

NORTHLEW NEWS



Halloween or Hallowe'en, also known as Allhalloween, All Hallows' Eve, or All Saints' Eve, is a celebration observed in a number of countries on 31 October, the eve of the Western Christian feast of All Hallows' Day. It begins the three-day observance of Allhallowtide, the time in the liturgical year dedicated to remembering the dead, including saints, martyrs, and all the faithful departed.

October 2018

Northlewnews@gmail.com

Your Parish Councillors

Chair: Joanna Wilson: 01409 220254	Vice Chair: Celia Rundle: 07432 512499
Jane Colbourne: 01409 221220	Simon Dufty: 01837 871744
Mark Rundle: 01837 53314	Bryan Dufty: 01837 871256
Chris Scadeng: 01409 221797	Vacancy
Terry Hatt: 07811 383397	Clerk: Janet Millership: 01409 221409
Cllr James McInnes: 01837 861364	Cllr Patrick Kimber 01837 810057

*<https://en.wikipedia.org/wiki/Halloween>

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Note from the Editor

A bumper edition this month as we run to 36 pages up from 32!

Thanks to everyone for your contributions – much appreciated by all!

If you have any events planned for the 2019, even if the detail hasn't been finalized, please let me know the dates and I will put them in 'Events at a Glance'. Also, if you have any thoughts about the Christmas edition and would like to make a seasonal contribution please let me know as soon as you can. There will be a hard, early deadline line for the December edition of Friday 15th December so that it can be printed before Christmas. Please note the deadline for items for next month's edition is the 20th of the month as usual.

If you would like your copy of the Northlew News electronically then please email me at northlewnews@gmail.com or please call me on 01409 220254.

With thanks and best wishes,



Northlew Stores C I C. Keeping it local!

Fresh bread, cakes and savouries

We are delighted to offer our customers a range of delicious bread, cakes and savoury pastries from Ellis Bakery of Tavistock. We are also offering an ordering service from the bakery. Please ask as the counter for details. Orders will be available for collection on Tuesday and Friday mornings. Please place your order before 12 noon the day before you would like to collect, thank you.

The village shop stocks fresh bread, milk and other dairy products as well as having a good selection of frozen food including ready meals, pizzas, pies, sausages, vegetables, fish and desserts.

Volunteering

If you are interested in volunteering at the shop to work behind the counter, help with stock taking or general admin then please contact Paula in the shop or email:

northlewshop@gmail.com

Opening hours

The opening hours for the shop are as follows:

Mon:	8:00 am – 12 Noon 3:00 pm – 6:00 pm
Tues:	8:00 am – 12 Noon 3:00 pm – 6:00 pm
Wed:	8:00 am – 12 Noon Closed
Thurs:	8:00 am – 12 Noon 3:00 pm – 6:00 pm
Fri:	8:00 am – 12 Noon 3:00 pm – 6:00 pm
Sat:	9:00 am – 12 Noon Closed
Sun:	9:00 am – 12 Noon Closed

Prescriptions

You can arrange for your medicines to be delivered from Okehampton Medical Centre to the village shop. You will need to place your prescription in the box in the shop by 10:00 am on Thursday to get a delivery the following Thursday. We also take in prescriptions for Black Torrington Surgery. For more information please ask Paula

Window display

If any clubs, organisations or individuals would like to put a display in the shop window then please contact Paula.

Thank you

Paula would like to thank all customers for your continued support of the village shop. The shop will be supporting the Carnival on 2nd November.

Northlew Post Office



® The post office is open on Monday and Friday mornings.

The post office is open from 9:30 am to 12 noon in the Church Room

Women's Guild and Fellowship

The Women's Guild and Fellowship will meet on Wednesday 3rd October at 2:30 pm in the Methodist Hall

All welcome

Northlew Methodist Church

Services

7th October

9:30 am Rev Jerry Cook

14th October

2:30 pm Harvest Festival Service
Preacher: Mr Dale Sutcliffe

Monday 15th October

7:15 pm Harvest Thanksgiving
Preacher: Rev Liz Singleton

Supper and sale

Please come and join us at this time of thanksgiving

21st October

9:30 am Mrs Mary Ford
6:30 pm United Service of Light at Ashbury Church

28th October

9:30 am Mr Dean James
Please note the change of date for the Service of Light

50/50 Coffee Mornings

Saturday 27th October

10:00 am – 12 noon
Cake and savoury stall, coffee morning and 50/50 shop open

Mini Minstrels and The Briars Friday 23rd November

7:30 pm Victory Hall
Everyone welcome
Proceeds for the Northlew Methodist Church

St Thomas of Canterbury Parish Church

Services

7th October

6:30 pm Harvest Thanksgiving with Northlew Silver Band
(No morning service)

14th October

9:30 am Morning prayer

21st October

9:30 am Holy Communion
6:30 pm Service of Light at Ashbury Church
Please note the change of date for this service. It is not on the 28th October as originally planned

28th October

9:30 am Family Service in the parish church

Harvest

Our Harvest Songs of Praise will be held on Sunday 7th October. The Northlew Silver Band will be playing, please come to sing some good old harvest hymns with us! Harvest Supper is on Monday 8th October and there is a list for names in the Church Room or please phone 01409 221036 to book. The supper will be followed by the auction of produce. We will be decorating the church for Harvest on Saturday 6th October and would be grateful for flowers, fruit, vegetables etc. All the produce will then be sold at the supper.

