change we will have a 'soup and
roll' morning with a couple of
stalls (more information to follow
and see posters).

Northlew Doodlebugs Saturday 25th November

Northlew Doodlebugs is our
churches' childrens' group
where we join together in
games, story and craft.

Saturday 3rd December

3.00-4.00pm, Northlew
Methodist Chapel

Followed by light refreshments

Get sticky with Christingles!

Come along as we have some
fun getting ready for Christmas.

Northlew Post Office



® The post office is open Monday and Friday mornings.

Opening time is 9.30am to 12pm in the Church Room

The Green Dragon



This historic 18th-century inn is located in the village square at the heart of Northlew.

The Green Dragon offers real ales from Devon breweries with the occasional guest ales too. It serves food at both lunchtime and in the evenings and the regular menu is complemented by themed food nights and periodic beer festivals.

Opening times

The Green Dragon is open:

Lunchtime

12 - 2pm

Lunch is served every day

Evening

Monday – Saturday.

Open 6pm with food served from 6pm- 9pm

Sunday Open 7pm no evening meals

Please contact Dan on 221228

Forthcoming events at the Green Dragon

12th December.

Self-employed and retirees Christmas lunch

23rd December



Christmas jumper party

December (date TBC*)

Carols in the pub

*Please check the Green Dragon Facebook page for more details of any event or phone 221228

Northlew Walking Group

Here is our much diminished Northlew Walking Group for the November outing. Was it the weather, the forthcoming Carnival, or everyone else had something better to do.



Anyway, not to be deterred, myself, Angela, Marion, Jenny, Trevor with Kim & Bess, and Holly with Alfie set off from the Village Square on our 17th walk. This was the first full walk for Alfie, but he certainly loved

every minute of it, and didn't need picking up once.

As we are well into the wet and muddy season, we decided to stick to the quiet lanes, and so set off down 'Crowden', turning right at the playing field past Kesterfields and down to the recently rebuilt Norley Bridge. Onward we went, uphill to reach Norley at the top. Carrying straight on, we followed the road around to the left at Worth, and continued on to Holstock Cross. Great views of Northlew, and Dartmoor beyond can be had along this road.

We turned left at Holstock Cross, and carried on down, keeping to the left to cross a small river, which doesn't seem to have a name on the OS map, although it does run into the River Lew just beyond Milltown. Entering Crowden, we turned left, and headed uphill, back to Northlew, and the Square. A small band of walkers, but a lovely walk, with good company.

Next Walk No 18

As our next walk, on the 1st December, will be our last one before Christmas, Angela is promising some festive

delicacies at Wistful Cottage as a fitting end to some great walks in 2017.

Chris

chrisbaines55@talktalk.net

Gardening Tips for the month



By Harriet King at 'Down to Earth' – Practical Garden Advice

A different slant to the tips this month. I'm suggesting Christmas gift ideas for any keen horticulturalists you may know.

Gardeners are essentially practical people who appreciate gifts that make their time and work outdoors, easier and more comfortable.

All of the following recommendations are products that I've used constantly over the years in my job and have

brought me pleasure from their great design.

There should be something to suit every budget and all the products are widely available online, either directly or via Amazon.

Gardening gloves

Good gloves are an essential. The Showa range are the only ones I use now - specifically, the Floreo 370 lightweight gloves. Strong enough to withstand brambles, but flexible enough for pricking out seedlings and weeding. Around £6 a pair.

Keeping insects at bay

Working outdoors in muggy weather usually means getting bitten unmercifully by midges, mossies and the dreaded horseflies. The one insect repellent spray I've found, that works on all 3, is Highland Strength DEET Free spray. The fragrance is strong initially as it is based on essential oils such as Lemon Myrtle and Geranium, but it then fades deliciously.

Around £12 a bottle.

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If you prefer not to use sprays to keep insects at bay, then the Craghoppers Nosilife range of clothing has a unique non-fragranced repellent built into the clothing that lasts up to 125 washes. The lightweight travelling socks are incredibly effective and are around £17 - £25 for a twin pair pack.

