NORTHLEW NEWS



Primroses (primula vulgaris, the common primrose) birth flowers of February along with violas (violaceae family) of which there are many species

February 2019

Northlewnews@gmail.com

Your Parish Councillors

Chair: Joanna Wilson: 01409 220254	Vice Chair: 20254 Celia Rundle: 07432 512499	
Jane Colbourne: 01409 221220	Simon Dufty: 01837 871744	
Mark Rundle: 01837 53314	Bryan Dufty: 01837 871256	
Kate Hawkins: 07775 621756	Vacancy: see page 23	
Terry Hatt: 07811 383397	Clerk: Janet Millership: 01409 221409	
Cllr James McInnes: 01837 861364	Cllr Patrick Kimber 01837 810057	

Published by the Parish Council

Note from the Editor

Many thanks to Carmel Coaches who have just confirmed that they will sponsor a month's printing costs this year as they have done before. Fantastic news!

The support of local businesses such as Carmel Coaches, Elmfield B&B, Green Dragon and the Coffee 'n' Chat group as well as several individuals is key to the growth and sustainability of the Northlew News. And, of course, thank you too to everyone who makes donations in the shop when they collect their copies of the newsletter. All donations, however small, are so important and your continued support is greatly appreciated.

For the March edition the deadline for copy is the 20th February. If you would like to receive an electronic copy of the Northlew News then please email at <u>northlewnews@gmail.com</u>.

Best wishes

Banna.

Northlew Stores C I C.

A New Year Appeal from Northlew Stores CIC!

If you are making New Year's resolutions and want one that will be easy to keep, how about a personal pledge to use your local shop more frequently?

If you have papers and/or prescriptions and value this part of the shop's services, the best way to support your local community shop is to take time to look around and buy something!

The papers cost to be delivered, however we understand that without them, we would not get the footfall, so they are our loss leader. We don't expect anyone to do all their weekly shop with us, but a few items here and there is an essential way of supporting our services and ensure that we can maintain stocks and our current opening hours. So next time you pick up your paper, prescription, or the Northlew News, have a look around, if we don't stock what you want, please ask and we will get it in for you as soon as we are able. The more who use the shop the more stock we can purchase.

Fresh bread, cakes and pasties

We have a twice weekly delivery from Ellis Bakery, pasties, cakes, and fresh bread, you can place a frequent order with us, or pop in on Tuesday and Friday and pick up a fresh loaf – often still warm or treat yourself to a cake. We also have a monthly meat raffle draw, supplied from Edwards in Hatherleigh.

We're supporting local businesses, because we want to *Keep it Local*! Remember this is your local shop, all who work here are volunteers. Which brings us nicely to our second appeal - for volunteers;

Join the volunteers

Paula has now found a part-time paid position and although we have a rota which, hopefully, will not impact too much on our opening times, we still desperately need volunteers. We are flexible on how many hours you would like to do, whether you want to work just a couple of hours to get the shop open in the morning (especially at weekends) or do a whole morning or afternoon session (3 pm - 5 pm). Perhaps you are recently retired, between jobs, new to the village, or just have time on your hands, volunteering is a great way to learn a new skill, keep you occupied, add

to your CV and best of all you meet lovely people!

Suggestion box

If you have any thoughts on the above or any other ideas, whether for stock, attracting shoppers or volunteers, or anything else please contact Paula or speak to Dan over a pint! To assist, from the 14th of January we will have a suggestion box available in the shop for you to pop your ideas into. Or if you would like to find out what volunteering involves speak to one of the volunteers in the shop, hopefully they will tell you it is a fun thing to do, but they need company!

