

# NORTHLEW NEWS

**September 2019**

[.Northlewnews@gmail.com](mailto:Northlewnews@gmail.com)



**Pegasus** is a mythical winged divine horse, and one of the most recognized creatures in Greek mythology. Usually depicted as pure white, Pegasus is the offspring of the Olympian god Poseidon. He was foaled by the Gorgon Medusa upon her death, when the hero Perseus decapitated her. Pegasus is the brother of Chrysaor and the uncle of Geryon.

Source: <https://en.wikipedia.org/wiki/Pegasus>

See page 10

## Your Parish Councillors

<b>Chair:</b> Joanna Wilson: 01409 220254	<b>Vice Chair:</b> Celia Rundle: 07432 512499
Mark Rundle: 01837 53314	Bryan Dufty: 01837 871256
Kate Hawkins: 07775 621756	Terry Hatt: 07811 383397
Holly Dancer: 01409 221881	Steve Smith: 01409 221677
Steve Shelton: 07920 884888	Clerk: Sue Main: 07956 312047
Cllr James McInnes: 01837 861364	Cllr Patrick Kimber 01837 810057

## **Note from the Editor**

The Parish Council website can be found at

<http://www.northlewparishcouncil.org.uk/>.

If you have trouble accessing the website then please try by copying and pasting the link into your search engine. The website is currently in a relatively basic format. The minutes of the parish council meetings, back copies of the Northlew News, as well as other information can be found on the website and we have plans to develop it further. Your feedback on any other information you would find helpful would be appreciated.

Thank you to everyone who contributes to the Northlew News whether on an ad hoc or regular basis. The deadline for copy for October's edition is 20<sup>th</sup> September. If you would like to receive an electronic copy of the Northlew News then please email at [northlewnews@gmail.com](mailto:northlewnews@gmail.com).

Best wishes



## **St Thomas of Canterbury Parish Church**

### **Services**

#### **1<sup>st</sup> September**

9:30 am Holy Communion

#### **8<sup>th</sup> September**

9:30 am Morning prayer

#### **15<sup>th</sup> September**

9:30 am Holy Communion

#### **22<sup>nd</sup> September**

9:30 am Family service

#### **29<sup>th</sup> September**

11:00 am Group Service at Meeth

### **Harvest Festival**

There will be a service of thanksgiving for the harvest on 6<sup>th</sup> October (see posters). And the harvest supper will be in the Victory Hall on 7<sup>th</sup> October. The booking list is in the Church Room. More details to follow in next month's edition.

### **Dick Tanner**

We were saddened to learn of the death, in hospital, of Richard Tanner M.B.E. He was a clever, witty man always ready to have a discussion on almost anything. He was quite ready, and able, to

challenge authority when needed, too! Dick was very involved in the development of air to air refueling and was awarded his M.B.E. for his work during the Falklands war. Dick will be missed around the village, especially on post office mornings when he enjoyed a chat. May he rest in peace (although it's difficult imagine him being idle for long – he's probably researching the flightpaths of angels or some such thing!). His funeral took place at St Mary's Church, Tarrant Rushton, Blandford Forum, Dorset on 14<sup>th</sup> August.

### ***Collecting for Okehampton Food Bank***

A box for donations to the Okehampton food bank is now at the back of the church. There is a comprehensive list of non-perishable goods that are needed such as:

- Tinned food: tomatoes, beans, tuna etc.
- Packet foods: rice, pasta, couscous, cereals, porridge oats, tea and coffee.
- Cleaning products and toiletries.

We hope that you are able to support this project.

Thank you.

## ***Northlew Methodist Church Services***

### ***1<sup>st</sup> September***

9:30 am Rev Maggie Whitehouse

### ***8<sup>th</sup> September***

9:30 am Mr John Hawkins

### ***15<sup>th</sup> September***

9:30 am Rev Jerry Cook

### ***22<sup>nd</sup> September***

9:30 am United Family service at the Parish Church

### ***29<sup>th</sup> September***

9:30 am Service at Boasley

### ***50/50 Shop and coffee morning***

Saturday 28<sup>th</sup> September

10 am – 12 noon. Cake and savoury stall, coffee morning and 50/50 shop.

All welcome

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## ***Women's Guild and Fellowship***

### ***Wednesday 4<sup>th</sup> September***

2:30 pm

Women's meeting in the Methodist Hall. The speaker is Mrs Angela Banfield.

## **Northlew Stores C I C.**

**A summer of  local continued..**

### **Meal deal**

Every Friday is “meal deal” Friday, a bargain for £3.50 (includes; sandwich, drink, crisps, cake & fruit), ideal if you are going out for the day, or pick up for your lunch on the way to work we are open from 7.30 on Fridays.

### **Fresh fruit, vegetables and flowers**

Fridays is also fresh fruit, veg and flower day, so pop along and see what’s available, get something for the weekend.

### **Ice creams**

A reminder that we are selling ice creams in a cone, £1.00, or individual carton £1.25. The cartons are environmentally friendly and compostable and so are the spoons – zero plastic, a perfect accompaniment to an afternoon walk round the village!

### **Advertising events in the parish**

If you are an organisation which is holding a local event and would like a flyer to go in the Okehampton Times, please speak to Paula as we are happy to pop a leaflet in each paper – free! It must be an event

which is being held in the parish of Northlew & Ashbury.

### **Pop up events**

We will be having a series of “pop-up” outside the shop events (always weather permitting!) Follow our facebook page and lookout for flyers in the shop and on the notice boards for more details.

A free opportunity for local crafts/charities/organisations – if you would like to have a “pop-up” event outside the shop we will be happy to accommodate you. This is only available for those who live in the parish of Northlew & Ashbury, giving you a chance to show off your skills, highlight your organisation and/or promote yourself. Sorry no knife throwers, sharp shooters or fire eaters!

### **Food bank collection point**

We now have a collection point for the local foodbank, so if you have any items you would like to donate please pop them in the box under the reserved papers. There is a list of items needed on the notice board outside the Church rooms.

### **Newspapers and magazines**

If you would like to order newspapers or magazines please do so, we get commission on sold

items and every little helps! Thank you to all our customers for your continued support.

### **Opening hours**

A reminder we are now open all day Monday – Friday 8:00 am – 5:00 pm. Full opening times below. Please be aware that on rare occasions we may not be able to fully cover the hours and may have to close early – we will give notice where possible.