Gardening tools

There are hundreds of digging tools available...many of dubious quality. The one I use every day is a Burgeon and Ball Japanese Razor hoe. Made from forged steel and available in left or right versions, it is perfect for hoeing around plants and weeding the cracks in paving. Almost impossible to break - I've had mine for 10 years....it can even help strip ivy from walls
Around £12 -

The ultimate in secateurs is of course the Felco range. Priced from around £25 for the 183 Model 5 Economy model, up to £75 for the No7 left handed model. The difference between this range and cheaper models is really marked.

In order to keep them sharp, a purpose-made Felco 903 Diamond sharpener is invaluable and can be used on a wide number of tools.
Around £20.

Lightweight tools are hugely helpful..the Fiskars range is one of the best. My favourite is the UP82 Bypass Tree Pruner. It allows you to safely stand on the ground and trim branches up to 32mm thick. Around £55.

Making the most of your harvest

Some crops such as apples and tomatoes come in gluts. A food dehydrator can be invaluable for drying large quantities of fruit and veg or even mushrooms. The one I've used for years is the 5 tier Callow Food dehydrator. It doesn't take up too much shelf space and is cheap to run.
Around £50.

Stocking fillers

And finally, if you want to get a little stocking filler, try getting a packet of unusual veg seeds such as broad bean Red Epicure...pink beans that taste

much better I think, than the green varieties. Available from most seed firms for around £2.50.

***Happy shopping and a very
Happy Christmas
Best wishes,
Harriet***

Christmas Bingo



Friday 8th December

At the victory hall

Doors open 7.15 eyes down
at 8pm

1 line, 2 lines full house

prizes

In aid of Northlew Devon Air
Ambulance Night Time Landing
Lights

Help with draw prizes much
appreciated please drop
into Tracey Barrett, Merrial
Cottage or bring along on
night.

Thanks

Victory Hall

Registered Charity No/: 266213 A/3

Booking a charitable event at the Victory Hall

Northlew Victory Hall
Management Committee are
making a small change to the
criteria needed for booking a
charity event, as Trustees to
NVH we have a duty of care
within the charity. We were not
covering our costs under the
existing £10 fee and so have
implemented the below to try
and make things fair and clear to
all.

Criteria to qualify:

1. Any event where all profit will go to the named registered charity. Registered charity name & number required when booking and must be on all advertising for the event.
2. The organiser is a parishioner.
3. All profit to go to the named charity.
4. It must be a public event open to all. This offer is not for private functions.
5. The £10 covers the hall and use of the kitchen for drinks only. If food preparation and serving is required then an

additional £15 is essential to cover our extra costs.

Any event must meet all 5 criteria to be granted the booking price of £10.

www.northlewvictoryhall.co.uk

Northlew Silver Band

The Band Plays On!!!!



The Northlew Silver band is back and recruiting for players.

We're practicing every 2nd Wednesday in the band hut at 7:30 pm (behind the Victory Hall & yes there is heating), and the alternate Wednesday a few band members are making themselves available to

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teach anyone that wants to learn. Get in touch and we'll get you a 30 minute lesson at a time to suit and there will be training books and hopefully an instrument.

The Northlew Silver Band has been in existence for over a hundred years and is now the only remaining village band in Devon so please support us and let the band play on.....

Timetable for next few weeks:

6th December - Band Practice

10th December - Carols in church 6:30 pm

13th December - Lessons

17th December - Carols in chapel 6:30 pm

We'll also be doing a band carol concert somewhere, sometime, probably before Christmas so watch this space and the telegraph poles in the area.

Umpha

Tim

01409 221754

HOF Gallery and Cottage



The HOF Gallery is a small space devoted to all things Arts & Crafty. The gallery also has a selection of fine ceramics, paintings, prints, locally crafted sculpted & hanging feltwork. A 'rustic' framing service is also available.