Thank you

Thank you to our current volunteers; Julia, Tania, Trish, Winifred, Jenni, Shirley & Gaynor, without you we would not be able to maintain our opening hours, you are delivering a great service for Northlew and much valued support to Paula. We would also like to take this opportunity to thank Pat Durston for her continued and generous support, and also to Northlew Parish Council. And finally. to our existing customers, a big thank you. Your support is very, very much appreciated. Kind regards, Paula & Dan

Opening hours

Please note the change to winter opening hours in the afternoons:

Mon:	8:00 am – 12 Noon 3:00 pm – 5:00 pm
Tues:	8:00 am – 12 Noon
Wed:	3:00 pm – 5:00 pm 8:00 am – 12 Noon
Thurs:	Closed 8:00 am – 12 Noon
	3:00 pm – 5:00 pm
Fri:	8:00 am – 12 Noon 3:00 pm – 5:00 pm
Sat:	9:00 am – 12 Noon
Sun:	Closed 9:00 am – 12 Noon Closed

For more information about the shop or volunteering please contact Paula: northlewshop@gmail.com

Northlew Post Office



The post office is open on Monday and Friday mornings from 9:30 am to

12 noon in the Church Room. -

Northlew Methodist Church

Services

3rd February 9:30 am Mr Roy Down

*I0th February*9:30 am Mr John Hawkins

*I 7th February*9:30 am Reverend Liz Singleton

24th February 9:30 am Service at Boasley

50/50 Coffee Mornings

During 2018 at the 50/50 shop , coffee mornings and stalls we raised £2,091.10 for our funds. Many thanks to all our supporters.

Saturday 23rd February

10:00 am – 12 noon Cake, savoury stall, coffee morning and 50/50 shop.

Women's Guild and

Fellowship

Wednesday 6th February Women's meeting in the Methodist Hall

All welcome

St Thomas of Canterbury Parish Church

Services

3rd February 9:30 am Holy communion

*I0th February*9:30 am Morning prayer

*I7th February*9:30 am Holy communion

24th February 9:30 am Family service

3rd March 9:30 am Holy communion

Events and fundraising for 2019

Please see Events at a Glance for details.

Snowdrops

The snowdrops were up in the church yard a week before Christmas. I know I witter on about them at the beginning of each year but these perky little flowers always remind me of the human race; tough, putting up with all kinds of adversity but just keep plodding on! Maybe that's why God sends them as an example to us to keep carrying on no matter what.

Team Vicar

By the time you read this the Reverend Leigh Winsbury will be our team vicar. Welcome to him and Mrs Winsbury.

Marie Prescott

Do you remember Marie Prescott? She and Eileen Wilson used to trundle around the district delivering Meals on Wheels. She was a church organist who used to come to Northlew week after week to play for our services when Fred Baker could no longer do so. Some years ago she emigrated to New Zealand with her family and she hard hardly set foot in NZ before she was welcomed at her local church as their organist. She continued to play over the years which made her happy, also her new friends in the church. Sad to relate I didn't receive her usual card at Christmas and I have just heard from her daughter that Marie died in October aged 90. She was a good friend to our church and I hope she finds an organ to play in heaven.

Table Top

There is a spare table top available in the church room. Rental is $\pounds 3$ per morning on Monday and Friday. If you are interested, please contact Angi (the post mistress).

Daisy Chain Group



Tuesday 12th February 7 pm - 9 pm Chapel rooms £2 admission

Another successful meeting held on Tuesday 8th January with 13 ladies in attendance. Slowly creeping up in numbers which is great news. An official name was decided, "Daisy Chain" as a lot of us are gardeners (or at least attempt in my case) and we realised how so many have a connection with Northlew from other areas. We agreed it would be fitting for our new group.

There were some great ideas for the next six months (meetings are to be 7- 9 pm every second Tuesday of the month). Next month Wendy Foulger will be teaching us how to make simple hand sewn lavender bags. Bring any beads, sequins, ribbon and lace. Also, a needle and scissors. Nothing too difficult, we just want to have a bit of fun. Other suggestions were silk painting class, Bee Keeper talk, Northlew History talk, Bat protection talk, seed and cutting swap evening, cocktail and pudding evening, possible trips out to the theatre, open gardens and open studios. There will be an update once these items are confirmed. We agreed on a $\pounds 2$ per visit payment, this will pay for the hire of the hall and also a little extra to build a collection for our use. We also decided, if we do an event that requires extra fees, for example a speaker or tuition for a class, then we may pay a little extra split between the number of people in attendance. This will probably be taken before the day to secure the booking.

Our next meeting will be in the Chapel Rooms as before but we will change location throughout the year staying within Northlew (or very close).

