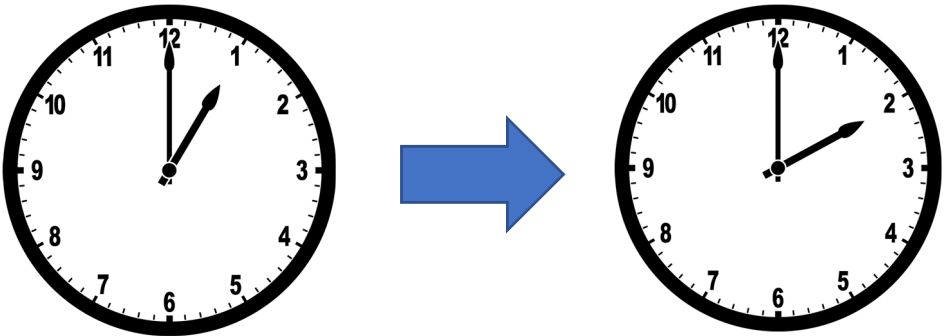


NORTHLEW NEWS

March 2019

Northlewnews@gmail.com



The clocks go forward 1 hour at 1 am on Sunday 31st March
which this year is Mothering Sunday

Source: <https://www.gov.uk/when-do-the-clocks-change>

Your Parish Councillors

Chair: Joanna Wilson: 01409 220254	Vice Chair: Celia Rundle: 07432 512499
Jane Colbourne: 01409 221220	Simon Dufty: 01837 871744
Mark Rundle: 01837 53314	Bryan Dufty: 01837 871256
Kate Hawkins: 07775 621756	Vacancy: see page 23
Terry Hatt: 07811 383397	Clerk: Janet Millership: 01409 221409
Cllr James McInnes: 01837 861364	Cllr Patrick Kimber 01837 810057

Note from the Editor

Meteorological spring will begin on 1st March and end on 31st May 2019. The meteorological seasons consists of splitting the year into four periods made up of three months each. These seasons are split to coincide with our Gregorian calendar, making it easier to compare seasonal and monthly statistics for meteorological observations and forecasts.

The astronomical spring, however, begins on 20th March and ends on 21st June. The astronomical calendar determines the seasons due to the 23.5 degree tilt of the Earth's rotational axis in relation to its orbit around the sun. Both equinoxes and solstices are related to the Earth's orbit around the sun.

<https://www.metoffice.gov.uk>

For the April edition the deadline for copy is the 20th March. If you would like to receive an electronic copy of the Northlew News then please email at northlewnews@gmail.com.

Best wishes



Northlew Stores C I C.

Fresh bread, cakes and savouries

We are delighted to offer our customers a range of delicious bread, cakes and savoury pastries from Ellis Bakery of Tavistock. We are also offering an ordering service from the bakery. Please ask as the counter for details. Orders will be available for collection on Tuesday and Friday mornings. Please place your order before 12 noon the day before you would like to collect, thank you.

The village shop stocks milk and other dairy products as well as having a good selection of frozen food including ready meals, pizzas, pies, sausages, vegetables, fish and desserts.

Volunteering

If you are interested in volunteering at the shop to work behind the counter, help with stock taking or general admin then please contact Paula in the shop or email:

northlewshop@gmail.com

Window display

If you would like to display anything in the shop window then please contact Paula.

Prescriptions

You can arrange for your medicines to be delivered from Okehampton Medical Centre to the village shop. You will need to place your prescription in the box in the shop by 10:00 am on Thursday to get a delivery the following Thursday. We also take in prescriptions for Black Torrington Surgery. For more information please ask Paula.

Opening hours

Mon:	8:00 am – 12 Noon 3:00 pm – 5:00 pm
Tues:	8:00 am – 12 Noon 3:00 pm – 5:00 pm
Wed:	8:00 am – 12 Noon Closed
Thurs:	8:00 am – 12 Noon 3:00 pm – 5:00 pm
Fri:	8:00 am – 12 Noon 3:00 pm – 5:00 pm
Sat:	9:00 am – 12 Noon Closed
Sun:	9:00 am – 12 Noon Closed

Thank you

Thank you to all customers for your continued support of the village shop. For more information about the shop or volunteering please contact Paula:
northlewshop@gmail.com

Northlew Methodist Church

Services

3rd March

9:30 am Mr John Hawkins

10th March

9:30 am Miss Vicki Brown

17th March

9:30 am Mrs Jean Daniel

24th March

9:30 am Service

31st March

9:30 am Rev Jerry Cook – come and join us for a special service for Mothering Sunday – gifts for all the ladies.

Saturday 30th March

10:00 am – 12 noon Cake, savoury stall, coffee morning and 50/50 shop.

Annual Sunday Lunch

7th April 12:30 for 1:00 pm

Victory Hall

Selection of pies, roast potatoes, vegetables, sweets, cheese and biscuits, teas and coffees.

Adults £12, children under 13 £5, under 5s free.

Please book with Dorothy Cole 221782 or Bet Spry 221003 by Thursday 4th April. All welcome.

Women's Guild and Fellowship

Wednesday 6th March 2:30 pm
Women's meeting in the Methodist Hall. All welcome.

World Day of Prayer

Friday 1st March 7:30 pm
Halwill Baptist Church.

Church Ladies Guild & Methodist Fellowship.

The ladies of the Guild and Fellowship met at Endellion for a showing of the film 'The Guernsey Literary and Potatoe Pie Society' The film, set in Guernsey during and just after WW2, contained scenes shot in North Devon. The ladies enjoyed the stunning coastal scenery of the Channel Islands and North Devon and recognised Clovelly and Bideford. The film was followed by tea and cake.