Open studio most weekends
10am-6pm and bank holidays

Northlew Carnival

Apologies for the delay in the article about and photographs of the carnival, this is due to technical problems which will hopefully be resolved in time for the next issue of Northlew News.

Chris Scadeng

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Badminton Club



We play every week in the Victory Hall. All abilities welcome. Please contact Chris Baines on 01409 221362 for more information

Northlew Toddlers

With an increase of pre-schoolers in the village we are starting Northlew toddler group again. Welcome to any babies and toddlers with their parent/s or carer/s

Fridays 9.30 -11.30 in the victory hall. Starting on Friday 3rd November.

Please come along. Any queries please contact Mel on 07919380636 or Becky on 07969 801880.

Knit and Natter



Please join us if you like doing any sort of material craft! We have ladies doing cross stitch, tapestry, crochet and knitting. We meet in the hall next to the Methodist Church every 2nd and 4th Wednesday of the month from 2:30 pm – 4pm. Please just come along and join in. Also, if anyone has any spare wool for the group please let me know.

For more information please contact me on 01409 221187 Thank you. Eunice Peck

Northlew and Ashbury Snooker Club

Northlew and Ashbury Snooker club has been running for many years. It has a very nice club room with two full sized snooker tables.



One team plays in the Bude league each winter. New members are very welcome. There is a small membership fee to join. For more information about the club please call 01409 221085

Removal of fly-tipped material - Thank you!

A huge thank you to Tim Williams and Gary Beaumont and everyone else who helped remove the sofa that had been thrown off the bridge into the river.

Snow Warden Scheme



This year we would like to sign up for the Snow Warden Scheme

supported by Devon County Council. To read more about the scheme please go to the following link and if you would be interested in helping then please contact any member of the Parish Council to register your interest. Many thanks <https://new.devon.gov.uk/communities/opportunities/snow-warden-scheme>

Don't forget about your chimney!



Please check when you last had your chimney swept; it may be longer ago than you think.

Yoga Classes



Yoga classes will be restarting on Wednesday

27th September in the Methodist Chapel.

7:00 - 8.30.pm

Please wear comfortable clothes and bring a mat or blanket to lie on. All are welcome.

For further information please contact

Angela on 01409 221110 or 07809 427991

Trees and hedges

It's that time of year when we need to make sure that the hedges and trees are cut back to make our roads safer. If you have a hedge or tree that is overhanging or encroaching on the road please cut it back as soon as possible – thank you

Northlew Camera Club



On Monday 30th October Northlew Camera Club hosted a talk by wildlife photographer Tom Wallis. A select group of bird lovers and photographers enjoyed some amazing photography of some very beautiful birds.

If you are interested in joining the Camera Club, please contact Chris and Angie Baines on 01409 221362 or email chrisbaines55@talktalk.net

It meets in the Victory Hall on the last Monday of the month. All levels and ages welcome!

Parish Council

Devon Air Ambulance Night Time Landing Site Update

The installation of the electricity supply in the playing field for the Devon Air Ambulance light is now underway. The playing field will be closed for safety reasons during these ongoing works. Please observe the closure during this time as indicated by the notices on the gates. Anyone entering the playing field during this period does so at their own risk.

Parish Council Vacancy

We currently have a vacancy on the Parish Council. If you are interested in applying to be a parish councillor then please contact Joanna Wilson, Chair Northlew Parish Council to have a discussion about the evolving role of parish councillors and time commitment involved. The closing date for applications is 11th December

Minutes

The minutes of last month's council meeting can be seen on the parish notice board.

Next Meeting

Parish Council meetings are usually held at 7:30pm on the 3rd Monday of each month in the back room of the Victory Hall. Any member of the Parish can attend but if you would like to raise anything with the Parish Council please notify the clerk at least a week before the meeting. Please contact the Parish Clerk Janet Millership on 01409 221409 for further information.

Member of Parliament

Mel Stride MP
House of Commons
London
SW1A 0AA

Tel: 020 7219 7037

Correction to Events at a Glance

Please note that the starting date of the primary school term in 2018 is ***Wednesday 3^d January*** and not Tuesday 2nd January as was in last month's Events at a Glance. Apologies for this error.