All ladies are welcome, we even had a couple venture from nearer to Hatherleigh, so the word must be spreading. Thank you to all who attended, I think we all had a really good time. I certainly enjoyed meeting new people, still being quite new to the area. Let's make 2019 our year! If you need any further information, please call Gina Farrow 01409 221238 (The Old Bakehouse)

The Green Dragon



This historic 18th century inn is located in the village square at the heart of Northlew.

The Green Dragon is open: Lunchtime: 12 – 2 pm Lunch is served every day

Monday – Saturday: open 6 pm Food served from 6 pm - 9 pm Sunday: open 7 pm (no food)

Green Dragon Charity Night in

aid of Prostate Cancer UK (Charity No:1005541) Friday 8th February, 7pm 2 course buffet, live band Skool Days! Tickets £10

Please contact Dan on 01409 221228 for more information

Quiz Nights

The Green Dragon quiz nights are returning. Pop into the Green Dragon to find out more! **Northlew Silver Band** Devon's only Village Silver Band over 100 years old and counting



This year will bring cider and pasty celebrations, a hymn afternoon and hopefully a few fete performances before going crazy in the run up to next Christmas.

All are welcome so please if you're interested get in touch with me or anyone in the band and we'll see you one Wednesday evening for a little tootle. Thank you everyone for your support of the Silver Band.

Join us for band practice!

Beginners, every Wednesday in the band hut at 6:15 pm Full Band, every 2nd Wednesday in the band hut at 7:30 pm - 9:00 pm Anyone wanting to try and play an instrument please get in touch All welcome - Your Devon Village Silver Band needs you! For more information please contact:

Tim Williams 01409 221754 or Martin Perry 01409 221376

Gardening tips for the month



I'm often asked if the winter is my quietest time as a gardener.

Getting ahead

Actually, it's the time of year when I do the groundwork for the new season, weather permitting. If the ground isn't frozen or waterlogged, you can prune, mow, dig, mulch and weed. It's a time when you can actually get ahead without the hassle of weeds germinating faster than you can pull 'em up or have lots of young or newly shooting plants demanding your attention.

Pruning

Quite a bit of pruning can be done now - you can catch up with rose and wisteria pruning, but there are some specific plants that require attention at this time of year. Cornus - the type grown for the colour of their stems in winter such as alba sibirica (not the flowering dogwood types), can have half of their stems cut down to the base to encourage fresh new growth. It's sometimes suggested that all the stems can be cut down, but I've found this can weaken the plant over time, especially when they are young.

Any shrubs that have just finished flowering, such as winter flowering jasmine can have the previous year's growth cut back to 2" from the old wood. Winter honeysuckle can also have flowered stems cut back by a third.

Indoor fuschias can also have their stems cut back to one or two buds on each shoot, to keep them compact. Pop them into a warm light place afterwards to encourage new growth.

Any winter flowering heathers can also be trimmed back lightly now.

Potatoes

Other assorted jobs can include, chitting seed potatoes from the end of the month. Site them 'rose' ends up (egg trays are ideal for this), in a cool light frost free place. The 'rose' ends are the end of each potato that have the most tiny shoots or buds. The aim is to grow 2 or 3 short sturdy shoots approx half an inch long. Gently rub out all but the strongest buds on each tuber. You also need to finish moving any deciduous trees or shrubs or planting bare root plants by the end of the month, before the weather starts to warm up. Any large deciduous grasses can be cut back to the base. Try and get this done by the beginning of the month - after this new shoots will appear that might be damaged by cutting back.

If you haven't already done so, cut off any old leaves from hellebores, especially if they have brown or silvery spots on them (leaf spot virus). This can help control reinfection, especially in this damp climate.

Snowdrops

Snowdrops sometimes stop flowering. If this happens, or you just want to increase their spread, now is a good time to lift, divide and replant, in smaller clumps.

Flowers for summer

Sweet peas for later summer flowering can be sown in pots in the cold frame or unheated greenhouse. If you sowed them in the autumn, for early flowering, they should be potted on now and pinched back to encourage lots of sturdy new growth. Lily and allium bulbs can also go in now - dig in lots of grit to the planting hole or pot, to encourage free drainage.

Clean the greenhouse!

And lastly, clean the greenhouse. This pays dividends in terms of increased light levels for better growth, and of course, fewer pests.

Happy gardening in 2019!