We live in a heavily populated island and our farming and fishing is vital to us. We give thanks for the labours (and problem solving) of farmers and fishermen.

The school harvest service will be on 1st October at 09:30 am and all are welcome to attend.

Remembering Gerald Dennis

Gerald Dennis suddenly passed away at 78. He lived and worked for most of his life at West Worth and was very well known at Hatherleigh Market for many years. Gerald was a diligent farmer, kind and cheerful and a good neighbour. He and one of his sisters, Margaret, had lived for the past few years in

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Highampton. He will be sadly missed and we offer our sympathy to his family. May he rest in peace.

Northlew Carnival!

SAVE THE DATE!

Friday 2nd November



Please contact Gemma Dufty or Martin Perry for information about the Carnival Princess.

Early evening there will be a fancy dress competition in the Victory Hall followed by the parade led by the Silver Band through the

village finishing in the square where the bonfire will be lit. Food and drink will be available to purchase. More information and timings in next month's edition



Kaitlyn's Fundraising lunch for Zambia



Thank you to everybody who supported my lunch on September 23rd. Dan for sponsoring the veg, Norman, Pauline, Simon,

Janet and Marion for helping with the main running, Gemma for manning the bar, Chris for the raffle and all those who gave apples ... everyone that came and those who couldn't, that gave a donation. I really appreciate your support.

We made a fantastic total of £545. Once again, thank you all.

Kaitlyn x

Bus Routes from Northlew

Every Monday, Thursday and Saturday there is a morning service to Okehampton. The bus will be parked for 2-3 hours outside Waitrose where you can leave your shopping whilst you visit Okehampton. Or if you prefer

there is also a service to Bideford which is convenient for Morrisons.

Also, by arrangement, services to Crediton (Tuesdays) Newton Abbot (Wednesdays) and Exeter (Fridays) and in school holidays Barnstaple (Tuesdays) Holsworthy (Wednesdays) Tavistock (Fridays) are available from Northlew.

These services mainly use scenic routes ideal for showing off the area to friends that may be visiting. Bus passes are accepted at all times and if you are not lucky enough to have one then the fares are low. Let the bus take the strain out of driving and no parking charges to pay or spaces to find! Most importantly, if you live on the route then the bus stop is your front door.

Northlew is fortunate to have so many public transport routes so why not leave the car at home, reduce pollution, keep up with local gossip and use the bus!

For more information please contact Tony on 01409 221237

The Green Dragon



This historic 18th-century inn is located in the village square at the heart of Northlew.

The Green Dragon is open:
Lunchtime: 12 – 2 pm
Lunch is served every day
Monday – Saturday: open 6 pm
Food served from 6 pm - 9 pm
Sunday: open 7 pm (no food)

Halloween Fancy Dress Party Saturday 27th October



No tickets
required

Please contact dan on
01409 221228 for more
information

6 pm – 7 pm Children's party with
prizes

8 pm onwards live music

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Quiz Nights



The Green Dragon Quiz nights are returning and should start the second week of October. Pop into the Green Dragon to find out more!

International Restart a Heart Day Tuesday 16th October

7 pm – 9pm
Church Room



To support this fantastic initiative Kate Hawkins will be running a training session on CPR (cardiopulmonary resuscitation) and defibrillator use as well as general first aid surrounding heart attacks.

Please come along to the Church Room for 7 pm and learn how you could potentially save someone's life.

For more information please contact Kate.

Northlew and Ashbury Produce and Craft Show

This year's Village Show took place on Saturday 8th September. 220 show schedules were distributed before the day and a record number of entries received - over 400 adult entries from 52 exhibitors and 35 children's entries.

This year, for the first time, there was an additional class for Northlew and Ashbury Primary School and every child made a sock puppet. We hope the Primary School Challenge will become a regular event. The children's Judge spoke highly of the standard of entries in both the school and individual child entries and at the viewing we enjoyed seeing the Tin Men, Pizza Faces, Sock Puppets, paintings and drawings, photographs of animals, gardens on plates, and of course, the longest runner beans grown!

The Judges had a hard job finding the winners as many categories in the adult classes were extremely hard fought - with some classes having over 20 entries. All judges commented on the quality of the entries - with fantastic knitting, crochet and other crafts, all sorts

of baking and preserves, flowers and floral art, fruit and vegetables, alcoholic beverages of all kinds, and more photographs than ever filled the Victory Hall. Many thanks to all our returning judges, our new Children's Judge and most of all, the judge who stepped in at the last moment when one judge was taken ill on the morning of the show. Thankfully now recovered and hopefully back at the show next year.

Best in Show: Simone Gentines

Amongst the amazing exhibits, of particular note was the Best in Show Winner - an exhibit which, quite literally 'went with a bang' as the bottle was opened and Elderflower Champagne made a splash! Yes, it did say 'open careful, it's a bit lively', but the judge didn't read that until after the event. Very well done to Simone Gentines for this outstanding winning entry. The Judges were so impressed with the best entries in all categories that they decided to award a Reserve Best in Show for the first time. So many congratulations to Colin Jarvis - a man who clearly knows his onions!