The next meeting on March 22nd is a craft workshop making Easter cards in the church room. All are welcome.

St Thomas of Canterbury Parish Church

Services

3rd March

9:30 am Holy communion

10th March

9:30 am Morning prayer

17th March

9:30 am Holy communion

24th March

9:30 am Morning prayer

31st March

9:30 am Mothering Sunday Family Service

7th April

9:30 am Holy Communion

Events and fundraising for 2019

Please see Events at a Glance for details.

Annual Meeting

The annual parishioners' meeting will be held on Monday 25th March at 7 pm. This is when the church wardens for the coming year are elected and it will be followed by the annual Parochial Church Council (PCC) meeting. The PCC

treasurer, secretary and other officers will be elected at this meeting as well as financial and other reports given. (And, after all that we will all need a cup of coffee or something)

Collecting for Okehampton Food Bank

At a recent meeting the PCC decided to collect donations of food for Okehampton Food Bank. A box is now at the back of the church with a comprehensive list of items that are needed in the box. Donations of non-perishable goods are needed such as:

- Tinned food: tomatoes, beans, tuna etc.
- Packet foods: rice, pasta, couscous, cereals, porridge oats, tea and coffee.
- Cleaning products and toiletries.

We hope that you are able to support this project.

Thank you.

Pew Polish

Sometime before Easter we will be having a polishing afternoon. Sounds exciting? Come to find out! The woodwork in the church is ancient and beautiful and regular wax polishing does help it keep it fit for coming generations. When

we fix the date a notice will be on the table in the church room. If any keen polishers would like to join us (there is a cup of tea and piece of cake at half time!) you will be more than welcome. There is a lot of wood to polish in the dear old building but on Easter Sunday when the daffodils stand against the background of the gleaming old wood it really is a sight to lift our spirits.

Please help if you can. Thank you.

Daisy Chain Group



Daisy Chain will be meeting in the chapel rooms once

again at 7-9 pm on Tuesday 12th March. This time we welcome Marilyn Livingstone who will be giving a talk on Medieval Agriculture, Economy and Climate.

We will also try to plan the next few months with the possibility of a Saturday trip to a garden festival.

For more information please call Gina Farrow 01409 221238 (The Old Bakehouse)

Arabia to Princetown via Northlew

Eliza; what is in a name?

Sometimes much more than you would expect! By Colin Jarvis

In finding out some history of our home Little Acorns in Northlew,



we discovered from a friend that one of the past occupants had links to a famous Arabian Stallion, Dartmoor Ponies, the First World War, Royalty and Dartmoor Prison. Not necessarily in that order!

The name Eliza Snow Augusta Atkinson is eye-catching and unusual. Eliza lived in our cottage during the 1920's. Before that she lived very close by apparently at a farm where she kept horses (Ridgehill).

Previous to that she spent years in India. Her husband Francis was in

the British Army and was Commander in the 17th Cavalry 1902 to 1906.

Eliza loved horses and must have been surrounded by them!

It was while she was in India that a very special horse came her way. It was the prized Arabian Stallion Dwarka sometimes known as the Marvel. He raced for the regiment and was very fast gaining the world record title for the fastest mile... 1 minute 53 seconds!

In 1901 Dwarka was on his way to the UK via Scotland and then onto his new home in Northlew with Eliza. Dwarka was a stunning beast and Eliza would have been seen riding him side saddle around the village even on hunts. All in all, Eliza and Dwarka visited 26 different hunts from Northumberland to Devon.

However, a very different career was yet to come to the stallion all because of the First World War raging across Europe. Horses played an important and essential role in the war.

By 1916, the War Office was very concerned at the huge loss of horses on the front line. Obviously, no one knew the war would end in 1918 so although horses continued to be requisitioned from farms and stables all across the countryside. The need to breed more horses became ever more urgent. Funds were made available to breed suitable horses for the army known as remounts.

Eliza and her lovely Dwarka were about to be separated! He could be called the war horse of Northlew due to his new role. Because of his exceptional qualities Dwarka was destined for the Royal Stud at Princetown known as Tor Royal.

An army captain arrived in Northlew and walked the horse almost ceremoniously all the way to Princetown along the lanes to Meldon and up and over the moor arriving at the royal stud in the dark. It would have been a long and tiring day.

A new chapter was starting for Dwarka coming from Arabia, working with the British Army, running in the hunts and now about

to help the war effort. In next month's edition: Foals, the artist and the grandfather.

Northlew Silver Band Devon's only Village Silver Band over 100 years old and counting



All are welcome so please if you're interested get in touch with me or anyone in the band and we'll see you one Wednesday evening for a little tootle. Thank you everyone for your support of the Silver Band.

Join us for band practice!

Beginners, every Wednesday in the band hut at 6:15 pm

Full Band, every 2nd Wednesday in the band hut at 7:30 pm - 9:00 pm

Anyone wanting to try and play an instrument please get in touch
All welcome - Your Devon Village Silver Band needs you! For more information please contact:

Tim Williams 01409 221754
or
Martin Perry 01409 221376

Northlew and Ashbury Produce and Craft Show 2019

The AGM of the Produce and Craft Show was held on Thursday 17th January 2019 at the Victory Hall. Seven people attended the meeting, including the six current committee members.

It has been widely agreed that the Shows in 2017 and 2018 have been extremely successful - with record entries in both years.

The Show is very much a 'fun' village produce and craft show, with local judges who are specialists in their field.