Harriet

Play Group for Grown ups

We don't stop playing because we grow old, we grow old because we stop playing!

Rediscover the fun in cards, games, jigsaws and having a good old chat! If there is something you particularly enjoy playing, bring it with you! We meet on the first Tuesday and third Thursday of each month. 2:00 pm – 4:00 pm in the Methodist Chapel Room. For more information or to arrange transport please call Chris Scadeng on 01409 221797

The Victory Hall

Regular events

The Victory Hall use on weekdays is booming and includes:

- **Badminton**; Monday and Wednesday
- **Skittles**; Tuesday and Thursday
- Short Mat Bowls; Thursday
- Table Tennis; Friday
- Toddlers Group; Friday

In addition, the camera club, the walking group, Northlew Amateur Dramatics Society (NADS) and the Parish Council to name but a few also use the Victory Hall.

Come along and join in.

Simon Dancer Chair, Victory Hall Committee

Booking a charitable event at the Victory Hall

Northlew Victory Hall Management Committee are making a small change to the criteria needed for booking a charity event, as Trustees to NVH we have a duty of care within the charity. We were not covering our costs under the existing £10 fee and so have implemented the below to try and make things fair and clear to all. Criteria to qualify:

I. Any event for which all the profit will go to the named registered charity.

2. Registered charity name & number required when booking and must be on all advertising for the event.

3. The organiser is a parishioner.

4. It must be a public event open to all. This offer is not for private functions.

5. The £10 covers the hall and use of the kitchen for drinks only. If food preparation and serving is required, then an additional £15 is essential to cover our extra costs. Any event must meet all 5 criteria to be granted the booking price of £10.

www.northlewvictoryhall.co.uk

Northlew Walking Group

Our first walk of 2019 was supported by the following walkers: Brigid Richardson, Pat Richardson, Robin & Dee Gant, Sue Sanders, Susan Jones, Jenny Anderson, Shirley Lloyd and Holly Dancer with Alfie.



At Ipm we set off down Milltown Lane, at which point Alfie thought he was going back home, and made it known he wasn't happy. Continuing along the track we eventually arrived at Tony & Ruth Squires farm, which then led to a gate on the right and into the field beyond. Crossing this field and a footbridge over the River Lew, we arrived at a double stile leading to the next field. As can be seen from the photograph, these stiles proved quite challenging, particularly for those with short legs!!



We eventually all got over these stiles, and continued on the footpath through several more fields, some of which contained flocks of nice looking sheep. After deciding that we weren't going to feed them, they all turned their backs on us and ran off. The footpath finally led us out onto the road just below South Yeo Farm. We turned right here, heading uphill to bring us out at the 'T' junction onto Summer Lane.

Turning right here, we headed downhill on Rocky Lane, and then back up Harpers Hill to bring us back to Northlew square. To celebrate the beginning of another year, and, and, and, well I can't think of another excuse, we all went in the Green Dragon for well-earned refreshments.

Next Walk: No 30

Next month's walk will be on Friday 1st February and will start at 1pm in the square.

Please come and join us. All welcome.

For information please call Chris Baines on 01409 221362

Nature Watch: a year in the life of a pond

As we see the New Year in, everything in the garden is slowly starting to wake up. So, what is happening in the pond? Well, as you can see from the photo of my pond, not a lot.



Frost over the coming weeks will ice over the pond, but hopefully, if your pond is deep enough, it will not freeze all the way to the bottom. This will help overwintering invertebrates (bugs) to survive the worst of the winter. Leaving a pile of logs or dead leaves near the pond, can serve as a winter hideaway for amphibians, but don't be tempted to tidy them all away before April or May, to make sure the creatures have returned to your pond. If, like me, you have been forced to sight your pond under trees, it will help to cover the surface with some fine mesh netting, but keep a check on it, as you don't want the wildlife to get trapped in it. This includes frogs, toads, newts or hedgehogs.

Apart from keeping dead leaves out of the pond, don't be tempted to remove any of the pond weed, no matter how intrusive it is getting. This job must wait until spring, and then you should shake it out thoroughly, in case there are any eggs or nymphs attached. If we get another 'beast from the east', then make sure you remove the snow from the pond surface, as it is important to maintain the oxygen level as much as possible. This is crucial for the overwintering bugs. If you are lucky, you may have frogs or newts lying dormant at the bottom of the pond, and they also need good oxygen levels in the water.