All visitors were treated to culinary delights throughout the afternoon including assorted hot pasties from

Ellis Bakery in Tavistock and hot drinks with delicious home made cakes. This year, the first prize in the raffle was a bumper wicker hamper filled with treats, so congratulations to the winner. This year also saw the return of the produce auction, so many thanks to all contributors of excess produce - boxes of apples, pears, cucumbers, tomatoes, marrows, rhubarb and much more, including cucamelons - a small grape sized fruit which taste like cucumbers. We also auctioned a hand-made crocheted baby blanket, a bottle of sloe gin and a huge chocolate cake.

The funny hat parade wasn't very big, but it was spectacular and opened the prize giving ceremony with aplomb. In addition to the Best in Show Prizes, this year's winners took home certificates, cups, rose bowls and trophies, and this year for the first time, children's medals and stickers.

Overall Winners included:

Younger Children - Arabella Porteous, Darcie Canham and Georgina Griffith

Older Children - Rosie Squire, Fred Cudmore and Millie Cudmore

Children's Special Awards - Evie Fulford and Rosie Squire

Craft Cup - Elaine Marwood

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Photography Trophy - Bob Jinks
Home Baking and Preserves Cup

- Holly Dancer

Flowers Cup - Trisha Shaw

Floral Art Rose Bowl - Maureen Voaden

Fruit Cup - Maureen Voaden

Vegetable Trophy - Colin Jarvis

Beverages - Andrew Alger

The Challenge Cup for the most points achieved overall was won by Trisha Shaw and the novelty categories of Longest Carrot and Most Misshapen Vegetable were won by Trisha Shaw and Sylvia Voaden.

The Produce and Craft Show Committee would like to thank all those people who supported the show - through judging, advertising, making donations, entering exhibits, baking cakes for sale, providing raffle prizes, setting up and clearing up the Victory Hall, and other ways and of course, attending the show on the day.

A cheque for £306 has been sent to this year's nominated charity, The British Heart Foundation, charity number 225971.

We are always trying to find ways to make the Village Show an even better event, so if you have any

ideas for new classes, please do let any committee member know. We don't intend to add more classes, but we always look at changing them.

At the moment this show is organised by a very small committee of six people and we really do need more help if we want to continue to provide a show in 2019. Please do come along to the AGM when it is advertised in January.

Once again, congratulations to all the Show Winners and all the exhibitors!

Holly Dancer
On behalf of Show Committee
2018
Judith.dancer@btinternet.com
221 881

Badminton Club



We play every week on Monday and Wednesday in the Victory Hall.

All abilities welcome.

Please contact Chris Baines on 01409 221362 for more information.

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Gardening tips for the month



By Harriet King at 'Down to Earth' – Practical Garden Advice
Autumn seems to have arrived with a bang; one minute the gardens were literally wilting in the heat and as I'm writing this, in mid-September, I can hear gale force winds battering the house.

Protecting plants

So, the first tip is to stake or tie back anything that might be affected by high winds such as climbing shrubs or young trees. Make sure that fast growing flowering shrubs such as buddleia or shrub roses in exposed positions are pruned down by one third. By reducing the top growth, they are less likely to suffer from wind rock which can affect the roots very badly, stunting growth permanently. Obviously, get any tender plants indoors before the cold weather sets in. A conservatory is ideal.

Planting perennials, shrubs and trees

As the soil is still warm, it's a great time to plant new perennials, plus deciduous shrubs and trees. Bare root hedging plants and trees are usually only available after leaf fall but it's worth shopping around for plants from colder areas up north where this happens earlier.

Dividing plants

You can also now lift and divide overgrown perennials. If you have a clump of say, Shasta daisies that have effectively gone bald in the middle, then lift the whole clump and using two border forks back to back, ease off clumps from the plant's edges. If you cut through with a spade the plant takes much longer to re-establish. Donate the bald centre to the compost heap and give away what you don't want to replant.

Don't forget that you can apply this principle to rhubarb as well.

Flowers for next spring

Still on the subject of planting, take out old summer bedding plants and put wallflower, forget me not, canterbury bells and sweet william in the spaces left, ready to flower next spring.

Oh, and if you haven't finished planting spring bulbs such as

daffodils, do so this month as they need to establish roots before the cold weather sets in.

Planting vegetables

If you have autumn planting onions and shallot sets or garlic, try to get them in during the early part of the month. I grew 'Electric' - a delicious red onion this year and have been really impressed by it..... easy and quick to establish. It coped with a tough winter with ease and was ready to harvest in July.

Hedges and lawns

Try and get any hedge trimming finished by the end of the month. Early in the month give your lawn a treat by aerating and scarifying (raking out the moss..great exercise for the bingo wings). Don't use a feed containing weed killer this late in the season, but do get an autumn lawn feed which is low in nitrogen, as it will encourage root growth.

It's been a bumper year for apples, so I've been drying lots..... it gives me an excuse to use my apple peeling and coring machine and my dehydrator. Both these items have paid for themselves many times over!