**Monday:** 8:00 am – 5:00 pm

**Tuesday:** 8:00 am – 5:00 pm

**Wednesday:** 8:00 am – 5:00 pm

**Thursday:** 8:00 am – 5:00 pm

**Friday:** 7:30 am – 5:00 pm

**Saturday:** 9:00 am- Noon

**Sunday:** 9:00 am - Noon

**Bank Holidays:** 9:00 am - Noon

**Christmas:** Closed

**Boxing Day:** Closed

**New Year's Day:** Closed

For more information or to join the volunteers please contact:

Paula 07805 427006  
or Dan: 01409 221228

Email: [Northlewshop@gmail.com](mailto:Northlewshop@gmail.com),  
Facebook: @northlewshop

## **Northlew Village Square Telephone Box**



The telephone box has been cleaned and this has led to the realization, not surprisingly, that there is a need for more

preparation pre-painting than originally expected.

Thanks to the four parishioners who have offered their assistance with this project. The plan is to use an electric sander on the large areas of the telephone box but the smaller areas will need to be completed by hand. Investigations into similar renovations to see how best to proceed are ongoing. We have been kindly offered a source of electricity from a nearby property, for which we are most grateful. Weather and availability have led to some postponements in activity but work is ongoing. If you would like to help or if you have any materials that can be used throughout the renovation, then please contact any member of the parish council.

Thank you

## Northlew Silver Band Carnival



This year the carnival will be on **Friday 1<sup>st</sup> November** - please make a note in your diaries!

A special plea this year!  
Could parents start thinking of costumes that their children might wear for the Fancy Dress Parade. There are classes for all ages but we know it takes some forethought to dream up suitable outfits. So please start thinking now! Oh, and by the way - there is an Adults Class too. It would be good to have a few more adults instead of the usual two!

Martin Perry, Chairman

## Daisy Chain Group



The dates for the meetings are as follows:

Tuesday 10<sup>th</sup> September 7 pm  
Tuesday 8<sup>th</sup> October 7 pm  
Tuesday 12<sup>th</sup> November 7 pm  
Tuesday 10<sup>th</sup> December 7 pm

Sessions are £2 towards our kitty and held in the Church Room. We are a friendly group, welcome to all.

For more information about each meeting please call Gina Farrow  
01409 221238

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## Northlew Post Office



® The post office is open from 9:30 am to 12 noon in

the Church Room on Monday and Friday mornings.

## ***Gardening tips for the month***



### ***Summer weather!***

Well, the first 3 weeks of August was a bit of a washout. As usual though, the weather forecasters are predicting a heatwave to start just as the schools go back.....situation normal then for the West Country.

### ***Blight loves humid weather***

In this damp humid weather, keep an eye out for potato and tomato blight - entire crops can be lost if you aren't vigilant. If you spot the tell tale browning and sudden collapse of the foliage (and long blackish stains on the stems of tomatoes), strip off any affected foliage and you may be able to avert a disaster. The best way to avoid the problem is to plant blight resistant varieties of potatoes, such as the Sarpo series and don't grow potatoes and outdoor tomatoes near each other.

Remember to pinch out the

growing tips of tomato plants now, to concentrate their energies into ripening their fruit.

If you have maincrop potatoes, let them dry out for a day before bagging, to prevent damp problems in storage.

### ***Pumpkins and squashes***

Pumpkins and squashes should still be on their vines and ripening nicely (hopefully). Prop each fruit up on a flat piece of wood to stop them rotting on the earth in wet weather.

### ***Pruning***

There's a fair bit of pruning that can be done from now on. Climbing roses can be tackled once they've finished flowering. Cut back sideshoots to a couple of leaf buds from the main stem. Any late flowering shrubs such as Philadelphus and helianthemum can be pruned now too - trimming off this year's flowering stems to new young wood and in the case of Philadelphus, taking out approx 25% of old stems right down to the base.

### ***Sweet peas***

Sweet peas can be sown in pots towards the end of the month and overwintered in a cold frame. Make sure that you pinch them back

once they are around 6" tall, to create strong bushy growth.

**Moving shrubs**

Both deciduous and evergreen shrubs can be moved now and large clumps of herbaceous perennials can be lifted and divided to create new plants. The soil is still warm enough at this time of year to encourage strong root growth before winter.

**Bringing plants inside**

We don't tend to get early frosts in Devon, but tender perennial plants such as pelargoniums will appreciate being brought inside before cold winds and wet weather set them back.

**Planting for spring**

September is the perfect time to plant spring bulbs such as daffodils, hyacinths and crocus. When buying them, it's worth thinking about the scent they can provide as well as the flowers.

Varieties of narcissus that fulfil this include Cheerfulness (creamy white), Hawera (yellow, good for naturalising), Silver Chimes (white) and Geranium (white and orange). There are also the Tazetta types, grown indoors, such as Paper White, Soleil d'or and Golden Dawn. These won't survive

outdoors reliably, but there are Tazetta types such as Martinette that will do well in a sheltered well drained spot.

To extend the season, try Narcissus poeticus var.recurvus (the petals curve backwards). This is one of the last narcissus to flower and one of the best for fragrance.

Crocus aren't usually associated with scent, but Blue Pearl and Cream Beauty smell lovely on a warm early Spring day. They will do well in shallow terracotta pots with the compost surface covered with horticultural grit. Then they can be placed near a doorway or window where the scent can be easily appreciated.

**Protection from squirrels**

If you have a squirrel problem, cover each pot with small gauge chicken wire cap cut to shape.

Happy gardening

Harriet

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## **Northlew Silver Band** **Devon's only Village Silver** **Band over 100 years old**



### ***Join us for band practice!***

Beginners, every Wednesday in the band hut at 6:15 pm. Full Band, every 2<sup>nd</sup> Wednesday at 7:30 pm - 9:00 pm

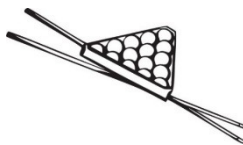
Anyone wanting to try to play an instrument please get in touch  
Training band numbers are up again. We've had 13 at the practice for the last few weeks which is amazing and means with helpers we've out grown the band room and have popped over to Hatherleigh to the new band room there behind the new doctors surgery.

All welcome, for more information please contact:

Tim Williams 01409 221754  
or  
Martin Perry 01409 221376

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## **Northlew and Ashbury** **Snooker Club**



Come and join us!