Last year the committee consisted of just six enthusiastic and dedicated committee members and at the AGM, all agreed to stay on for this year and we have an additional new volunteer for which we are extremely grateful BUT we do need more help. We do understand that not everyone can commit to committee meetings (although there are only 5 a year), so we are hoping to recruit more support in the form of a 'Show Volunteer Brigade'. The aim and responsibilities of this group would be mainly to help set up the show on the evening of Friday 6th September, and, most importantly,

to help clear up after the show on Saturday 7th September. It really doesn't take very long if there are a lot of helpers - it can be cleared away in less than an hour. If you are able to help, please contact one of the current committee members:

Cathy Fethers
Colin Jarvis
Tricia Stock
Chris Baines
Simon Dancer
Holly Dancer

Alternatively, if you would like to attend the next committee meeting, which sets the schedule for the next year, please contact the secretary, Holly Dancer, on 221881. The meeting is on 21st March at 7 pm at the committee room, Victory Hall and is likely to last two hours.

We are looking forward to another successful Show in 2019.

Holly Dancer
Northlew and Ashbury Produce
and Craft Show Committee

If you want to know more, below is the edited Chair's Report from the AGM, from Cathy Fethers:

Chair's Report

'I am pleased to be able to report another successful Produce Show in 2018.

There were over 400 exhibits in the show, proving that the show is growing in popularity and becoming part of the social calendar of the village. It was particularly good to see the school take such an interest, thereby increasing the children's exhibits to a number that we had difficulty displaying! We will be more prepared for them this year. We have given out seeds at the Family Fun Day for runner beans in 2018 and sunflower seeds in 2017. Suggestions are needed for what the children can grow if the show goes ahead this year. The charity supported by the show last year was the British Heart Foundation and our Finance Officer has advised over £300 was sent to the charity.

Initial feedback on the show was very good, with just a few suggestions on how it can be improved. We have noted these issues and will be working on them. The committee meets on an informal bi-monthly basis up to the date of the show. Most of the work has already been done by bringing forward practises from the last two shows. Just the evening before the show and the day of the

show is a bigger commitment, but that is when the fun takes place. In 2018 the committee was just 6 people. There were volunteers on the day for which we were very grateful but we do need more volunteers to come forward as I am not sure that the show could take place with fewer. I would like to pass on my thanks to all those that supported the 2018 Produce Show and hope that we can look forward to that support again in the future.'

The Green Dragon



This historic 18th century inn is located in the village square at the heart of Northlew.

The Green Dragon is open:
Lunchtime: 12 – 2 pm
Lunch is served every day

Monday – Saturday: open 6 pm
Food served from 6 pm - 9 pm
Sunday: open 7 pm (no food)

Best of the West at The Green Dragon!

Saturday 9th March at 2 pm

Donations at the door

The Best of the West day will include:

- Local craft stalls
- Book signings
- Kids' activities
- Local beers and ciders
- All day barbecue
- Cheese stall
- Cream teas
- Live music
 - 5 pm Elvis tribute act
 - 9 pm Alley Cat Kings

And much more!

The Best of the West day is in aid of Northlew PTFA and Something to Look Forward To, a cancer support charity (charity no: 1164960).

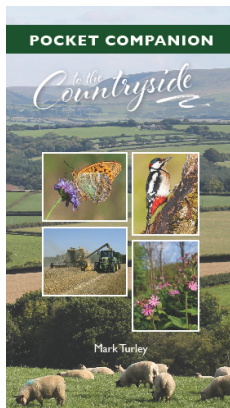
Green Dragon Charity Night in aid of Prostate Cancer UK (Charity No:1005541)

Many thanks to everyone who supported the charity evening held on Friday 8th February. We raised £679 for Prostate Cancer UK.

Quiz Nights

The Green Dragon quiz nights are returning. Pop into the Green Dragon to find out more or call Dan on 01409 221228.

Pocket Companion to the Countryside



Fascinated by the countryside but never seem to have the right nature guide to hand when something of interest crops up? Then a new pocket-sized

book that covers everything, from birds to hedgerow plants as well as what is happening on the farm, might be just what you are looking for.

Compiled by Northlew resident, Mark Turley, the Pocket Companion to the Countryside features all the things you are likely to find rather than loads of stuff you rarely see. And, due to its size you can keep it handy, in your jacket or car's glove compartment, so it's there when something needs explaining.



Easy to use, stuffed with photos, and informative on just about every

aspect of our wonderfully varied

countryside. The proceeds from the sale of Pocket Companion to the Countryside are going to Compassion in World Farming, a leading charity campaigning for better farm-animal welfare. (Charity No: 1095050)

The Pocket Companion to the Countryside is priced at £12.50 and is available at the village shop, The Green Dragon or from Mark.

Northlew and Ashbury Primary School PTFA



Northlew PTFA is raising vital funds for the school this month by selling Easter Activity

Sheets. Each sheet comprises of the following activities:

- Word search
- Design your own Easter Egg
- Treasure Hunt

The sheets go on sale in the village shop on Sunday 10th March and cost £1 each. Completed sheets must be returned by 6th April to be eligible for one of the prizes.

Please support the school by joining in and having fun!

Thank you

Gardening tips for the month



Sowing seeds or planting young plants

My first piece of advice for March...written of course in mid February, when we are experiencing a week of unseasonally gorgeous sunny spring-like weather...is to wait until conditions are right before you sow seed outdoors or put out young plants. If the ground is waterlogged or frozen or very cold, put your seed packets away and go for a cup of tea....a long cup of tea. Seeds sown in good conditions later in April will catch up growth wise with earlier seedlings and germination rates will be much better.

Potatoes

First early potatoes can be planted in late March, keeping in mind that first piece of advice as they are frost tender.