Happy gardening, Harriet

Victory Hall

News from the Victory Hall this month.

Due to increased use of the Hall, especially during the week, we are pleased to announce that a planned rise in hire charges has been postponed. This means that the hall rates have remained static for three years.

Hall use on weekdays is booming and includes



Badminton -
Monday and
Wednesday



Skittles -
Tuesday and
Thursday



**Short Mat
Bowls –**
Thursday



Table Tennis-
Friday

Toddlers Group – Friday

In addition the camera club, the walking group, NADS, the Parish Council to name but a few also use the Victory Hall

Come along and join in.

Simon Dancer
Chair, Victory Hall Committee

Booking a charitable event at the Victory Hall

Northlew Victory Hall Management Committee are making a small change to the criteria needed for booking a charity event, as Trustees to NVH we have a duty of care within the charity. We were not covering our costs under the existing £10 fee and so have implemented the below to try and make things fair and clear to all.

Criteria to qualify:

1. Any event where all profit will go to the named registered charity.
Registered charity name & number

- required when booking and must be on all advertising for the event.
2. The organiser is a parishioner.
 3. All profit to go to the named charity.
 4. It must be a public event open to all. This offer is not for private functions.
 5. The £10 covers the hall and use of the kitchen for drinks only. If food preparation and serving is required then an additional £15 is essential to cover our extra costs. Any event must meet all 5 criteria to be granted the booking price of £10.

www.northlewvictoryhall.co.uk

**World War One
Commemoration
Saturday 10th November
2 pm – 4:30 pm**



Afternoon Tea
with
Okehampton
College Big
Band

Small display to commemorate the end of the first world war.

Tickets required please see next month's edition of the Northlew News, posters and Northlew Life for details.

**Northlew Charity Marathon
Walk, Jumble News and the
Final Total**

Northlew had a Jumble Sale!!!! And what a jumble sale it was. A staggering amount of jumble appeared and was organised, sifted and put out by a band of merry helpers led by the amazing Tracey Barrett who came up with the idea and put it into action.

The Victory Hall has never seen so many dresses, shoes, trousers, glasses.... well stuff. It wasn't just jumble there was a main raffle, tea and coffee and an amazing array of homemade cakes. Tracey even came up with a new concept, a door raffle and if you don't know what that is we'll see you at the next jumble sale!

An amazing afternoon of fund raising which raised an unbelievable total of £700. Bravo to all the helpers and bakers and organisers and punters and especially to Tracey.

The final tally for the walk and sale

So, the final total for the 2018 fundraising for the *Something To Look Forward To* charity raised by

marathon walk and the jumble sale stands at a few pounds under £3,000. Another truly humbling total from an amazing village.

Thank you all

Tim Williams
xxx

Northlew Walking Group

Despite the longest heat wave for many a year having come to an end, we were blessed with glorious sunshine and fantastic views for our walk this month. Walking with us were, Sue Sanders, Colin & Mags Jarvis, Pat Carter and myself from Northlew. Steve & Diane Hargreaves, Pat Richardson, and Michael Bennett from further afield.



Having set off from the square, we passed through the middle of the new development by the Victory Hall, to come out onto Kimberlands. The original intention was to continue straight on through the fields, but as there were some frisky looking cows by the stile, we chickened out, and walked down the lane towards Kimber instead. Now, those observant ones among you will be saying that this road is closed, but we chose to continue, having been advised that the road was passable by pedestrians only. Unfortunately, the Council worker we came upon had other ideas. Having spent some time trying to soft talk this chap, we eventually turned around, and found a detour through the adjacent field. No fear, this was actually the intended original route, before we decided to avoid the cows. Luckily the cows were confined to the previous field, so we continued onward to a gate, bringing us out above the road-works, and back on the lane.

Onward towards East Kimber, we turned left up the lane which eventually turned into a bridleway. Along this lane we usually get ‘welcomed’ by mother and daughter border collies, but for once, they were suspiciously silent.

We spoke to soon, out they came, barking and getting all excited at our appearance. Undeterred, we continued on, to take the footpath on the left through the woodland, and out on a track towards Bogtown. Great views to be seen here, looking left towards Exmoor. On reaching Bogtown, we continued on, taking the road towards Ashbury. Again, great views to our right of Dartmoor, looking fantastic in the glorious sunshine.

On reaching Ashbury Church, and the regulation photoshoot, we returned to Northlew along the path, which forms part of the 'Two Churches' walk.

Next Walk No 27

Our next walk, on the 5th October, will be our last one starting at 2 pm. From then on we will start at 1 pm to make sure we get finished before it gets dark.

For information please call Chris Baines on 01409 221362

Northlew Silver Band Devon's only Village Silver Band over 100 years old and counting

We've had some fun this year and, having started practices in the band hut again around this time last year, we thought it was time to tell you how we've been doing.

It's not been easy. With all bands it's really simple and its down to players and although bands have been folding regularly in our area there are still a healthy number pulling on the gradually diminishing pool of players.