We currently have vacancies

for membership and we would be pleased to see new faces over the newly refurbished tables. One team plays in the Bude league each winter. New members are very welcome. There is a small membership fee to join. For more information about the club please call 01409 221919 or Simon on 01409 221881

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### ***Kaitlyn's Fundraising for*** ***Zambia***

I would like to thank you all for supporting my fundraising efforts to get me to Zambia. I had the most amazing time and you can't believe the things I have seen over there. I would like to share my experiences and photos with you all.

***Saturday 21<sup>st</sup> September***  
***Tea and Talk*** 2:00 pm in the Victory Hall.

Please see poster for details (page 26). All profits will go directly to the project. I hope to see you all there. Kaitlyn x

## ***The Pegasus Trail***

The Pegasus Trail is a newly created walking, cycling and horse-riding trail which takes advantage mostly of quiet lanes and public bridleways, and will eventually link the Granite Way with the Ruby Way.



The waymarked trail takes you from Dartmoor National Park

at Meldon through West Devon and into Ruby Country, along a dismantled railway track and into Cookworthy Forest.

This latest section of the Pegasus Trail in West Devon has now opened.

Devon County Council has completed the second phase of the walking, cycling and horse-riding trail.

The new two-mile section, which opened on the 11<sup>th</sup> May, runs from Venndown Gates to Broadbury Castle Farm (near Castle Cross off the A3079).

Horse riders from South West Riders (SWR), a local group

affiliated to the British Horse Society, were among the first to enjoy the new section of the trail.

Instead of cutting a ribbon, Chris Ingram, President of SWR, opened a linked dog lead and horse lead, symbolising some of the many users who will benefit from the trail. Chris has worked with Devon County Council since the original plans were discussed nearly 20 years ago. She gave an emotional speech recalling some of the difficulties encountered, but thanked the landowners, contractors and County Council staff for all they had done.

Gretta Madigan, Chair of SWR, said:

“We would like to thank Devon County Council for creating the trail, and also for their multi-use policy, which enables everyone to use it. Respect for fellow users and mutual courtesy is our motto. Indeed, one of the beauties of an off-road trail is the opportunity to stop and chat. As we walked along the trail we met a walker who said ‘I am so happy’ – what a wonderful accolade. Well done to all who have helped to make it happen.”

The new section of the trail uses a dismantled former railway track bed to provide an off-road

connection between Bowerland Forest and Broadbury Castle Farm. It also links to the on-road section of the Pegasus Trail from Meldon.

Councillor Stuart Hughes, Devon County Council Cabinet Member for Highway Management, said: “This latest section of the route is a great addition to the Pegasus Trail. The established sections of the trail are extremely popular and I’m sure this new stretch will be warmly welcomed by all of the local people and groups, such as the South West Riders, who have waited patiently for this phase to be completed. We would like to thank the landowners for their co-operation and willingness to support the creation of the route across their land. Their support is key to making this project a reality.”

Councillor James McInnes, Devon County Councillor for Hatherleigh and Chagford, said: “It’s taken time, but I’m pleased this next section is now open. Getting horses and riders off the main road is important. It is also important to work with landowners to make sure the best solution can be found for the completion of the route.”

Work is ongoing on the remaining stretches of the route to connect

the missing link between Broadbury Castle Farm and Beamsworthy.

When complete, the Trail, which uses quiet lanes and public bridleways, will form a 15 mile (25 km) link between Dartmoor National Park at Meldon and Cookworthy Forest in Ruby Country. It will also eventually link the Granite Way with the Ruby Way.

### **History**

In 1871 the Devon and Cornwall Railway reached Okehampton, giving access to the eastern network via Exeter. In 1874 the company extended its line to Lydford to access Plymouth over the Great Western Railway (GWR) line. A third rail was laid on the broad gauge GWR line to give the standard gauge trains access. The Devon and Cornwall line was leased and operated by the London and Southern Western Railway (LSWR), but never owned by it.

On 20<sup>th</sup> January 1879 the LSWR opened a branch line to Holsworthy diverging from the Lydford line at Meldon Junction. At that time Bude was a small harbour town, and although it was proposed to extend the branch to the town, the LSWR did not

consider it important enough to justify the cost. A coach service operated from Holsworthy station to Bude, a distance of ten miles.

In the following 19 years, Bude became a regional centre and seaside holidays gained in importance. On 10<sup>th</sup> August 1898 the line was extended to Bude. The neighbouring inland town of Stratton was considered by its residents to be more important and therefore the station at Bude stopped short of the town centre to appease Stratton. A wharf siding line extended from near the station to the tidal harbour.

In summer 1958, seven stopping trains operated from Monday to Friday between Okehampton and Bude. The Atlantic Coast Express, a through train from Waterloo at 10:35, ran non-stop from Exeter St Davids to Halwill and called at Holsworthy arriving at Bude at 15:25.

On Sundays three trains ran each way in summer only, although before 1958 there had only been one.

The area served by the line was sparsely populated, with fewer than seven tickets a day being sold at

Ashbury in 1936 and passenger numbers declined steadily, especially when private car ownership became commonplace. The line closed on 1<sup>st</sup> October 1966.

Thanks to Chris Baines for this very interesting article.

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## ***Northlew and Ashbury Primary School PTFA***



**Northlew & Ashbury  
Primary School**

Northlew Parents, Teachers and Friends Association (PTFA) raises vital funds for the school through various events throughout the year. Coming soon will be the Christmas Fayre, more details in next month's edition.

We would also like to say a huge thank you to everyone for their, much appreciated, donations over the last few months and continued support. The children at the school will benefit greatly from all the money raised.

If you would like to help support the PTFA then please contact Louise Fewings (07507 301589) or Michelle Hughes.

# **Northlew and Ashbury Produce and Craft Show 2019**

**Saturday 7<sup>th</sup> September**

## **BUMPER CROP?**

If you have a bumper harvest of apples, pears, beans, tomatoes, marrows or any other produce and don't know what to do with the items you aren't exhibiting, please bring some down to the Victory Hall before 10.30 am on the day of the Produce Show. Again, we will be making up a few boxes of mixed produce for auction at the end of the show - these will be displayed so that you can see what you will be bidding for!

This year, all the children's entries, including the special categories for children from Northlew and Ashbury Primary School, will be on display in the Committee Room, so don't miss what we expect to be a stunning display!

Just a final reminder that Show Schedules and spare entry forms are still available at the following locations:

- the Village Shop
- the Church Room

- outside the Victory Hall
- the Green Dragon.

All the information you need is in the Show Schedule.

If you are a seasoned exhibitor, or have never entered a show before, this is the show for you and your family. Check on the Northlew and Ashbury Facebook Group for more information about the show, including the words to the two poems, which can be handwritten and illustrated by children aged 9 years and above.