Weeding perennials

If you have any perennials that haven't started into growth too much by the beginning of the month, but are infested with weeds, then now is the time to dig up the clumps and pull them apart to remove the weed roots. It's better to pull or tear the clumps apart rather than slice them with a spade - they re-establish better. Sometimes the infestation is too severe and it's better to discard the whole clump or just pull off and pot up small pieces that you are sure are weed free. Either way, this is a fiddly time consuming job that you will either relish or loathe!

Dealing with slugs

Slugs will start to be active if the weather warms up. Try to protect the young succulent emerging shoots of vulnerable plants like hostas. Metaldehyde slug pellets will be banned from 2020. Ferric phosphate pellets will still be available and are infinitely less harmful. If used correctly at an application rate of no more than 4 or 5 pellets per plant and re-applied regularly after rain, they are also pretty effective.

You can also reduce your stress levels by growing garden worthy plants that don't attract slugs and ensuring that young or newly

purchased plants (especially those from supermarket chains rather than local nurseries) are adequately hardened off over a few weeks before planting. This will toughen up the leaves and make them less attractive to the slugs.

Natural supports for plants

Start putting in supports for tall floppy perennials such as Shasta daisies. If you can get hold of freshly cut hazel wands, insert each wand into the soil, approx 8" apart and form a circle around the plant or clump. Bend the tops over and weave together into a tall upturned 'basket' through which stems can grow. Tie the crossing wands together at intervals to make the structure solid and it will last all season.

Feeding plants

Later in the month, give everything except ericaceous plants such as azaleas and rhododendrons, a good feed of a general purpose fertiliser such as fish blood and bone or pelleted chicken manure.

Pruning buddleias to help benefit butterflies and bees

Buddleias can be pruned now. If you have more than one, leave pruning the others till later in April so that flowering is delayed. This

will benefit butterflies and bees who appreciate having the flowers over a longer period.

Summer flowering bulbs

Summer flowering bulbs like gladioli can be planted now. Try planting them at least a foot deep as this means you can get away without supporting or staking them when they are in flower. Later in the month, pot up dahlia tubers and keep them in as light and frost-free place as you can find.

Who knows what weather conditions March will throw at us, but fingers crossed for a gentle start to spring.

Happy gardening in 2019!

Harriet

Northlew Post Office

The post office is open on Monday and Friday mornings from 9:30 am to 12 noon in the Church Room.



The Victory Hall

Regular events

The Victory Hall use on weekdays is booming and includes:

- **Badminton**; Monday and Wednesday
- **Skittles**; Tuesday and Thursday
- **Short Mat Bowls**; Thursday
- **Table Tennis**; Friday
- **Toddlers Group**; Friday

In addition, the walking group, Northlew Amateur Dramatics Society (NADS) and the Parish Council to name but a few also use the Victory Hall.

Come along and join in.

Simon Dancer
Chair, Victory Hall Committee

Short mat bowls



The fastest expanding indoor sport in the UK, we now have short mat

bowls in the Victory Hall every Thursday afternoon between 2pm and 4pm.

We would like to increase our membership, so why not come along and meet our small band of players and take a look at the game.

There is a small yearly membership fee and just £3 per session to play. You are invited to play 3 sessions at £3 before making your decision on membership.

For more information please call Mike on 220320 or Norman on 221518.

Booking a charitable event at the Victory Hall

Any event must meet all 5 criteria to be granted the booking price of £10.

Criteria to qualify:

1. Any event for which all the profit will go to the named registered charity.
2. Registered charity name & number required when booking and must be on all advertising for the event.
3. The organiser is a parishioner.
4. It must be a public event open to all. This offer is not for private functions.
5. The £10 covers the hall and use of the kitchen for drinks only. If food preparation and serving is

required, then an additional £15 is essential to cover our extra costs.
www.northlewvictoryhall.co.uk

Northlew Walking Group

As the 'mini' beast from the east was in full swing, walkers this month were very few. Actually there was only Sue Sanders and me. Even my wife Angela made the excuse that she was busy baking my birthday cake. What could I say??



So off we went, through the churchyard, and down the path to bring us out onto Harpers Hill. Obviously, nobody had told the snowdrops that it was still winter, as they were in full bloom, looking lovely mixed in with the actual snow. From here we headed over the river Lew and then turned right onto Shorts Lane. This eventually brought us out onto the lane

heading up to Durdon Cross, Waterhouse Hill. After a short way, we reached Broomhill on the left, and a footpath opposite heading into a field.

We proceeded into the field, reaching a small copse at the far side. Walking through this field, we could imagine being in the arctic, as it was covered to a depth of about 3 inch with a pristine coating of snow. Crossing the footbridge and stile, we continued into the next field, heading diagonally to a stile at the far side. Crossing the next field we encountered a number of animal tracks, which we speculated could have been rabbits and or deer. If it hadn't had been for the snow, we would have never have known they were there.

After crossing another field. We came out onto a lane just above Higher Gorhuish, and immediately came upon a flock of sheep, which had obviously escape from one of the fields. As we started to walk towards the main road near Durdon Cross, the sheep proceeded to walk along in front of us. As soon as we attempted to overtake them, they ran off ahead. Then one group of about 20 got distracted by a farm building, and we managed to get ahead of them,

but the others just kept getting nearer the main road. Now the 'splinter' group realised they had been left behind, so they started following us down the lane. So now we had sheep in front of us, and sheep behind us, all heading to the main road.

After knocking on several farm house doors, nobody wanted to claim ownership of the sheep, so we just carried on walking. Eventually a farmer came along on his tractor, to try to encourage them into a field. The sheep had other ideas, and all but one of them slid under a gate into an adjacent field. The remaining single sheep sped off towards the main road in front of the tractor. We have no idea whether this was the correct field, and what ever happened to that single sheep. I hope their owner managed to round them all up.