So, that's about it for January. Don't worry, the action is about to kick off in the coming months.

Chris Baines

Theatre Highlights



Theatre Royal @ Plymouth Box Office 01752 267222

STOP PRESS Les Miserables in Plymouth Get your tissues ready for the greatest musical ever! I Ith June – 6th July 2019

15th January – 16th February Roald Dahl's Matilda 19th February – 23rd February Horrible Histories 6th March – 9th March Birmingham Royal Ballet - Beauty & the Beast 11th March – 16th March Club Tropicana 18th March – 23rd March Tom Stoppard's Rough Crossing 3rd April – 6thApril Welsh National Opera 9th April – 13th April The Worst Witch - 7 yrs and up 22nd April – 27th April Hair - the musical More on the website www.theatreroyal.com

Northcott @ Exeter Box Office 01392 726363 22nd February – 2nd March Hip Hop version of Wind in the Willows 19th March – 23rd March The Bank Robbery Goes Wrong 11th April – 13th April Room on the Broom for 3 years up 6th May – 11th May The Mousetrap – touring

More details from Martin Perry 01409 221376 and possible free lifts!

HOF Gallery and Cottage



The HOF Gallery is a small space devoted to all things arts & crafty. The gallery also has a selection of fine ceramics, paintings, prints, locally crafted sculpted & hanging feltwork. A 'rustic' framing service is also available.

The studio opens most weekends 10am - 6pm and bank holidays

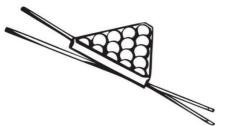


Yoga classes are back.

They are held on Wednesday at 7 pm - 8.30 pm in The Methodist Hall

Further information contact Angela on 01409 221110 / 07809427991

Northlew and Ashbury Snooker Club



Come and join us! We currently have vacancies for membership and we would be pleased to see new faces over the newly refurbished tables. One team plays in the Bude league each winter. New members are very welcome. There is a small membership fee to join.

For more information about the club please call 01409 221085 or Simon on 01409 221881

The Old Wheelwright's Private Dining in Northlew

Relaxed private dining with a very personal touch. For that special dinner why not let me welcome you with a glass of wine, then serve a three-course dinner (previously ordered) with a bottle of wine to complement it.

A log fire (for more wintery nights), soft music and discreet service, the evening is yours. Relax after dinner with coffee knowing you can walk home at your leisure.



Private Dining available on Thursdays, Fridays and Saturdays. Prebooking only.

Please contact Tania on 01409 220053 or email at <u>haycocks3@aol.com</u> for a sample menu and bookings.

Northlew Camera Club

The camera club meets in the Victory Hall on the last Monday of the month. A typical meeting will include :

A monthly theme: where we view and discuss attendees'

photographs. Last month we chose movement as our theme.

Buddying: a chance for attendees to discuss photography with each other and for those with more experience to help others within the group.

Field Trips: a chance to practice techniques 'in the field', and then show results at the meeting.

Workshops and speakers:

opportunities to learn from visiting experts.

We are planning another day trip in the spring, again with a professional photographer, so if you interested in improving your camera skills, please join us. More details to follow.

For further information about the camera club please contact either me Julie Phillips on 01409 220088 or come along at 7 pm on the last Monday of the month in the Victory Hall.

Knit and Knatter



The Knit and Knatter group are knitting and crocheting for good causes and

everyone is welcome to join us! We meet in the Methodist Church every 2nd and 4th Wednesday of the month from 2:30 pm - 4:00 pm.

If you have any spare wool that you can donate to support the Knit and Knatter fundraising activities, please let me know and I will arrange to collect it. Your help is very much appreciated.

For more information or to donate wool please call Eunice Peck on 01409 221187

Badminton Club



We play every week on Monday and Wednesday in the Victory Hall.

All abilities welcome. Please contact Chris Baines on 01409 221362 for more information.

Don't forget about your chimney!



Please check when you last had your chimney swept; it may be longer ago than you think.