Entry forms can be handed in to the box in the Village Shop until closing time on Wednesday 4<sup>th</sup> September.

Exhibits should be delivered to the Victory Hall between 8.30 am and 10.30 am on Saturday 7<sup>th</sup> September. Please remember, no exhibits will be accepted without a previously received entry form.

Doors open, with tea, coffee and delicious home made cakes from 1.30 pm and presentations begin at 3.30 pm.

Entry is free, but there will be a hamper raffle with proceeds to charity.

We look forward to seeing you for a fun day out with cups, trophies, medals and stickers!

*The Northlew and Ashbury Produce and Craft Show Committee*

This year's nominated charity is the Salvation Army, Registered Charity Number 214779

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***Nature Watch: a year in the life of a pond - August***

As it is the height of summer, most of your garden plants will be at their peak of growth and require plenty of pruning and general tidying up.

***Pruning and tidying up pond plants.***

Your pond plants are no different, and therefore should be cut back to stop them from taking over the whole pond and stopping light from reaching the bottom. Please note, any plants removed from the water should be left on the side of the pond for a few days, to allow the creepy crawlies to find their way back into the water. There will still be plenty of invertebrates in your pond, hatching out into some winged creature until the first

frosts. It was while I was carrying out some of this work in my pond, that I disturbed a creature quite common around these parts, and somewhat of a contradiction. It was a Slow Worm (*Anguis Fragilis*)

***Slow Worms***

Despite their name, slow worms, are neither slow nor a worm. They are, in fact, a legless lizard.

Amazingly, they can live up to 30 years, and grow up to 50 cm. The female is considerably bigger than the male. According to Wikipedia a specimen in a Copenhagen Zoo, lived to 54 years! They are mainly nocturnal animals, hiding away in your compost heap during the day, but during sunny days, they like to sit on a rock or a patch of dry ground to warm up, as they are cold blooded creatures. If you want to attract them to your garden, a good trick is to lay a sheet of corrugated tin or plastic on the ground. They will then crawl under to warm up. I have found at least 10 hiding under a single sheet recently.

They can be seen from March to October, as they hibernate during the colder months. They are good to have in your garden, as they are one of the few animals that will eat slugs. They certainly won't starve in my garden!!

They give birth to live young and have certain key features which differentiates them from snakes. They have eyes with eyelids that blink, have visible ears, they shed their skins in patches, and their scale pattern is different to snakes.

### **Autonomy**

One of the coolest thing that they do is something called autotomy. When they are in danger, from predation maybe, they have the ability to shed their tail. The tail will continue to wriggle, while the head end will quickly hide away. With luck, this will save its life. I have no information on whether they can do this 'trick' more than once but, apparently, they never grow back to their full size after losing their tail. If you are lucky enough to find one, do not hold it too tightly, as it may decide that you are a predator and shed its tail. Despite slow worms being relatively common in the UK, they are at risk from keen gardeners, who can inadvertently kill them during disturbance of the compost heap, or when strimming long grass. They are also preyed by domestic cats, I know this because, sadly our cat has killed a few.

Chris Baines

## **The Victory Hall**

### **Victory Hall Committee.**

We are still short of committee members so if you would be interested in helping out at the hall then please get in touch. We are a very lucky community to have such a super facility.

### **Regular events**

The Victory Hall use on weekdays is booming and includes:

- **Badminton**; Monday and Wednesday
- **Skittles**; Tuesday and Thursday
- **Short Mat Bowls**; Thursday
- **Table Tennis**; Friday
- **Toddlers Group**; Friday

In addition, the walking group, Northlew Amateur Dramatics Society (NADS) and the Parish Council to name but a few also use the Victory Hall.

Come along and join in.

Simon Dancer  
Chair, Victory Hall Committee

## **Booking a charitable event at the Victory Hall**

Any event must meet all 5 criteria to be granted the booking price of £10.

Criteria to qualify:

1. Any event for which all the profit will go to the named registered charity.

2. Registered charity name & number required when booking and must be on all advertising for the event.

3. The organiser is a parishioner.

4. It must be a public event open to all. This offer is not for private functions.

5. The £10 covers the hall and use of the kitchen for drinks only. If food preparation and serving is required, then an additional £15 is essential to cover our extra costs.

**[www.northlewvictoryhall.co.uk](http://www.northlewvictoryhall.co.uk)**

## **Short mat bowls**



The fastest expanding indoor sport in the UK, we now have short mat

bowls in the Victory Hall every Thursday afternoon between 2 pm and 4 pm. Just £3 per session and no yearly membership required, so

why not come along and meet our small band of players.

Have a look at the game and try your hand. There are practice woods available for your use.

For more information please call Mike on 01409 220320 or Norman on 01409 221518.

## **Play Group for Grown ups**

*We don't stop playing because we grow old, we grow old because we stop playing!*

Join us in the Methodist Chapel rooms on the on the first Tuesday and third Thursday of the month from 2:00 pm – 4:00 pm. We play cards, do board games and jigsaws, drink tea and eat biscuits for £1.50. All are welcome

If you need more information or to arrange transport please call Chris Scadeng on 01409 221797

September: 3<sup>rd</sup> and 19<sup>th</sup>

October: 1<sup>st</sup> and 17<sup>th</sup>

November: 5<sup>th</sup> and 21<sup>st</sup>

December: 3<sup>rd</sup> and 19<sup>th</sup>

## The Green Dragon



This historic 18<sup>th</sup> century inn is located in the village square at the heart of Northlew.

The Green Dragon is open:  
Lunchtime: 12 – 2 pm  
Lunch is served every day except Saturday

Monday – Saturday: open 6 pm  
Food served from 6 pm - 9 pm  
Sunday: open 7 pm (no food)

### Quiz Nights

Look out for the The Green Dragon quiz nights.

Pop into the Green Dragon to find out more or call Dan on 01409 221228.