The main band has a core of just under 10 musicians and we've spent some time adapting to playing with a reduced team with a good number of hymns played as warm up and main course and pudding on occasion. There have been a number of outings during the year from our re-launch last carnival to carols in the church, chapel and around the Christmas tree to a number of services and probably the most fun the Village Fun Day. The latter we were considerably bolstered by the Hatherleigh band, I know I play for them too, but they really demonstrated the banding spirit as

I was only expecting 4 or 5 and more like 15 turned up to help us, and I'm sure anyone that was there would agree we made a really great noise.

The most exciting news from the year is the youngsters that have started playing and indeed we have two, Sam and Callum, who are on the verge of the main band even now and should be marching with us at carnival time. I've been so impressed by their progress and in particular the last few weeks their duets sound really musical, well done guys. But it's not just these two we have another five emerging stars who are improving every week and keeping us on our toes. It's great to see the enthusiasm for playing music and extremely satisfying that not only are they learning how to play an instrument but also to read music - they are the future lifeblood of the band and will be playing at the carnival so please come and support.

So that was last year what's in store for next year? On the playing side we have a number of aims for the year and putting them in black and white might come back and bite me but.... in no particular order:

- Improve the youngsters, they are the band's lifeblood
- More players, there are a lot of past players out there that would be more than welcome
- Conductor, to improve we really need someone in front of the band
- Full concert, as the Northlew Silver Band with pasties and/or cider and/or mince pies
- Raise funds for the band

Calendar of events currently stands as:

Sun 7th October 6:30 pm Harvest Thanksgiving, in the church

Friday 2nd November Carnival, (The training band debut post fancy dress competition and the main band marching and playing in square)

TBC Carol concert(s) - watch this space

Join us!

Beginners, every Wednesday in the band hut at 6:15 pm

Full Band, every 2nd Wednesday in the band hut at 7:30 pm -9:00 pm

All welcome - Your Devon Village Silver Band needs you! For more information please contact:

Tim Williams 01409 221754

or

Martin Perry 01409 221376

Northlew Nature Watch

Good to see that we are back to typical Devon weather of sunshine and showers. Those balmy sunny days are a distant memory but with atmospheric effects like the recent hurricane Florence, let's just consider a few facts with regard to our weather and climate change in general:

What's happening to the climate? (Source: Met Office website)

Since the last ice age, which ended about 11,000 years ago, Earth's climate has been relatively stable, with an average global temperature of about 14 °C.

However, global temperatures have risen significantly over the 20th and 21st centuries, driven primarily by the rise in atmospheric carbon dioxide (CO₂).

Since the Industrial Revolution, atmospheric CO₂ has increased by over 40% to levels that are unprecedented in at least 800,000 years. This has caused warming throughout the climate system, and multiple indicators show evidence that our climate is changing.

The atmosphere and ocean have warmed, the amounts of snow and ice have diminished, the sea level

has risen, and the concentrations of greenhouse gases have increased.

Global average surface temperature has increased by about 1 °C since the 1850s. Each of the last three decades has been successively warmer than any other preceding decade, and 16 of the 17 warmest years on record have occurred since the year 2001.

Since 1900, the mean global sea level has risen by more than 20 cm. The rate of rise in mean sea level has increased in recent decades: from around 1.7 mm per year over the last century, to 3.3 mm per year since the early 1990s.

So how are all these changes affecting the Natural World?

(Source: National Geographic website)

Penguin numbers are reducing, due to temperature rise, and ice reduction in the Antarctic.

Species are moving north to avoid the effect of increased atmospheric temperatures. Those that cannot move, like the Polar Bear could become extinct.

Severe hurricanes like the ones threatening the U.S. could increase in frequency due to higher sea temperatures.

Birds are migrating to the northern hemisphere earlier, or are may not migrate south in the first place.

Blackcaps, Chiffchaffs, and Willow Warblers are regularly seen during the winter in the UK.

This is something for us all to think about.

Chris Baines

Northlew Knitters



The Northlew Knitters are knitting and

crocheting for good causes and everyone is welcome to join us!

We meet in the Methodist Church every 2nd and 4th Wednesday of the month from 2:30 pm - 4:00 pm.

If you have any spare wool that you can donate to support the Northlew Knitters fundraising activities, please let me know and I will arrange to collect it. Your help is very much appreciated.

For more information or to donate wool please call Eunice Peck on 01409 221187

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The Old Wheelwright's Private Dining in Northlew

Relaxed private dining with a very personal touch. For that special dinner why not let me welcome you with a glass of wine, then serve a three-course dinner (previously ordered) with a bottle of wine to complement it.

A log fire (for more wintery nights), soft music and discreet service, the evening is yours. Relax after dinner with coffee knowing you can walk home at your leisure



Private Dining available on Thursdays, Fridays and Saturdays. Prebooking only.

Please contact Tania on 01409 220053 or email at haycocks3@aol.com for a sample menu and bookings.

Northlew Toddlers

With an increase of pre-schoolers in the village the Northlew toddler group is up and running again. Welcome to any babies and toddlers with their parent/s or carer/s

Fridays 9.30 - 11.30 in the Victory Hall

Please come along. Any queries please contact Mel on 07919 380636 or Becky on 07969 801880.

HOF Gallery and Cottage



The HOF Gallery is a small space devoted to all things arts & crafty. The gallery also has a selection of fine ceramics, paintings, prints, locally crafted sculpted & hanging feltwork. A 'rustic' framing service is also available.