Member of Parliament for Northlew

Mel Stride MP House of Commons London SWIA 0AA Tel: 020 7219 7037

Parish Council

Parish Council meetings

Parish council meetings are usually held at 7:30 pm on the 3rd Monday of each month in the main hall or back room of the Victory Hall.

At 7:30 pm prior to the start of the formal meeting, there will be a public session (if required) which, at the chair's discretion may last up to 15 minutes, to enable members of the public to ask questions of and make comment to the council. We request that notice of intent to ask questions/make comment be made to the clerk by the Friday prior to the date of the meeting. Questions not answered at this meeting will be answered in writing to the person asking the question or may appear as an agenda item for the next appropriate parish council or committee meeting. Members of the public are asked to restrict their comments and/or auestions to three minutes. This section is not part of the formal meeting of the council. Any member of the parish can attend the formal part of the meeting but may not contribute to it unless specifically invited by the chair.

Further to the introduction of the General Date Protection Regulation (GDPR) all parish councillors and the clerk have new email addresses. Please use these email addresses from now on for all matters relating to the parish council or parish.

Please see page 18 for the new email addresses of your parish councillors and clerk. Thank you

Minutes

The minutes of last month's council meeting can be seen on the parish notice board.

Please contact the parish clerk Janet Millership on 01409 221409 for further information or by email <u>clerk@northlewparishcouncil.org.u</u> <u>k</u>

Parish Clerk Vacancy

The position of clerk to the Parish Council is a part time post reporting to the Parish Council. The Clerk to the council is the Proper Officer of the council and as such is under statutory duty to carry out all functions, and in particular to serve or issue all notifications required by law of a local authorities Proper Officer. The clerk for Northlew Parish Council also has the role of the **Responsible Financial Officer** (RFO). The overall role of the clerk is to ensure that the council. as a whole, conducts its business properly and to provide independent, objective and professional advice and support.

The salary provided will be commensurate with experience and ongoing training will be provided. If you would like to have a chat about the evolving role of the clerk please call Joanna Wilson, chair of the parish council on 01409 220254 or email at <u>chair@northlewparishcouncil.org.u</u> k

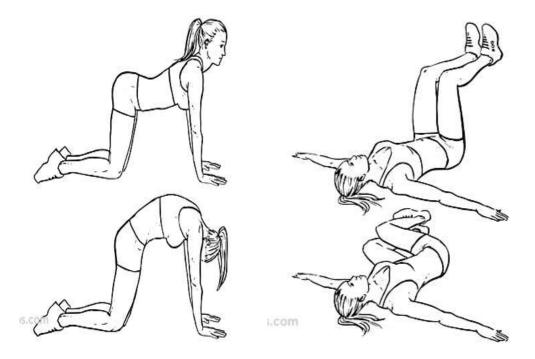
Parish Council Emails

Councillors & clerk	
Joanna Wilson Chair	chair@northlewparishcouncil.org.uk
Celia Rundle Vice Chair	crundle@northlewparishcouncil.org.uk
Jane Colbourne	jcolbourne@northlewparishcouncil.org.uk
Bryan Dufty	bdufty@northlewparishcouncil.org.uk
Simon Dufty	sdufty@northlewparishcouncil.org.uk
Terry Hatt	thatt@northlewparishcouncil.org.uk
Kate Hawkins	khawkins@northlewparishcouncil.org.uk
Mark Rundle	mrundle@northlewparishcouncil.org.uk
Vacancy	To be filled at the election in May 2019
Janet Millership Clerk	clerk@northlewparishcouncil.org.uk

Exercise of the month: Mobility exercises, give them a go!By Tom Wilkinswww.trainertompt.com

This month we are focusing on back mobility exercises. Below are two images of exercises that mobilise your spine. These are to be performed in a slow, controlled manner, concentrating on breathing throughout each movement. These mobility exercises can be performed by all age groups and are great for those who suffer with tight back muscles.

When completing these exercises aim to do 15-20 repetitions on each, 2-3 times a day. I would recommend performing these mobility movements in the morning and before you go to bed.



Friends of Okehampton Community Hospital Press

Release 8th January 2019

Maternity Unit to be reviewed in April 2019

The Royal Devon and Exeter Hospital together with the Clinical Commissioning Group have announced a review of Maternity Services at the Okehampton Hospital in three months' time.