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## Theatre Highlights



**Theatre Royal @ Plymouth**

Box Office 01752 267222

**2<sup>nd</sup> Sept – 7<sup>th</sup> Sept**

Buddy – The Buddy Holly story

**9<sup>th</sup> Sept – 14<sup>th</sup> Sept**

On Your Feet (Emilio & Gloria Estefan story)

**16<sup>th</sup> Sept – 21<sup>st</sup> Sept**

The Entertainer (with Shane Richie)

**30<sup>th</sup> Sept – 5<sup>th</sup> Oct**

The Girl on the Train

**17<sup>th</sup> Oct – 19<sup>th</sup> Oct & 15<sup>th</sup> Apr –**

**18<sup>th</sup> Apr (2020)**

Welsh National Opera

More info: [www.theatreroyal.com](http://www.theatreroyal.com)

### Northcott @ Exeter

Box Office 01392 726363

[www.exeternorthcott.co.uk](http://www.exeternorthcott.co.uk)

**1<sup>st</sup> Oct – 5<sup>th</sup> Oct**

Little Miss Sunshine – musical

**Sat 12<sup>th</sup> Oct**

Fisherman's Friends

**12<sup>th</sup> November – 16<sup>th</sup> November**

English Touring Opera

**30<sup>th</sup> Nov – 5<sup>th</sup> Jan 20**

Booking now for pantomime  
Beauty & the Beast

More details from Martin Perry  
01409 221376 and possible free lifts!

## ***HOF Gallery and Cottage***



The HOF Gallery is a small space

devoted to all things arts & crafty. The gallery also has a selection of fine ceramics, paintings, prints, locally crafted sculpted & hanging feltwork. A 'rustic' framing service is also available.

The studio opens most weekends 10am - 6pm and bank holidays

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## ***Northlew Walking Group***

Unfortunately, last month's walk had to be cancelled.

### ***Next Walk: No 36 September 6<sup>th</sup>***

2 pm start in the square. A walk of about 3 miles, with a stop at Mark Turley's plantation on the way. Light refreshments promised during the 'tour'. Finish for a quick one in the Green Dragon at the end if required.

Please come and join us. All welcome.

For information please call Chris Baines on 01409 221362

## ***Fancy having a go at skittles or snooker?***

***Friday 13<sup>th</sup> September***

5 pm to 7.30 pm



The skittles alley will be open for anyone to come and try it out. Young and old alike, this is a game for all.

Northlew runs 4 teams through the winter months and new players are always welcomed.

The snooker club will also be open if anyone would like to try snooker too.

As a bonus the bar will be open,



tea and coffee available and, best of all, enjoy a fish and chip supper.

We hope to see you there.

## ***Marathon walk for charity. Saturday 3<sup>rd</sup> August***

### ***Boy that was a long walk!***

Over 30 of us left Northlew at 6:15 am in the Taw & Torridge coach followed by Tracey in the support vehicle. Barnstaple station for 7:20 am and after the first loo stop we were off & within a couple of yards I nearly went the wrong way....

Along the Tarka trail to Bideford with our first stop and sausage sandwiches only a couple of miles down the route at Fremington Quay, delicious. Even by that point it was clear that the walkie talkies would be a vital addition to the walk kit. Utter nonsense! That's what happens when you leave one in Daniel's control. Lovely and cool morning stroll with views across the estuary and on to Instow and another food stop, oh and Colin arrived on his bike.

Should point out that we had our own historian in the group as Ray's dad worked on the railway back in the day on the very route of the walk. A train would have been easier....

Then there was the long walk into Bideford, past the new bridge and

there was a little moisture in the air, to be fair during the day there were a few spells of rain, but really only showers and they were almost more refreshing than annoying. Now during this section the team of walkers started to splinter and I can't really tell you what happened to all but the rear gunners, but hey ho I have the keyboard so here goes.

Bideford 8.5 miles completed, that's a good walk already, us at the rear arrived in time to see the next walkers about 400 yards ahead so we stopped for our coffee at the Blacksmiths Arms it being 10:59 and near as damit opening time.

The next 5 mile section was to the Puffing Billy at Great Torrington again along the Tarka trail, the track became a little more gravelly and we left company of the estuary and roads and cut through the countryside. There are way markers quite regularly and using modern technology you can get to amazing commentaries about nature work, ports, clay works etc etc, but my best fact in this section is that Tarka was born here, by an oak tree – just not quite sure which one.....

The Puffing Billy was a welcome stop, and the food truck was there and hot beverage dispenser also with Andrew and Pam. Now I think we gained Trish, Alex and Iain and lost Mai and Simon but that happened ahead of me.

Doombar consumed and a take away cider (thanks Kerry) off on the 9 off mile stretch to Petrockstowe. I think this was the most challenging section mentally, especially as within a few miles we past a sign for the Green Dragon.... The wrong one..... A gradual uphill section with lovely scenery but nothing stand out and long 3 mile sections taking an age before meeting up with the support vehicles now with Tracey and Phil and Steve L. The gravel got in shoes, it felt a long way.

Turning off the Tarka trail ½ a mile out from Petrockstowe we were on soil tarmac and encountered our first proper hill.... deep breath and then the Larrels came into view. What met us in the pub car park was a scene of carnage.... bodies lying everywhere.... OK maybe not quite that bad, but it did knock out a few of our more sturdy chaps, but we were 23 miles in, a marathon would only be another 3 miles and actually I think we'd really already done that. By

this point the time span between the front sprinters and us sweepers was in the region of 2 hours.

Petrockstowe to Sheepwash on the back lanes seemed like a dash but was another 3 odd miles, the Half Moon was well into evening service when we rounded the corner into the square. Refreshed the quick downhill and then uphill slog to Highampton and the Golden Inn – which was open! And then the final trek back to Northlew.

This section was again 3 or 4 miles and by this time it was getting late and darker.... and darker.... till at the top of Norley it was pretty much pitch black. Emergency rations arrived from both Pam and Tracey so fuelled by white wine and jager we surged up that horrible hill and at long last into Northlew and the welcoming bosom of the Green Dragon (3 hours odd later than the first slightly more sober walkers!)

Now I could try and list everyone who did the walk, but the Northlew News may charge me for the extra ink..... so here's a photo of some, if not all, of the crew.....



In summary though.... 34 people walked and there were 6 in our support crews across 4 vehicles.

To everyone that walked, helped or donated you are all amazing and thank you. 16 did the full distance which is crazy, 32 miles officially although I think probably more like 34. Of these there are 2 women I would especially like to mention. Julia carried on after being knocked to the ground by a bike within the first 12 odd miles. It wasn't just a little fall we had chipped teeth, cuts on her chin, broken phone and she'd only just got her back sorted earlier this year. And the other is my wife, Shuv, who completed the distance 7 months after a hip replacement. I'm officially blaming her for the state of my knees now!

We wanted a challenge and, as every year, the village rose to the challenge. Next year it won't be as

long it'll be from Northlew Green Dragon to the other Green Dragon in Langtree and back which will be back at marathon distance. Watch out for the date.