The studio opens most weekends 10am - 6pm and bank holidays

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Play Group for Grown ups

We don't stop playing because we grow old, we grow old because we stop playing!

Rediscover the fun in cards, games, jigsaws and having a good old chat! If there is something you particularly enjoy playing, bring it with you!

We meet on the first Tuesday and third Thursday of each month. 2:00 pm – 4:00 pm in the Methodist Chapel Room.

For more information or to arrange transport please call Chris on 01409 221797

The Snug at Gratton Farm.



The Snug is a comfortable bed/sitting room ideal for anyone with additional mobility needs, but also perfectly suitable for those just wanting a quiet, comfortable retreat.

The Snug is available for short stays such as a weekend break, or longer stays for a holiday, with breakfast included, picnics-to-go and main meals by arrangement.

For more information please visit our website:

www.grattonfarm.com

or

telephone 07909 600537

The Snug is available from now, including Christmas and the New Year, so if you have friends or relatives looking for a home from home please do contact us and if you would like to see what we are all about, you would be most welcome to visit.

Chris and Roy, Gratton Farm
Email: grattonfarm@yahoo.com

Northlew Camera Club

The camera club meets in the Victory Hall on the last Monday of the month. All level of interest and ability are welcome.

A big 'Well done' to the club for their achievement in the village Produce Show this month. Out of

the 4 photographic classes available, the club got 1st in all four, two 2nds and two 3rds. If you are interested in photography, come along to our club, and see what you can achieve.

Please contact or email Richard Cox on 01409 220015 and email richardandjenny.cox@gmail.com or Julie.phillips240@ntlworld.com

Hedgehog Rescue

I run a hedgehog rescue and like everything else I cannot do this without the goodwill of the village. Hedgehogs need our help as there are now only approximately 1 million left in Great Britain. The decline is mainly due to loss of habitat and people driving too fast on rural roads. I give talks and make knitted toys, garments to raise funds. I am looking for donations of newspapers and dog food (Pedigree) and for people who would like to knit.

If anyone would like to help they can email angelabaines472@btinternet.com or call me on 01409 221362

Thank you, Angela

Northlew and Ashbury Snooker Club



Come and join us!
We currently have
vacancies for
membership and
we would be

pleased to see new faces over the newly refurbished tables. One team plays in the Bude league each winter. New members are very welcome. There is a small membership fee to join.

For more information about the club please call 01409 221085 or Simon on 01409 221881

Yoga Classes



Yoga classes are
held on
Wednesdays

7 pm – 8:30 pm in the Methodist Hall. Please wear comfortable clothes and bring something to lie on. Beginners welcome

Further information contact Angela on 01409 221110 / 07809427991

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Thank you!

On Saturday 18th August we arranged a coffee and cake afternoon in the Victory Hall in aid of Alzheimers Society. We had a raffle and bring and buy stall, the village people supported it well and we raised £375.

On Sunday 26th August we walked from Okehampton Station to Lydford and for this we were joined by Maurice, Matthew, Josh, Pauline and Louise. It was a nasty wet and windy day but we all completed the walk and raised another £675.20. Thank you to everyone who made cakes, donated raffle prizes and items for the bring and buy stall, sponsored our walk and supported us. We raised a grand total of £1,050.20 for Alzheimers.

Melanie, Jackie and Ros (Davey)

Don't forget about your chimney!



Please check when you last had your chimney swept; it may be longer ago than you think.

Bonfires – please be thoughtful

This is the time of year when many people have garden waste that could be disposed of on a bonfire. While there is no law against having a bonfire, there are laws for the nuisance they can cause.

Please bear in mind that you may burn dry (not green) garden waste and clean timber, cardboard or paper. Burning other materials on an open fire may prove toxic.

Bonfire smoke in quantities that prevent your neighbours having their windows open, putting washing out or enjoying their garden would be considered a statutory nuisance - for which an "Abatement Notice" can be issued by the council.

Please always consider the possible effects on your neighbours before lighting a bonfire. It is considerate to inform them in advance.

Properties in the village are close together and thatched roofs are particularly susceptible to flying sparks, so please be thoughtful and take extra care if you are considering having a bonfire – thank you.

Ruby Country Calendar 2019

For sale at the Ruby Country Visitor Centres at Hatherleigh and Holsworthy and from the pet food stall in Hatherleigh Market. The cost is a modest £4.50 for the local rival to the Countryfile calendar, packed with pictures taken in Ruby Country by local people.

Parish Council

Parish Council meetings

Parish council meetings are usually held at 7:30 pm on the 3rd Monday of each month in the main hall or back room of the Victory Hall.

At 7:30 pm prior to the start of the formal meeting, there will be a public session (if required) which, at the chair's discretion may last up to 15 minutes, to enable members of the public to ask questions of and make comment to the council. We request that notice of intent to ask questions/make comment be made to the clerk by the Friday prior to the date of the meeting. Questions not answered at this meeting will be answered in writing to the person asking the question or may appear as an agenda item

for the next appropriate parish council or committee meeting. Members of the public are asked to restrict their comments and/or questions to three minutes. This section is not part of the formal meeting of the Council.