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Advertising in the Northlew News in 2016

If you would like to advertise in the Northlew News please contact Joanna Wilson.

Business advertising rates:

- £2.50 per advert (business card size) per month or £25 per annum
- £5 for half page
- £10 full page

Please note there may be a one off charge of £15 if your advert needs to be reset by the printers. All cheques to be made payable to The Northlew Parish Council.

Items for sale advertising rates:

- £5 per advert for half page with picture
- £1 per advert (text only) per month

Christmas Recipes



Healthy Fig Newtons

Thanks to Tom Wilkins for this recipe

Ingredients

Cookie dough

1/4 cup (22.5 g) gluten-free oats
1 cup (112 g) raw almonds
1 cup (100 g) raw pecans
1/4 tsp sea salt
1 1/4 cups (~250 g) firmly packed pitted dates (~23-26 dates measured after pitting)

Cookie filling

8 ounces (227 g) dried black mission figs, stems removed (plus hot water for soaking)
1 tsp orange zest
1/4 tsp ground cinnamon
Pinch sea salt
8-10 pitted dates (to sweeten)
optional: 1-2 tbsp. (12-24 g) coconut sugar (to sweeten)

Method

1. Preheat oven to 350 degrees F (176 C) and arrange oats and nuts on a baking sheet. Bake for 8-12 minutes, rotating the pan near the halfway mark to ensure even cooking, until golden brown and fragrant. Set aside.
2. Once slightly cooled, add oats, nuts, and sea salt to a food processor and process into a fine meal with salt. Remove from processor and set aside.
3. Add pitted dates to food processor and mix/pulse until small bits remain or it forms a ball. Scoop out and set aside.
4. Add nuts and oats back to food processor and spoon in the mixed dates. Mix/pulse until a loose dough is formed when squeezed between two fingers.
5. Spread the “dough” onto a clean parchment-lined surface and top flatten down with hands. Then top with another piece of

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parchment paper and use a rolling pin to flatten into a 1/4-inch thick sheet. Remove top sheet of parchment paper and use hands to form into a rectangle. Then halve with a knife so there are two equal strips.

6. Add figs (stems removed) to a mixing bowl and cover with hot (not boiling) water. Soak for 3 minutes, then drain but reserve fig water for later (to thin filling).
7. Add figs to food processor and blend into a ball), then add orange zest, ground cinnamon, salt and mix. Add reserved date water a little at a time until it starts to form a paste, but be careful not to add too much - you want it to be thick but spreadable.
8. Next add as many dates and/or coconut sugar as desired to sweeten and blend to combine. I used 10 dates and 1 1/2 tbsp. coconut sugar. However, you could also leave it as it is.
9. Spread the fig paste (or transfer spread into a plastic or piping bag and “pipe”) into 1-inch-thick lines down the centre of your two date-nut strips. Be careful not to add too much filling that your cookie dough can’t fold over. You may have leftover filling
10. Next use the parchment paper to gently roll the edges of the dough over the fig filling until your two dough ends meet. The dough may crack a little, but because it’s moist it will reform as you continue rolling/forming. Like sushi, use the parchment paper to tighten and gently form the seams of the dough together.
11. For ease of transfer, cut both of the cookie logs in half and use a spatula or pie server to gently transfer to a parchment-lined baking sheet. Freeze for at least 30 minutes (up to 1 hour or overnight) to set/firm up. Then use a sharp knife to slice into roughly 1-inch slices. There should be about 22-24 cookies.
12. Enjoy immediately. Store in the refrigerator in a well-sealed container up to 1 week or in the freezer up to 1 month! They’re delicious and tender right out of the fridge.

Jamaican Christmas Cake

Thanks to Angela Baines for this recipe



It's that time of year again, as promised here is a recipe for an alternative to traditional Christmas cake. Jamaican cake is a deliciously spiced, warming bake that is perfect for the colder months. Try this instead of your normal Christmas Cake and you'll never look back.