So, thank you again, we have raised just shy of £1,500 currently for the cancer support charity Something to Look Forward to. I urge you to go online and look at the work they're doing, it's such a good idea and Fiona who set-up the charity is truly inspirational. There is still time to donate at

<https://www.goldengiving.com/f/30milehike?>

Thank you all and until next year

Tim

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## **Badminton Club**



The club has been running now for just under 3 years, and in that time players have come and

gone. Up until recently, we have managed to make up teams of 4 players for Monday's and Wednesdays, between 5pm and 7pm.

We chose these evenings, so that we don't clash with the skittles leagues in the winter months.

Unfortunately, for various reasons, we are struggling to fill the slots on both evenings, and sometimes can only manage a single session on the Monday or Wednesday.

Our emphasis is to have fun, and not to take the game too seriously, although it's always good to win. We don't play in a league, and don't expect players to be experts. Any age or sex are accepted, although children need to be old enough to not need supervision. If you have your own racket, that's great, but we do have spares in the hall.

If you think you would like to give it a try, even if the times don't suit

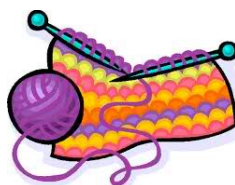
you, then please give me a call, or send an email.

Thanks

Chris Baines :  
chrisbaines63@btinternet.com or  
01409221362

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## **Knit and Knatter**



The Knit and Knatter group are knitting and crocheting for good causes and

everyone is welcome to join us! We meet in the Methodist Church every 2<sup>nd</sup> and 4<sup>th</sup> Wednesday of the month from 2:30 pm - 4:00 pm. If you have any spare wool that you can donate to support the Knit and Knatter fundraising activities, please let me know and I will arrange to collect it. Your help is very much appreciated.

For more information or to donate wool please call Eunice Peck on 01409 221187

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## ***Parish Council***

### ***Clerk to the Parish Council***

Sue Main is the new clerk to the Parish Council. Sue has extensive administrative experience gained in senior office management roles throughout her career in financial services. Sue's contact details can be found on page 25.

### ***Contacting the Parish Council***

If you have any questions for the Parish Council or you have noted something in the Parish that needs to be brought to the attention of the Parish Council please contact the clerk, chair or any member of the parish council. We welcome your input. Contact details are on page 25

### ***Parish Council meetings***

Parish council meetings are usually held at 7:30 pm on the third Monday of each month in the main hall of the Victory Hall.

At 7:30 pm prior to the start of the formal meeting, there will be a public session (if required) which, at the chair's discretion may last up to 15 minutes, to enable members of the public to ask questions of and make comment to the council.

Please note, we request that notice of intent to ask questions/make comment during the public session be made to the clerk, Sue Main, by the Friday prior to the date of the meeting. Please advise the clerk of the topic you wish to raise

Questions not answered during the public session may be answered in writing to the person asking the question or may appear as an agenda item for the next appropriate parish council or committee meeting. Members of the public are asked to restrict their comments and/or questions to three minutes. This section is not part of the formal meeting of the council.

Any member of the parish can attend the formal part of the meeting but may not contribute to it unless specifically invited by the chair.

All parish councillors and the clerk have parish council email addresses found on page 25. Please use these email addresses, not their private email addresses, for all matters relating to the parish council or parish. Thank you

## **Minutes**

The agenda for next month's meeting and the minutes of last month's council meeting can be found on our website one week before the next meeting.  
<http://www.northlewparishcouncil.org.uk/> A hard copy of both documents will also on the parish notice board.

Please contact Sue Main for further information or if you would like to raise a topic at the public session of the parish council meeting. Sue can be contacted on 07956 312047

[clerk@northlewparishcouncil.org.uk](mailto:clerk@northlewparishcouncil.org.uk)

## **Parish Council Website**

The Parish Council website has now been launched and can be found at:

<http://www.northlewparishcouncil.org.uk/>.

The website is currently in a relatively basic format and is an ongoing project. The plan is to develop the scope of the website over time. So please bear with us!

If you have any feedback, comments and/or suggestions, or if you are organizing an event in the

parish that you would like to be advertised on the website, then please contact:  
Sue Main at  
[clerk@northlewparishcouncil.org.uk](mailto:clerk@northlewparishcouncil.org.uk)  
or  
Joanna Wilson at  
[chair@northlewparishcouncil.org.uk](mailto:chair@northlewparishcouncil.org.uk)

Thank you

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## **Member of Parliament for Northlew**

Mel Stride MP  
House of Commons  
London  
SW1A 0AA  
Tel: 020 7219 7037

## Parish Council Emails

<b>Councillors &amp; clerk</b>	Councillors
Joanna Wilson Chair	<a href="mailto:chair@northlewparishcouncil.org.uk">chair@northlewparishcouncil.org.uk</a>
Celia Rundle Vice Chair	<a href="mailto:crundle@northlewparishcouncil.org.uk">crundle@northlewparishcouncil.org.uk</a>
Bryan Dufty	<a href="mailto:bdufty@northlewparishcouncil.org.uk">bdufty@northlewparishcouncil.org.uk</a>
Mark Rundle	<a href="mailto:mrundle@northlewparishcouncil.org.uk">mrundle@northlewparishcouncil.org.uk</a>
Terry Hatt	<a href="mailto:thatt@northlewparishcouncil.org.uk">thatt@northlewparishcouncil.org.uk</a>
Kate Hawkins	<a href="mailto:khawkins@northlewparishcouncil.org.uk">khawkins@northlewparishcouncil.org.uk</a>
Holly Dancer	<a href="mailto:hdancer@northlewparishcouncil.org.uk">hdancer@northlewparishcouncil.org.uk</a>
Steve Smith	<a href="mailto:ssmith@northlewparishcouncil.org.uk">ssmith@northlewparishcouncil.org.uk</a>
Steve Shelton	<a href="mailto:sshelton@northlewparishcouncil.org.uk">sshelton@northlewparishcouncil.org.uk</a>
Clerk – Sue Main	<a href="mailto:clerk@northlewparishcouncil.org.uk">clerk@northlewparishcouncil.org.uk</a> Telephone: 07956 312047



## Tea and Talk

Saturday 21<sup>st</sup> September

At Northlew Victory Hall 2-4pm

Doors open at 2pm for refreshments

Talk starts 2.30pm prompt



Talk about  
Zambia



Raffle

Tea/Coffee and cake

All profits go to the project to improve their standard of education

Entrance: 50p



## **Okehampton & District Community Transport Group**



Okehampton & District Community Transport Group have been serving the community for 28 years. We cover 274 square miles of rural Devon. We provide accessible, door to door

transport for the frail, elderly, disabled and rurally isolated to access both healthcare and social appointments. We have a Ring and Ride bus service which takes passengers into Okehampton for shopping or to meet friends. We run a Volunteer Car Service for healthcare transport, we have two wheelchair accessible vehicles and also a 15 seat community minibus which we use for lifestyle trips during the week and weekends and is also available to groups and societies. All our fares are subsidised.