After an eventful half hour we continued with our walk up to Durdon Cross, and then walked back to the bottom of Harpers Hill, and Wistful Cottage. We decided that we wouldn't trudge back up the hill to the Green Dragon but went to eat birthday cake and drink tea instead.

Next Walk: No 31

Our next walk will be our last to start at 1 pm and hopefully there will be signs of spring to enjoy.

For information please call Chris Baines on 01409 221362

Please come and join us. All welcome.



Joyous is run by Amy Rogers.

I offer reflexology, reiki and massage – which all come under the umbrella of holistic medicine. Holistic medicine means treating the person as a whole – mind, body, emotions and spirit. It involves listening to our body's signals and working with its natural healing force, enabling us to return to (or just remain in) a state of good health and well-being.

I've been practicing reflexology, reiki and a variety of massage techniques for the past 17 years. I

am a great believer in the idea of 'holistic happiness'.

I have three children and also run Feel Good Friends, which has created a small range of fun, educational products to teach children about emotional awareness and help them feel good about themselves and their world.

I run a campsite here at Higher Melbury called Hideaway Camping. We offer camping and a mix of alternative glamping experiences. The campsite is nestled within 24 acres of beautiful fields and woodland, with hammocks, picnic areas and streams which you are welcome to enjoy before or after your treatment.

For more information please call Amy on 01837 871777 or 07952 318382

Yoga Classes



Yoga classes are back.

They are held on Wednesday at 7 pm - 8.30

pm in The Methodist Hall

Further information contact Angela on 01409 221110 / 07809427991

Nature Watch: a year in the life of a pond

As I went down the garden the other day, after all the snow and ice had thankfully melted away, I was amazed to see a lovely clump of frogspawn.



As this will be the third spring since I built the pond, I had given up hope of attracting frogs. It will be interesting to see how the spawn gets on if we get more sub-zero temperatures over the coming weeks. Providing all the spawn doesn't freeze, I am hoping that some will survive to hatch out. If we do get more ice, and you see your frogspawn embryo's turning grey or white, then this will probably mean that they are dead. Don't try to fish this out, as it will be used as a food source for surviving tadpoles, and other creatures. I know we have newts in the pond, and they are partial to tadpoles, so

their chances of reaching maturity seem a bit slim. Watch this space. Despite the wintery weather recently, I can already see signs of the plants starting to grow in the pond. Now that all the autumn leaves have disappeared, I have removed the protective netting. Luckily, I did this before I had a visit from the frogs. I cannot see any sign of frogs, so don't know whether they are hiding in the vegetation, or whether a female just hopped in, laid her eggs and hopped out again. Apparently, they can breathe through their skin, so may hibernate at the bottom of your pond.

Depending on the forthcoming weather conditions, I should start to see tadpoles in about 3 weeks, so hopefully I will have some good news to report next month.

Chris Baines

Badminton Club



We play every week on Monday and Wednesday in the Victory Hall.

All abilities welcome. Please contact Chris Baines on 01409 221362 for more information.

Theatre Highlights



Theatre Royal @ Plymouth

Box Office 01752
267222

STOP PRESS

Les Miserables in Plymouth

Get your tissues ready for the
greatest musical ever!

11th June – 6th July

6th March – 9th March

Birmingham Royal Ballet - Beauty &
the Beast

11th March – 16th March

Club Tropicana

18th March – 23rd March

Tom Stoppard's Rough Crossing

3rd April – 6th April

Welsh National Opera

9th April – 13th April

The Worst Witch - 7 yrs and up

22nd April – 27th April

Hair - the musical

More on the website

www.theatreroyal.com

Northcott @ Exeter

Box Office 01392 726363

19th March – 23rd March

The Bank Robbery Goes Wrong

11th April – 13th April

Room on the Broom for 3 years up

6th May – 11th May

The Mousetrap – touring

More details from Martin Perry
01409 221376 and possible free
lifts!



**Advance notice -date for
the diary**

Dangerous Corner

by J B Priestley

Directed by Alan Payne

Lewdown Victory Hall Thursday

11th April – 13th April

Tickets available shortly from:

01837 871625

Play Group for Grown ups

*We don't stop playing because we
grow old, we grow old because we
stop playing!*

Rediscover the fun in cards, games,
jigsaws and having a good old chat!

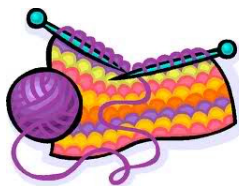
If there is something you

particularly enjoy playing, bring it with you!

We meet on the first Tuesday and third Thursday of each month.
2:00 pm – 4:00 pm in the Methodist Chapel Room.

For more information or to arrange transport please call Chris Scadeng on 01409 221797

Knit and Knatter



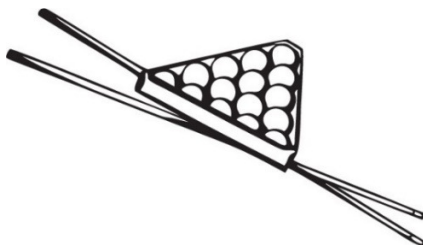
The Knit and Knatter group are knitting and crocheting for good causes and

everyone is welcome to join us! We meet in the Methodist Church every 2nd and 4th Wednesday of the month from 2:30 pm - 4:00 pm.

If you have any spare wool that you can donate to support the Knit and Knatter fundraising activities, please let me know and I will arrange to collect it. Your help is very much appreciated.