But remember, the key is steeping the cake in plenty of rum during the run up the festivities.

Ingredients

<p>250g dried ready to eat prunes 250g dried ready to eat dates 450g raisins 250g sultanas 200ml port 6 tbsp rum or brandy 100g unrefined cherries</p>	<p><i>For the cake mixture</i></p> <p>250g butter 250g dark muscovado sugar 5 size 3 eggs beaten 1 tsp vanilla extract 250g self raising flour 1 tbsp mixed spice 1 tbsp ground cinnamon 100g glace cherries to decorate if liked</p>
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9 inch (23cm) round, deep cake tin, greased and lined with baking parchment

Method

1. Chop the prunes and dates with scissors and place in a mixing bowl with the raisins and sultanas. Pour over the port and rum or brandy and cover with cling film. Leave for 1 day or up to a week to soak, stirring occasionally. Do not soak the cherries
2. Set the oven to 160c, 140c, fan, gas 3, Place the butter and sugar in a large mixing bowl and beat with an electric mixer until light and creamy, then gradually beat in the eggs until smooth, adding a little flour if the mixture curdles. Stir the flour, spices and 100g glace cherries in the creamed mixture with the soaked fruit. Mix well, then spoon into the cake tin and level the top
3. Bake for 30 mins, then reduce the oven temperature to 150c, 130c fan, gas 2 for a further 1 ½ -1 ¾ hours until a skewer comes out clean. Allow to cool for 1 hour then turn out and cool on a wire rack. Decorate with extra cherries if liked.

Prawn Toast

Thanks to Tania Haycocks for this savoury recipe

Ingredients

12 peeled and deveined large raw prawns (about 360g)
2 teaspoons rice wine or sherry
1/2 teaspoon salt
1/2 teaspoon pepper
2 teaspoons sesame oil
2 egg whites
2 tablespoons cornflour
1 1/2 tablespoons chopped fresh coriander
2 spring onions, finely chopped
10 slices white sandwich bread
Oil, for deep frying

Method

1. In a food processor, process the prawns until finely chopped. Add the rice wine or sherry, salt, pepper, sesame oil, egg whites and cornflour. Process until smooth, then stir in the chopped coriander and spring onions.
2. Remove the crusts from the bread slices. Spread with the prawn mixture, half the thickness of the bread, all the way to the edges. Refrigerate for 30 minutes or until purée is firm. Cut the bread into triangles and smooth the cut edges if necessary
3. Heat the oil in a deep fryer, wok or deep saucepan until a cube of bread fries quickly. Deep-fry the prawn toasts in batches for 2-3 minutes or until golden brown. Remove with a slotted spoon and drain on kitchen paper towels. Serve immediately.

Christmas Lunch

Sunday 10th December 2017
At Northlew Victory Hall
Doors open at 12.30 for 1pm

Bookings **must** be in by Thursday 7th December
Adults: £10 Children (11 & Under): £7.50
Roast Turkey and all the trimmings
Vegetarian option available, please state when booking

Bar



Raffle

For bookings call: Jayne on 01409 221225
Registered Charity No/: 266213 A/3

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Elmfield Bed & Breakfast**

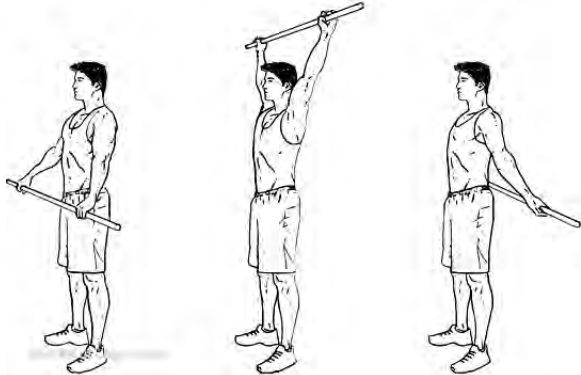
Festive Stretch of The Month

By Tom Wilkins

www.trainertompt.com

Shoulder Mobility Stretch:

It is very common for people to suffer tightness in their shoulders, this can stem from an injury, muscle fatigue or bad posture. It is extremely important to keep your shoulders mobile through stretching. By stretching it also is possible to help prevent your shoulders becoming tight in the first place. For the stretch below, I have chosen a mobility exercise that has a high range of motion. This will help increase blood flow to your shoulders along with stretching all three heads of your deltoids. A perfect combination for a thorough stretch.