Any member of the parish can attend the formal part of the meeting but may not contribute to it unless specifically invited by the chair.

Further to the introduction of the General Data Protection Regulation (GDPR) all parish councillors and the clerk have new email addresses. Please use these email addresses from now on for all matters relating to the parish council or parish.

Please see page 24 for the new email addresses of your parish councillors and clerk.

Thank you

Minutes

The minutes of last month's council meeting can be seen on the parish notice board.

Please contact the Parish Clerk Janet Millership on 01409 221409 for further information or by email clerk@northlewparrishcouncil.org.uk

Parish Council Vacancies

Parish Councillor

If you would like to know more about the role of a Parish Councillor please call Joanna Wilson on 01409 220254 or 07747 610310.

The closing deadline to register your interest in this vacancy is Friday 5th October.

This is a voluntary role and all Parish Councillor positions will be subject to re-election in May 2019.

Parish Clerk

Following the announcement of Janet Millership's retirement next March as Parish Clerk, the position will be advertised later in the year. The clerk is a paid post employed by the Parish Council. If you would like to have an informal chat about the evolving role of the clerk please call Joanna Wilson 01409 220254 or Janet Millership on 01409 221409.

Member of Parliament

Mel Stride MP
House of Commons
London
SW1A 0AA
Tel: 020 7219 7037

Parish Council Emails

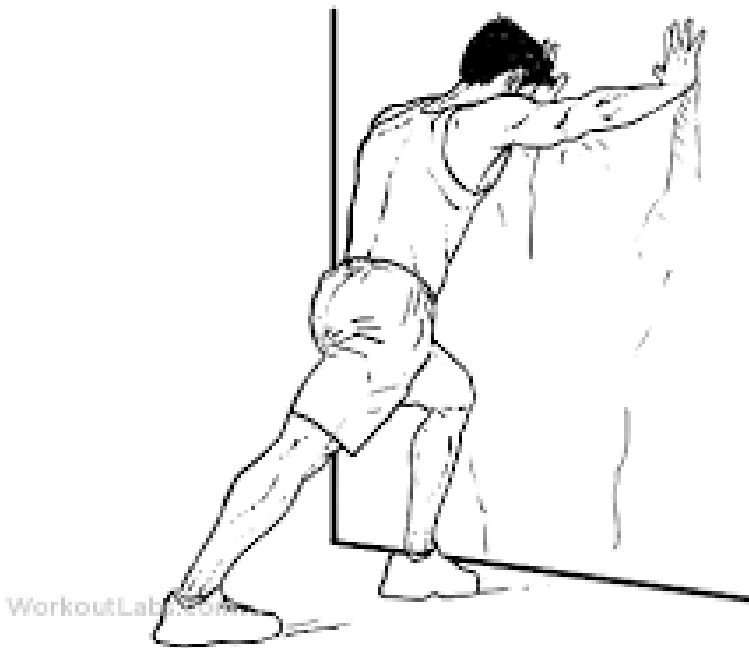
Councillors & clerk	
Joanna Wilson Chair	chair@northlewparishcouncil.org.uk
Celia Rundle Vice Chair	crundle@northlewparishcouncil.org.uk
Jane Colbourne	jcolbourne@northlewparishcouncil.org.uk
Bryan Dufty	bdufty@northlewparishcouncil.org.uk
Simon Dufty	sdufty@northlewparishcouncil.org.uk
Terry Hatt	thatt@northlewparishcouncil.org.uk
Mark Rundle	mrundle@northlewparishcouncil.org.uk
Chris Scadeng	cscadeng@northlewparishcouncil.org.uk
Vacancy	
Janet Millership Clerk	clerk@northlewparishcouncil.org.uk

Exercise of the month: Calf Stretch

By Tom Wilkins

www.trainertompt.com

October's exercise shifts the focus back to stretching. I have tried to include a stretch that I feel can appeal to most people. Shown below is one of the simplest and effective stretching exercises to perform – the aim is to target your calf muscles, but this stretch will also incorporate your hamstrings. When performing this stretch, try to keep your heels on the ground and push through your rear leg. Aim to hold each stretch for 15 seconds and don't forget to swap legs.



Okehampton & District Community Transport Group



Okehampton & District Community Transport Group have been serving the community for 28 years. We cover 274 square miles of rural Devon. We provide accessible, door to door

transport for the frail, elderly, disabled and rurally isolated to access both healthcare and social appointments. We have a Ring and Ride bus service which takes passengers into Okehampton for shopping or to meet friends. We run a Volunteer Car Service for healthcare transport, we have two wheelchair accessible vehicles and also a 15 seat community minibus which we use for lifestyle trips during the week and weekends and is also available to groups and societies. All our fares are subsidised.

If you would like any further information, please ring Sue or Liz on 01837 55000

Sue Wonnacott
Co-Ordinator
Okehampton District Community Transport Group
Unit 3
Okehampton Business Centre
Higher Stockley Mead
Okehampton
Devon
EX20 1FJ
01837 55000
07484525577
www.odctg.co.uk
<https://www.facebook.com/pages/Okehampton-District-Community-Transport-Group/165867586926940>

Advertising in the Northlew News in 2016

If you would like to advertise in the Northlew News please contact Joanna Wilson.