For more information or to donate wool please call Eunice Peck on 01409 221187

Northlew and Ashbury Snooker Club



Following the AGM on Wednesday 4th February 2019 the following changes were made to the committee:

Chairman: John Bowman (newly elected)

Secretary: David Bagshall (newly elected)

Treasurer: Michael Cole (re-elected)

Come and join us!

We currently have vacancies for membership and we would be pleased to see new faces over the newly refurbished tables. One team plays in the Bude league each winter. New members are very welcome. There is a small membership fee to join.

For more information about the club please call 01409 221919 or Simon on 01409 221881

The Old Wheelwright's Private Dining in Northlew

Relaxed private dining with a very personal touch. For that special dinner why not let me welcome you with a glass of wine, then serve a three-course dinner (previously ordered) with a bottle of wine to complement it.

A log fire (for more wintery nights), soft music and discreet service, the evening is yours. Relax after dinner with coffee knowing you can walk home at your leisure.



Private Dining available on Thursdays, Fridays and Saturdays. Prebooking only.

Please contact Tania on 01409 220053 or email at haycocks3@aol.com for a sample menu and bookings.

Don't forget about your chimney!



Please check when you last had your chimney swept; it may be longer ago than you think.

HOF Gallery and Cottage



The HOF Gallery is a small space devoted to all things arts & crafty. The gallery also has a selection of fine ceramics, paintings, prints, locally crafted sculpted & hanging feltwork. A 'rustic' framing service is also available.

The studio opens most weekends 10am - 6pm and bank holidays

The Exeter Singers, conducted by Tony Yates, will be singing a glorious mix of sacred, folk and “Kings Singers type” songs together with swing songs from the shows with a touch of poetry and promise a little audience participation! Many of the choir members are also members of the Exeter Philharmonic Choir.

for the very high quality of their performances

The tickets cost £8.50 for adults, to include a glass of wine and refreshments and £5 for under 16s. They are available from Riverside Stores and P/O, Bridestowe, Lydford Farm Shop and The Toy Shop, Red Lion Yard, Okehampton or on the door.

Thank you!

Thank you to everyone who supported my latest fundraiser for my trip to Zambia.



I sold over £150 worth of tickets and am well on the way to paying the final instalment.

The lucky winner of a Valentine's meal for 2 (including a £20 meat voucher from Martin's butcher) was Eunice Peck, with number 26. I hope you had an amazing day.

Kaitlyn x

Camera Club

Unfortunately, due to a fall in the membership the camera club has been disbanded. The projector owned by the club has been kindly donated to the primary school

Member of Parliament for Northlew

Mel Stride MP
House of Commons
London
SW1A 0AA
Tel: 020 7219 7037

Parish Council

Parish Council meetings

Parish council meetings are usually held at 7:30 pm on the 3rd Monday of each month in the main hall of the Victory Hall.

At 7:30 pm prior to the start of the formal meeting, there will be a public session (if required) which, at the chair's discretion may last up to 15 minutes, to enable members of the public to ask questions of and make comment to the council. We request that notice of intent to ask questions/make comment be made to the clerk by the Friday prior to the date of the meeting.

Questions not answered at this meeting will be answered in writing to the person asking the question or may appear as an agenda item for the next appropriate parish council or committee meeting. Members of the public are asked to restrict their comments and/or questions to three minutes. This section is not part of the formal meeting of the council.

Any member of the parish can attend the formal part of the meeting but may not contribute to it unless specifically invited by the chair.

All parish councillors and the clerk have parish council email addresses found on page 24. Please use these email addresses, not their private email addresses, for all matters relating to the parish council or parish. Thank you

Minutes

The minutes of last month's council meeting can be seen on the parish notice board.

Please contact the parish clerk Janet Millership on 01409 221409 for further information or by email clerk@northlewparrishcouncil.org.uk

Parish Council Election

Parish Council elections happen every four years and this year is an election year. This means that all current councillors will have to stand again if they wish to stay on the Parish Council. The election is, of course, open to any members of the Parish who meet the qualification criteria. All candidates, whether past parish councillors or new candidates will have equal standing. If the election is contested i.e. there are more than nine candidates for the nine parish councillor vacancies then those parishioners who are eligible to vote will decide which candidates are elected to the Parish Council via the ballot box at the local elections on Thursday 2nd May.

Each candidate must complete the nomination forms and be proposed and seconded by two supporters who are electors in the Parish.

The deadline for receipt of nominations by is 4:00 pm on Wednesday 3rd April 2019.

Nomination papers must be hand delivered to the office of the Returning Officer, West Devon Borough Council Offices, Kilworthy Park, Tavistock between

the hours of 10:00 am and 4:00pm on week days.

Parish Clerk Vacancy

We are seeking a new clerk to the Parish Council. The position of clerk to the Parish Council is a part time post reporting to the Parish Council. The clerk to the council is the Proper Officer of the council and as such is under statutory duty to carry out all functions, and in particular to serve or issue all notifications required by law of a local authorities Proper Officer. The clerk for Northlew Parish Council also has the role of the Responsible Financial Officer (RFO). The overall role of the clerk is to ensure that the council, as a whole, conducts its business properly and to provide independent, objective and professional advice and support.