Key Points:

- Use an old broom handle or a stick to perform the stretch
- Be careful when you start off, your shoulders may feel tight
- Aim for 15 repetitions with 3 sets
- Aim to repeat 1-2 times a day

Merry
Christmas

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Elmfield Bed & Breakfast**



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DEVON

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thank you very much."*

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Established 1981**



**J&J Services would like to wish all its customers past and
present a very Merry Christmas and a Happy New Year**

John

Local Christmas Trees!



Ian and Gillian Dixon, at South Yeo Farm East, will have fresh cut Christmas trees available again in December from their farm just one mile out of the village on the Hatherleigh side of Northlew.

You couldn't get more local!

Traditional Norway Spruce @ £3/foot and a limited number of Blue Spruce @ £5/foot. A selection of trees up to 10ft. Grown naturally over the last few years without sprays and grazed between by their tree friendly Shropshire sheep. Some 10 year old whoppers for grand entrances @ £45 each.

If you would like to reserve one, give them a call on 01837 810274 to let them know what size and they will cut it for you just before you go and collect. They will also have fresh cut trees available for drop-in customers. Collect from the farm on weekends in December 1st/2nd, 9/10th, and 16/17th between 10am-4pm, or weekdays by appointment.

Directions: Leave the village travelling towards Okehampton, turn left on the bend at Tarpaflex towards Hatherleigh, take your first left towards Rutleigh at South Yeo cross, come down the road about 1/3rd mile and they are the first farm on the Right: South Yeo Farm East



Stove & Chimney Specialists

Visit our Showroom at Red Post,
Nr Bude, Cornwall. EX23 9NW

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- ✓ Chimney stack rebuilds & repairs
- ✓ Fireplace renovations
- ✓ Showroom with live working stoves



Showroom Opening Hours:

Mon-Fri 9am until 4pm

Call us now for a FREE no obligation
quote on:



01288 381 852

Website: www.cblstoves.co.uk

Email: carl@cblstoves.co.uk



2017 Events at a Glance

December

- **Sunday 10th December:** Christmas Lunch, Victory Hall
- **Tuesday 12th December:** Self employed and retirees Christmas lunch, Green Dragon
- **Wednesday 13th December:** Knit and Natter Christmas lunch
- **Saturday 23rd December:** Christmas Jumper Party, Green Dragon
- **Primary School Christmas holiday:** Monday 18th December – Tuesday 2nd January 2018 inclusive

2018 Events at a Glance

January

- **Primary School Term starts:** Wednesday 3rd January
- **Thursday 11th January:** Northlew and Ashbury Produce and Craft Show AGM 7pm Victory Hall

February

- **Holsworthy Pantomime:** dates to be confirmed
- **Primary School half term:** Monday 12th – Friday 16 February inclusive

March

- **Good Friday:** 30th March

April

- **Easter Sunday:** 1st April

Carmel Coaches Excursions for 2017/18

Date and venue	Cost
<ul style="list-style-type: none">• Sunday 3rd December Christmas shopping, Cribs Causeway/Cabot Circus, Bristol	£15
<ul style="list-style-type: none">• Wednesday 3rd January 2018 Peter Pan, Theatre Royal, Plymouth	£25

**The 2018 excursion programme will be available
in the January edition of the Northlew News**



***Carmel Coaches wishes
all its customers and
friends a very Merry
Christmas and all the very
best for 2018***



**For more information or to book your seat
please call 01409 221237**