Martin Perry, Chairman of the Friends said he was disappointed that there would be 3 months before such a review but if staffing was available and births rose in the area there may be hope for the more local service to be resumed.

"Maintaining a 24/7 service for an average of one birth a week is clearly not feasible but these things vary and let us hope that by April the statistics change. The decision taken this week makes it clear that patient safety is at the core. We cannot argue if the medical practitioners consider a birth in the acute hospital to be safer in very many cases. We are in regular touch with the RD&E and will keep our members informed of any relevant changes."

For more information about Friends of Okehampton Community Hospital or the press release please contact Martin Perry 01409 221376

Okehampton & District Community Transport Group



Okehampton & District Community Transport Group have been serving the community for 28 years. We cover 274 square miles of rural Devon. We provide accessible, door to door

transport for the frail, elderly, disabled and rurally isolated to access both healthcare and social appointments. We have a Ring and Ride bus service which takes passengers into Okehampton for shopping or to meet friends. We run a Volunteer Car Service for healthcare transport, we have two wheelchair accessible vehicles and also a 15 seat community minibus which we use for lifestyle trips during the week and weekends and is also available to groups and societies. All our fares are subsidised.

If you would like any further information, please ring Sue or Liz on 01837 55000 or 07484 525577

Sue Wonnacott, Co-Ordinator Okehampton District Community Transport Group Unit 3, Okehampton Business Centre Higher Stockley Mead Okehampton Devon EX20 IFJ

www.odctg.co.uk https://www.facebook.com/pages/Okehampton-District-Community-Transport-Group/165867586926940

Advertising in the Northlew News

If you would like to advertise in the Northlew News please contact Joanna Wilson.

Business advertising rates:

- £2.50 per advert (business card size) per month or £25 per annum
- £5 for half page
- £10 full page

Please note there may be a one off charge of $\pounds 15$ if your advert needs to be reset by the printers. All cheques to be made payable to The Northlew Parish Council.

Items for sale advertising rates:

- £5 per advert for half page with picture
- £1 per advert (text only) per month







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2	2019 Events at a Glance		
February	 Wednesday 6th February: Women's Guild and Fellowship meeting. 2;30 pm Methodist Hall Friday 8th February: Green Dragon Charity Night in aid of Prostate Cancer UK (Charity No: 1005541) Sunday 24th February: Steak pie lunch in the Victory Hall 		
March	• TBC		
April	Tuesday 23 rd April (St George's Day): Dragon pie supper at the Old Wheelwrights		
May	 Wednesday Ist May: Annual General Meeting of Friends of St Thomas' (FOST) Sunday 6th May: Rogation Service (venue tbc) Saturday 25th May: Ploughman's lunch in the Church Room 		
June	 Friday 21st June: Midsummer safari supper, various venues Ashbury BBQ and service: date to be confirmed 		
July	 Saturday 6th July: Patronal Festival (Victory Hall if wet) Saturday 20th July: Summer concert 'Blues in the Pews' in the Parish Church 		
August	 Saturday 17th August: Treasure hunt and tea outside the Church Room Saturday August 31st: Ploughman's lunch in the Church Room 		
September	• TBC		
October	 Sunday 6th October: Harvest Festival Monday 7th October: Harvest Supper in the Victory Hall Ashbury Festival of Light: date to be confirmed 		
November	 Friday 1st November: Northlew Carnival Saturday 23rd November: Bring and Buy Christmas Fair in the Victory Hall 		
December	 Saturday Ist December: Christingle Service Saturday 7th December: Christmas Concert Sunday 22nd December: Carol Concert 		



Spring Term 2019

Monday 7th January: All pupils return

Half Term: Monday 18th February to Friday 22nd February (inc) Monday 25th February: All pupils return Friday 5th April: Last day of term

Easter Holiday: Monday 8th April - 22nd April (inc)

Summer Term 2019 Tuesday 23rd April: All pupils return Monday 6th May: May Day Bank Holiday

Half Term: Monday 27th May to Friday 31st May (inc) Monday 3rd June: All pupils return

Friday 19th July: Last day of term Monday 22nd July to Thursday 25th July (inc): Non-pupil days