The salary provided will be commensurate with experience and ongoing training will be provided. If you would like to have a chat about the evolving role of the clerk please call Joanna Wilson, chair of the parish council on 01409 220254 or email at chair@northlewparishcouncil.org.uk

Parish Council Emails

Councillors & clerk	
Joanna Wilson Chair	chair@northlewparishcouncil.org.uk
Celia Rundle Vice Chair	crundle@northlewparishcouncil.org.uk
Jane Colbourne	jcolbourne@northlewparishcouncil.org.uk
Bryan Dufty	bdufty@northlewparishcouncil.org.uk
Simon Dufty	sdufty@northlewparishcouncil.org.uk
Terry Hatt	thatt@northlewparishcouncil.org.uk
Kate Hawkins	khawkins@northlewparishcouncil.org.uk
Mark Rundle	mrundle@northlewparishcouncil.org.uk
Vacancy	To be filled at the election in May 2019
Janet Millership Clerk	clerk@northlewparishcouncil.org.uk

Friends of Okehampton Community Hospital Press Release 28th January 2019

More Good News for Oke Hospital; Rheumatology Clinic

The Friends of Okehampton Hospital welcomed the news this week from the acute hospital in Exeter that a new Rheumatology Clinic was to open at the Okehampton site three times a month.

Speaking to the Times, the Friends Chairman, Martin Perry, said, “This is a wonderful step forward for many patients suffering this debilitating condition. It will cover both new and follow up patients and in many cases it will save a tedious and expensive 60/70 mile round trip to the RD&E.

“Not only will it make it easier for patients in the Okehampton catchment area but it will have a knock on effect at the RD&E where waiting times will be reduced. There will, of course, still be some of our patients that will have to go to Exeter for more specialised treatment but for many this will come as a huge relief. Rheumatology Clinics will add to the 40 plus clinics already being held at the Okehampton site and the Friends will stand ready to fund any equipment required to make patients as comfortable as possible.

We are able to provide such help thanks to the various fund raising activities we undertake during the year but we are heavily dependent on our regular members for their annual subscriptions. We would ask all readers to consider supporting their hospital with a donation of £10 a year.”

Details from Ann Lane on Okehampton 659671 or from Martin Perry 01409 221376

Okehampton & District Community Transport Group



Okehampton & District Community Transport Group have been serving the community for 28 years. We cover 274 square miles of rural Devon. We provide accessible, door to door

transport for the frail, elderly, disabled and rurally isolated to access both healthcare and social appointments. We have a Ring and Ride bus service which takes passengers into Okehampton for shopping or to meet friends. We run a Volunteer Car Service for healthcare transport, we have two wheelchair accessible vehicles and also a 15 seat community minibus which we use for lifestyle trips during the week and weekends and is also available to groups and societies. All our fares are subsidised.

If you would like any further information, please ring Sue or Liz on 01837 55000 or 07484 525577

Sue Wonnacott, Co-Ordinator
Okehampton District Community Transport Group
Unit 3, Okehampton Business Centre
Higher Stockley Mead
Okehampton
Devon
EX20 1FJ

www.odctg.co.uk
<https://www.facebook.com/pages/Okehampton-District-Community-Transport-Group/165867586926940>

Advertising in the Northlew News

If you would like to advertise in the Northlew News please contact Joanna Wilson.

Business advertising rates:

- £2.50 per advert (business card size) per month or £25 per annum
- £5 for half page
- £10 full page

Please note there may be a one off charge of £15 if your advert needs to be reset by the printers. All cheques to be made payable to The Northlew Parish Council.

Items for sale advertising rates:

- £5 per advert for half page with picture
- £1 per advert (text only) per month



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Community Contacts

Okehampton Medical Centre	01837 52233
Blakehouse Surgery, Black Torrington	01409 231628
Okeford Vets	01837 52148
North Park Veterinary Group	01837 658777
mydentist, Okehampton	01837 52745
Okehampton Cinema	01837 658586
Inkprint, Okehampton	01837 52937

2019 Events at a Glance

March	<ul style="list-style-type: none"> • Thursday 21st March: 7:30 pm Produce and Craft Show committee meeting
April	<ul style="list-style-type: none"> • Sunday 7th April: Annual Sunday Lunch, Victory Hall • Tuesday 23rd April (St George's Day): Dragon pie supper at the Old Wheelwrights
May	<ul style="list-style-type: none"> • Wednesday 1st May: Annual General Meeting of Friends of St Thomas' (FOST) • Sunday 6th May: Rogation Service (venue tbc) • Saturday 25th May: Ploughman's lunch in the Church Room
June	<ul style="list-style-type: none"> • Sunday 9th June: Anniversary Service 2 pm • Monday 10th June: Concert in the Victory Hall • Friday 21st June: Midsummer safari supper, various venues • Ashbury BBQ and service: date to be confirmed
July	<ul style="list-style-type: none"> • Saturday 6th July: Patronal Festival (Victory Hall if wet) • Saturday 13th July: Lunch and games 12:30 pm • Saturday 20th July: Summer concert 'Blues in the Pews' in the Parish Church
August	<ul style="list-style-type: none"> • Saturday 17th August: Treasure hunt and tea outside the Church Room • Saturday August 31st: Ploughman's lunch in the Church Room
September	<ul style="list-style-type: none"> • Saturday 7th September: Northlew and Ashbury Produce and Craft Show
October	<ul style="list-style-type: none"> • Sunday 6th October: Harvest Festival • Monday 7th October: Harvest Supper, Victory Hall • Sunday 13th October: Harvest Festival 2:30 pm • Monday 14th October: Harvest Festival 7:30 pm • Ashbury Festival of Light: date to be confirmed
November	<ul style="list-style-type: none"> • Friday 1st November: Northlew Carnival • Friday 15th November: Concert in the Victory Hall • Saturday 23rd November: Bring and Buy Christmas Fair in the Victory Hall
December	<ul style="list-style-type: none"> • Saturday 1st December: Christingle Service • Saturday 7th December: Christmas Concert • Sunday 15th December: Carol Service 6:30 pm • Sunday 22nd December: Carol Concert • Christmas Day Service: 9:30 am