Business advertising rates:

- £2.50 per advert (business card size) per month or £25 per annum
- £5 for half page
- £10 full page

Please note there may be a one off charge of £15 if your advert needs to be reset by the printers. All cheques to be made payable to The Northlew Parish Council.

Items for sale advertising rates:

- £5 per advert for half page with picture
- £1 per advert (text only) per month



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 Okehampton
 Devon EX20 3NZ

Tel: 01409 220161



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Call Rachael on 07917 704876

2018 Events at a Glance

<p>October</p>	<ul style="list-style-type: none"> • Monday 1st October: School harvest festival service at 9:30 am. All Welcome • Saturday 6th October: Decorating the church; flowers, fruit and vegetables gratefully received • Sunday 7th October: Harvest Thanksgiving Service Parish Church 6:30 pm with Northlew Silver Band • Monday 8th October: Harvest supper • Sunday 14th October: 2:30 pm Harvest Festival • Monday 15th October: 7:15 pm Harvest Festival • Tuesday 16th October: International restart a heart day training. 7 pm Church Room • Sunday 21st October: United Service of Light Ashbury Church • Saturday 27th October: Halloween Fancy Dress Party at the Green Dragon. Children 6 pm – 7 pm, live music from 8 pm onwards
<p>November</p>	<ul style="list-style-type: none"> • Friday 2nd November: Northlew Carnival, Victory Hall and village square • Saturday 10th November: WWI Commemoration Victory Hall 2 pm – 4:30 pm Afternoon Tea. Tickets required • Friday 23rd November: Mini Minstrels and The Briars 7:30 pm Victory Hall
<p>December</p>	<ul style="list-style-type: none"> • Saturday 1st December: Supper with Scrooge, Red Spider Company, 7:30 pm Lewdown Village Hall • Sunday 9th December: Christmas Lunch, Victory Hall • Carol Concert: date to be confirmed



**Northlew & Ashbury
Primary School**

5 Non-pupil days 2018:

Wednesday 25th July
Thursday 26th July
Monday 3rd September
Tuesday 4th September
Friday 23rd November

Autumn Term 2018

Wednesday 5th September: All pupils return

Half Term: Monday 22nd October to Friday 26th October (inc)

Monday 29th October: All pupils return

Friday 21st December: Last day of term

Christmas Holiday: Monday 24th December 2018 to Friday 4th January 2019 (inc)

Spring Term 2019

Monday 7th January: All pupils return

Half Term: Monday 18th February to Friday 22nd February (inc)

Monday 25th February: All pupils return

Friday 5th April: Last day of term

Easter Holiday:

Monday 8th April - 22nd April (inc)

Summer Term 2019

Tuesday 23rd April: All pupils return

Monday 6th May: May Day Bank Holiday

Half Term: Monday 27th May to Friday 31st May (inc)

Monday 3rd June: All pupils return

Friday 19th July: Last day of term

Monday 22nd July to Thursday 25th July (inc): Non-pupil days



Events at Okehampton Library

Join the library and have the chance to win a Kindle Fire Tablet!

Anyone joining Okehampton library during October will be entered into a prize draw. There is a prize of a bundle of books for one child aged under 5 who joins. Also, for one lucky person over 5 who joins, there is a Kindle Fire Tablet to be won which is kindly donated by the Friends of Okehampton Library. It is free to join.

Saturday 6th October 09:30-12:30

Fun Palace

Free activities at the library, run by the community for the community, ask staff for full details

Monday 8th – Saturday 13th October

National Libraries Week

Come along and talk to staff about what the library service has to offer, there are many free resources.

Quiz – full details available from the library

Love My Library

Tell us what you love about libraries and ‘post it’ on our display

09:30-10:30 Wednesday 10th October - Coffee & Croissants at Duplo Storytime

Under 5's can have fun Duplo building and listening to a story whilst their carers relax with free coffee and croissants

09:30-12:00 Saturday 13th October – Coffee Morning with Book & Cake Sale

Lots of books for sale, prices starting at only 50p! Homemade cakes will be available to purchase and why not relax with a free cup of coffee and browse the bookshelves too.

09:30-12:00 Saturday 13th October – Big Lego Build

What would your dream library look like? Come along and join others at Lego Builders to build one big library. We can't wait to see what it looks like!

Week commencing 22nd October - Half term activity

Children under 8 must be accompanied to all events by a responsible adult

See our website or call in for details –

okehampton.library@librariesunlimited.org.uk

Okehampton Library,
4 North Street,
Okehampton
EX20 1AR
01837 52805

Carmel Coaches Excursions for 2018/19

Date and venue	Cost
29th October: 5 day break at Warner Hotel, Thoresby Hall, Notts	£379
3rd November: Bridgwater Carnival	£15
9th – 12th November: Turkey and Tinsel at Great Yarmouth including Thursford Christmas Spectacular weekend	£249
24th November: Bath Christmas Market	£18
1st December: Bristol Cribs Causeway	£16
2nd January: Dick Whittington pantomime at Plymouth	£25
13th February: Matilda the musical at Plymouth	£70

**For more information or to book your seat
please call Libby 01409 221237**