If you would like any further information, please ring Sue or Liz on 01837 55000 or 07484 525577

Sue Wonnacott, Co-Ordinator  
Okehampton District Community Transport Group  
Unit 3, Okehampton Business Centre  
Higher Stockley Mead  
Okehampton  
Devon  
EX20 1FJ

[www.odctg.co.uk](http://www.odctg.co.uk)  
<https://www.facebook.com/pages/Okehampton-District-Community-Transport-Group/165867586926940>

## **Advertising in the Northlew News**

If you would like to advertise in the Northlew News please contact Joanna Wilson.

### **Business advertising rates:**

- £2.50 per advert (business card size) per month or £25 per annum
- £5 for half page
- £10 full page

Please note there may be a one-off charge of £15 if your advert needs to be reset by the printers. All cheques to be made payable to The Northlew Parish Council.

### **Items for sale advertising rates:**

- £5 per advert for half page with picture
- £1 per advert (text only) per month



OKEHAMPTON  
DEVON

**Elmfield**  
bed & breakfast

*and great company - just perfect -  
thank you very much."*

*"We came for 2 nights and  
stayed for 4 - do we need to  
say any more?"*

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**Prices from £35 per night**

**Extensive breakfast menu**

**Discounts apply for stays of 3 nights or more**

**Contact: Martin on 01409 221376 or 07974 859029**

**[www.elmfield-northlew.co.uk](http://www.elmfield-northlew.co.uk)**



## **J & J SERVICES**

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Station Road  
Northlew

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07890 929184



## **JEANNETTE LAWRENCE**

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Freelance  
Mobile Hairdresser*

**01409 221762**

Steve Lofthouse  
Driving Instructor  
Northlew



## Take Up! Driving

07533 017938

01409 220285

## A.J.L. PLUMBING

**Ashley Long**

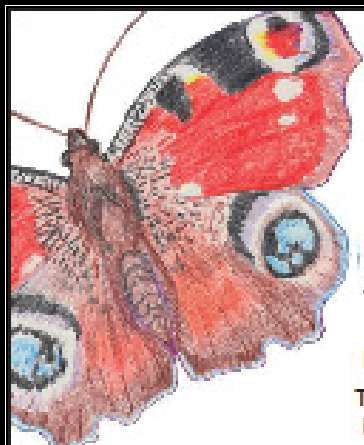
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Okehampton

EX20 3NH

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 lighting and Agricultural

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## **For Sale - Wool rug**

7' 5" long (including the fringe) and 5' 7" wide

For the colours and design please see the picture below



Very good condition: £175 or near offer.

Please contact Pat Carter on 01409 221384 to view or for more information

<b>Community Contacts</b>	
Okehampton Medical Centre	01837 52233
Blakehouse Surgery, Black Torrington	01409 231628
Okeford Vets	01837 52148
North Park Veterinary Group	01837 658777
mydentist, Okehampton	01837 52745
Okehampton Cinema	01837 658586
Inkprint, Okehampton	01837 52937

## **2019 Events at a Glance**

<b>September</b>	<ul style="list-style-type: none"> <li>• <b>Saturday 7<sup>th</sup> September:</b> Northlew and Ashbury Produce and Craft Show</li> <li>• <b>Friday 13<sup>th</sup> September:</b> Skittles and snooker and a fish and chip supper! 7:30 pm The Victory Hall</li> <li>• <b>Saturday 21<sup>st</sup> September:</b> Tea and Talk: Kaitlyn's trip to Zambia. Doors open at 2 pm, talk at 2:30 pm</li> </ul>
<b>October</b>	<ul style="list-style-type: none"> <li>• <b>Sunday 6<sup>th</sup> October:</b> Harvest Festival</li> <li>• <b>Monday 7<sup>th</sup> October:</b> Harvest Supper, Victory Hall</li> <li>• <b>Sunday 13<sup>th</sup> October:</b> Harvest Festival 2:30 pm</li> <li>• <b>Monday 14<sup>th</sup> October:</b> Harvest Festival 7:30 pm</li> <li>• <b>Ashbury Festival of Light:</b> date to be confirmed</li> </ul>
<b>November</b>	<ul style="list-style-type: none"> <li>• <b>Friday 1<sup>st</sup> November:</b> Northlew Carnival</li> <li>• <b>Friday 15<sup>th</sup> November:</b> Concert by Country Rich and the 3 J's in the Victory Hall</li> <li>• <b>Saturday 23<sup>rd</sup> November:</b> Bring and Buy Christmas Fair in the Victory Hall</li> </ul>
<b>December</b>	<ul style="list-style-type: none"> <li>• <b>Christmas Fayre in aid of PTFA;</b> date to be confirmed (may be in November)</li> <li>• <b>Christmas services;</b> details later</li> </ul>

## **2020 Events at a Glance**

<b>January</b>	<ul style="list-style-type: none"> <li>• <b>Tuesday 7<sup>th</sup> January:</b> All pupils return</li> </ul>
<b>February</b>	<ul style="list-style-type: none"> <li>• <b>Monday 17<sup>th</sup> February – Friday 21<sup>st</sup> February (inclusive):</b> Half- term</li> </ul>
<b>March</b>	<ul style="list-style-type: none"> <li>• <b>Monday 30<sup>th</sup> March – Monday 13<sup>th</sup> April (inclusive):</b> Easter holidays</li> </ul>