Spring Term 2019

Monday 25th February: All pupils return

Friday 5th April: Last day of term

Easter Holiday:

Monday 8th April - 22nd April (inc)

Summer Term 2019

Tuesday 23rd April: All pupils return

Monday 6th May: May Day Bank Holiday

Half Term: Monday 27th May to Friday 31st May (inc)

Monday 3rd June: All pupils return

Friday 19th July: Last day of term

Monday 22nd July to Thursday 25th July (inc): Non-pupil days

Term dates 2019 – 2020

Autumn Term 2019

Monday 2nd September Non-Pupil Day Tuesday 3rd September Non-Pupil Day Wednesday 4th September All Pupils Return

Half Term: Monday 21st October to Friday 25th October 2019 inclusive

Monday 28th October All pupils return

Friday 20th December Last Day of Term

Christmas Break: Monday 23rd December 2019 to Friday 3rd January 2020 Inclusive

Events at Okehampton Library

Wednesday 6th March 10:00-11:00— ‘Tiger Who Came to Tea’ party

Celebrate the 50th Anniversary of Judith Kerr’s story with us. Story, followed by activities and tea party. Suitable for children under 5 and their carers . Free, donations welcome

Chance to win a copy of ‘The Tiger Who Came to Tea’

Thursday 7th March 10:00-15:00 —World Book Day - ‘Meet the Authors’

Several authors will be here to chat about their work and how they got published. Copies of their titles will be available to purchase and to be signed by the authors. Further details available from staff

Free event. Refreshments will be available, donations welcome

Thursday 7th March 15:45-16:30—World Book Day - Stories and Games

Celebrate stories. Love Reading.

Join us for some World Book Day stories and games.

Suitable for children age 5+. Free, donations welcome

Saturday 9th March 10:00-12:30—Family Lantern Workshop with Wren Music

Entry by donation, children over 8 and families welcome

Wednesday 20th & 27th March 10:00-12:30 - Basic Computer Training

Are you confused by computers? Sign up to our free IT sessions for beginners! The sessions will be delivered by Elite Training South West. This course runs over 2 sessions – booking essential

Friday 29th March 09:45-10:45 – Mother's Day Story & Craft

Story and craft for under 5's and their carers, to celebrate Mother's Day. 50p per child - no booking necessary. You are welcome to arrive early and have a cuppa, only 50p per cup

Regular activities

Adults

13:30-14:30 Every Tuesday – Knit & Natter

Bring along your knitting, stitching, crochet or other portable project, for a chat with like-minded crafters. Tea and coffee available at 50p a cup.

Children

Tuesdays 10:00 - 10:30 – Bounce and Rhyme for over 1 year olds

Free, no booking necessary

Tuesdays 11:00 - 11:30 - Bounce and Rhyme for under 1 year olds

1st Tuesday of the month - Book Club for ages 7 – 11

(except Aug/Sept) 15:45 – 16:45. Free, no booking necessary

Wednesdays 09:30 – 10:15 - Duplo Builders and Storytime

For ages 0-5. Free, no booking necessary

1st Tuesday of the month - Book Club for ages 7 – 11 (except Aug/Sept)

15:45 – 16:45 Free, no booking necessary

For ages 12+ Ask staff for further details

Saturdays 10:30 – 11:30 Lego Builders

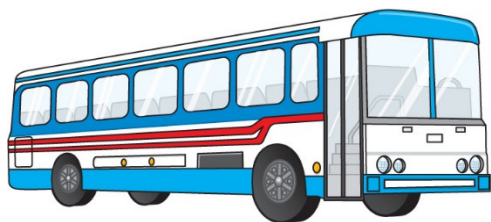
For ages 5+ Free, no booking necessary

Book Track

For ages 6+ during library opening hours. Free, ask staff for further details
Children under 8 must be accompanied to all events by a responsible adult. See our website or call us

okehampton.library@librariesunlimited.org.uk

Bus Routes from Northlew



Every Monday, Thursday and Saturday there is a morning service to Okehampton. The bus will be parked for 2-3 hours outside Waitrose where you can leave

your shopping whilst you visit Okehampton. There is also a service to Bideford which is convenient for Morrisons.



Also, by arrangement, services to Crediton (Tuesdays) Newton Abbot (Wednesdays) and Exeter (Fridays) and in school holidays Barnstaple (Tuesdays) Holsworthy (Wednesdays) Tavistock (Fridays) are available from Northlew.

These services mainly use scenic routes ideal for showing off the area to friends that may be visiting. Bus passes are accepted at all times and if you are not lucky enough to have one then the fares are low. Let the bus take the strain out of driving and no parking charges to pay or spaces to find! Most importantly, if you live on the route then the bus stop is your front door.

Northlew is fortunate to have so many public transport routes so why not leave the car at home, reduce pollution, keep up with local gossip and use the bus!

Carmel Coaches Excursions for 2019

Date and venue	Cost
12th April – 15th April: Lakeside Village Hayling Island	£275
19th April: Otter nurseries and Sidmouth	£15
22nd April: Padstow and Port Isaac	£15
6th May: Sanders Garden World and Weston-s-Mare	£16
27th May: St Ives	£18
16th June: Swanage by steam train	£26
19th June: Les Misérables	£75
25th August: Brixham	£14
21st – 25th October: Gunton Hall Coastal Village near Lowerstoft	£325
2nd November: Bridgwater Carnival	£14
18th – 22nd November: Turkey and Tinsel at Bembridge, Isle of Wight	£350
23rd November: Cardiff Christmas shopping	£20
30th November: Cribbs Causeway or Cabot Circus, Bristol	£17

**For more information or to book your seat
please call Libby 01409 221237**