Devon Libraries

Okehampton Library, 4 North Street, Okehampton EX20 IAR

01837 52805

Events at Okehampton Library 15:45-16.45 Thursday 7th February – Author Visit

If you enjoy fantasy or a tale that takes you on a journey through life this is the book for you. Come along and hear Janet Smith talk about her debut book 'Tony Plumb and the moles of Ellodian'. This book will suit readers aged 9+ through to young adults/adults. Free event - no booking necessary

10:30-11.30 Thursday 21st February – Fidget Spinners

Make and decorate a unique fidget spinner from scratch! $\pounds 2$ per child - booking essential - suitable for ages 7+

Regular activities

Adults

13:30-14:30 Every Tuesday – Knit & Natter

Bring along your knitting, stitching, crochet or other portable project, for a chat with like-minded crafters. Tea and coffee available at 50p a cup.

Children

Tuesdays 10:00 - 10:30 - Bounce and Rhyme for over 1 year olds Free, no booking necessary Tuesdays 11:00 -11:30 - Bounce and Rhyme for under 1 year olds Ist Tuesday of the month - Book Club for ages 7 - 11 (except Aug/Sept) 15:45 - 16:45. Free, no booking necessary

Wednesdays 09:30 - 10:15 - Duplo Builders and Storytime

For ages 0-5. Free, no booking necessary Ist Tuesday of the month - Book Club for ages 7 – 11(except Aug/Sept) 15:45 – 16:45 Free, no booking necessary For ages 12+ Ask staff for further details Saturdays 10:30 – 11:30 Lego Builders For ages 5+ Free, no booking necessary Book Track

For ages 6+ during library opening hours. Free, ask staff for further details

Children under 8 must be accompanied to all events by a responsible adult. See our website or call in for details -

okehampton.library@librariesunlimited.org.uk

Community Contacts		
Okehampton Medical Centre	01837 52233	
Blakehouse Surgery, Black Torrington	01409 231628	
Okeford Vets	01837 52148	
North Park Veterinary Group	01837 658777	
mydentist, Okehampton	01837 52745	
Okehampton cinema	01837 658586	
Inkprint, Okehampton	01837 52937	

This is just a start! Please let me know of any other community contacts you would like adding to this list. Thank you.

Bus Routes from Northlew



Every Monday, Thursday and Saturday there is a morning service to Okehampton. The bus will be parked for 2-3 hours outside Waitrose where you can leave

your shopping whilst you visit Okehampton. There is also a service to Bideford which is convenient for Morrisons.



Also, by arrangement, services to Crediton (Tuesdays) Newton Abbot (Wednesdays) and Exeter (Fridays) and in school holidays Barnstaple (Tuesdays) Holsworthy (Wednesdays) Tavistock (Fridays) are available from Northlew.

These services mainly use scenic routes ideal for showing off the area to friends that may be visiting. Bus passes are accepted at all times and if you are not lucky enough to have one then the fares are low. Let the bus take the strain out of driving and no parking charges to pay or spaces to find! Most importantly, if you live on the route then the bus stop is your front door.

Northlew is fortunate to have so many public transport routes so why not leave the car at home, reduce pollution, keep up with local gossip and use the bus!

Carmel Coaches Excursions for 2019

Date and venue	Cost
I3th February: Matilda the musical at Plymouth	£70
12 th April – 15 th April: Lakeside Village Hayling Island	£275
I9th April: Otter nurseries and Sidmouth	£15
22nd April: Padstow and Port Isaac	£15
6 th May: Sanders Garden World and Weston-s-Mare	£I6
27 th May: St Ives	£18
landereden and den versioner and the second se	£26
energia energia de la constructiva de la constructiva de la constructiva de la constructiva de la constructiva I 9 th June: Les Misérables	£75
energialente de la construction de 25 th August: Brixham	£14
21 st – 25 th October: Gunton Hall Coastal Village near Lowerstoft	£325
2nd November: Bridgwater Carnival	£14
18th – 22nd November: Turkey and Tinsel at Bembridge, Isle of Wight	£350
23 rd November: Cardiff Christmas shopping	£20
30th November: Cribbs Causeway or Cabot Circus, Bristol	£17

For more information or to book your seat please call Libby 01409 221237