## **Autumn Term 2019**

Monday 2<sup>nd</sup> September: Non-Pupil Day

Tuesday 3<sup>rd</sup> September: Non-Pupil Day

**Wednesday 4<sup>th</sup> September: All Pupils Return**

**Half Term:** Monday 21<sup>st</sup> October to Friday 25<sup>th</sup> October inclusive

**Monday 28<sup>th</sup> October: All pupils return**

Friday 20<sup>th</sup> December Last day of term

**Christmas Break:** Monday 23<sup>rd</sup> December 2019 to Friday 3<sup>rd</sup> January 2020 Inclusive

## **Spring Term 2020**

Monday 6<sup>th</sup> January: Non-Pupil Day

**Tuesday 7<sup>th</sup> January: All pupils return**

**Half Term:** Monday: 17<sup>th</sup> February – Friday 21<sup>st</sup> February inclusive

**Monday 24<sup>th</sup> February: All pupils return**

Friday 27<sup>th</sup> March: Last day of term

**Easter holidays:** Monday 30<sup>th</sup> March – Monday 13<sup>th</sup> April inclusive

## **Summer Term 2020**

**Tuesday 14<sup>th</sup> April: All pupils return**

Monday 4<sup>th</sup> May: May bank holiday

**Half Term:** Monday 25<sup>th</sup> May – Friday 29<sup>th</sup> May inclusive

**Monday 1<sup>st</sup> June: All pupils return**

Monday 20<sup>th</sup> July: Non-pupil day

Tuesday 21<sup>st</sup> July: Non-pupil day



Okehampton Library,  
4 North Street,  
Okehampton  
EX20 1AR

01837 52805

## ***Events at Okehampton Library***

### **Wednesday 18<sup>th</sup> September 16:00-17:00 – Paddle Boat Theatre Company present: Clare Hollingworth and the scoop of the century**

An interactive family show – straight from the front line! Telling the tale of fearless journalist Clare Hollingworth. From the busy newspaper offices in London to the frontline during World War II, Clare's adventures tell the remarkable true story of one of the most important writers of our time. The show will be followed by a free storytelling workshop for all the family! The workshop will last approximately 1 hour and we welcome anyone to stay along after the show to join in. Recommended age 4+ Tickets available from Okehampton Library £4 per person or through the Eventbrite link (booking fee payable)

### **Wednesday 11<sup>th</sup> & 18<sup>th</sup> September 10:00-12:30 – Free Computer Lessons.** This course runs over 2 sessions

Are you confused by computers? Sign up to our free IT sessions for beginners! The sessions will be delivered by Elite Training South West Free course, booking essential

### **Saturday 14<sup>th</sup> September 10:30-12:00 – Booktrack Pirates Ahoy!**

Pirates are taking over the library

10:00-10:15 Pirate stories and sea shanties

10:30-11:30 Pirate-themed Lego

10:00 and 12:00 Make a pirate ship

Guess where the treasure is hidden on our pirate map, 10p per go

These events are supported by the Friends of Okehampton Library.

Booktrack is a challenge to read 100 books and to chat about them with library staff or volunteers. Badges are collected as you read your books, with a certificate, gold badge and a £5 book token given when all 100 have been completed. There is no time limit, it is free to take part and is for ages 6+

## Regular activities

### **Adults**

**Tuesdays 1:30 pm – 2:30 pm, Knit & Natter**

Bring along your knitting, stitching, crochet or other portable project, for a chat with like-minded crafters. Tea and coffee available at 50p a cup.

### **Children and young people**

**Tuesdays 10 am - 10:30 am – Bounce and Rhyme** aimed at over 1 year olds. Free, no booking necessary

**Tuesdays 11 am - 11:30 am - Bounce and Rhyme** aimed at under 1 year olds. Free, no booking necessary

**1<sup>st</sup> Tuesday of the month 3:45 pm – 4:45 pm** – Bookworms book club for ages 7 – 11 (except Aug/Sept) . Free, no booking necessary

**Wednesdays 9:30 am – 10:15 am, Duplo Builders and Storytime**

For ages 0-5. Free, no booking necessary

**2nd Thursday of each month 3:45 pm - 4:45 pm, Bunala Book Club for ages 12+**

Free -ask staff for further details

**Saturdays 10:30 am – 11:30 am Lego Builders**

For ages 5+ Free, no booking necessary

Children under 8 must be accompanied to all events by a responsible adult. See our website [okehampton.library@librariesunlimited.org.uk](mailto:okehampton.library@librariesunlimited.org.uk)

Monday	09:00-17:00
Tuesday	09:00-18:00
Wednesday	09:00-13:00
Thursday	09:00-17:00
Friday	09:00-18:00
Saturday	09:00-13:00

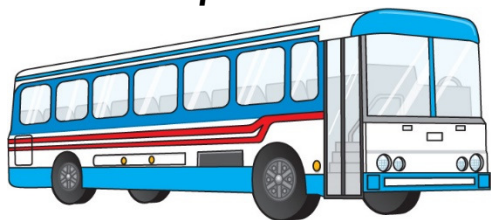


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facebook.com/OkehamptonLibrary

## **Bus Routes from Northlew**



Every Monday, Thursday and Saturday there is a morning service to Okehampton. The bus will be parked for 2-3 hours outside Waitrose where you can leave your shopping whilst you visit

Okehampton. There is also a service to Bideford which is convenient for Morrisons.

**Changes to the Thursday service:** Please note that the Thursday 630 service has changed so it now goes to Okehampton via Hatherleigh. It still leaves the square at 9:45 am.



Also, by contacting the office you can book our services to Crediton or Barnstaple on Tuesdays, to Trago Mills and Newton Abbot on Wednesdays and Exeter or Tavistock on Fridays. And in the school holidays we also have services to Barnstaple (Tuesdays) Holsworthy (Wednesdays) Tavistock (Fridays) from Northlew.

## **With 10 buses per week Northlew has excellent public transport for a village of our size**

These services mainly use scenic routes ideal for showing off the area to friends that may be visiting. Bus passes are accepted at all times and if you are not lucky enough to have one then the fares are low. Let the bus take the strain out of driving and no parking charges to pay or spaces to find! Most importantly, if you live on the route then the bus stop is your front door.

From Easter day trips from the village commence for the summer as outlined on the back page and there will also be 3 short break holidays this year leaving from the village. For more information please contact Libby

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- Floating Shelves



## Carmel Coaches Excursions for 2019



Date and venue	Cost
<b>21<sup>st</sup> – 25<sup>th</sup> October:</b> Gunton Hall Coastal Village near Lowestoft	£325
<b>2<sup>nd</sup> November:</b> Bridgwater Carnival	£14
<b>18<sup>th</sup> – 22<sup>nd</sup> November:</b> Turkey and Tinsel at Bembridge, Isle of Wight	£350
<b>23<sup>rd</sup> November:</b> Cardiff Christmas shopping	£20
<b>30<sup>th</sup> November:</b> Cribbs Causeway or Cabot Circus, Bristol	£17

**For more information or to book your seat  
please call Libby 01409 221237**