

Northlew News

Winter 2022



Photograph by Neal Oxley

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Northlew News is a free quarterly newsletter produced by Northlew Parish Council.

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Hello from the Editor

Greetings to you all,

Where on earth does the time go? I know every minute, every hour, week, month, and year (nod towards leap years) takes the same amount of time, as the last one and everyone before that, you get my drift, but goodness me! I struggle to comprehend that the hour a school lesson took back in the 80's is the same unit of time now as the one I get at work on a Friday afternoon, and the term, well.....if I was 14 again, the end of term would seem so far away you might not survive longing for it; but now, it feels like I stir my coffee, turn around and we are changing the front page of the calendar, again.

A Facebook memory jog recently came up with a picture of 5 colleagues of mine 10 years ago, we were at a works training day, 3 of us still work together now, and are still all in touch. A moment's reflection on all the water under the bridge in the 10 years that had passed was staggering. 4 of us had new partners, there had been 3 weddings, 2 babies and 3 dogs! It's no wonder we all look so much more 'worn!' It made us all wonder what the next 10 years would hold.

And what about 2023? I wonder what is in store for us as individuals and as a community. Obviously, we have the coronation to look forward to, do you have any exciting plans? I have committed to another fund raiser for Cancer Research later in the year, something I am very much looking forward to, and whilst it won't have the daily splash shock factor of last year's Cold Water Challenge, but I will still 'blog' about the journey so to speak, more, much more to come about that in the new year.

All that remains is for me to thank the Parish Council for funding this, the advertisers for their support, the super talented few who contribute features, Sue Main for her patience and skills compiling recent editions, and you, our readers, without you, it'd all be utterly pointless!

Have a jolly Christmas and wishing you all a happy and healthy 2023

Celia



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Your Parish Council

Your Councillors are here to help and always welcome your support and comments. Contact details as follows:-

Celia Miners	Cllr & Chair	cminers@northlewparishcouncil.org.uk
Mark Rundle	Cllr & Vice Chair	mrundle@northlewparishcouncil.org.uk
Andrew Alger	Cllr	aalger@northlewparishcouncil.org.uk
Mai Cudmore	Cllr	mcudmore@northlewparishcouncil.org.uk
Bryan Dufty	Cllr	bdufty@northlewparishcouncil.org.uk
David Kent	Cllr	dkent@northlewparishcouncil.org.uk
Steve Lofthouse	Cllr	slofthouse@northlewparishcouncil.org.uk
Shaun McCarthy	Cllr	smccarthy@northlewparishcouncil.org.uk
Shaun Millership	Cllr	smillership@northlewparishcouncil.org.uk

Details on how to contact your Borough and County Councillors and Member of Parliament are also found on our website <http://www.northlewparishcouncil.org.uk/YourCouncillors.aspx>.

Meetings

Parish Council Meetings are usually held at 7.30 pm on the third Monday of each month in the main hall of the Victory Hall. The agenda is published on the website at least 3 days prior to the meeting at <http://www.northlewparishcouncil.org.uk/FullCouncil.aspx>. At 7.30pm prior to the start of the formal meeting, there is a public session (if required) which, at the Chair's discretion may last up to 15 minutes to enable members of the public to ask questions of and make comment to the Council. We request that notice of intent to ask questions/make comment be made to the clerk by the Friday prior to the date of the meetings. Questions not answered at this meeting will be answered in writing to the person asking the question or may appear as an agenda items for the appropriate parish council or committee meeting. Members of the public are asked to restrict their comments and/or questions to three minutes. This section is not part of the formal meeting of the Council. Any member of the parish can attend the formal part of the meeting but may not contribute to it unless specifically invited by the chair.

Minutes

The minutes of the last month's council meeting are available on Parish website at www.northlewparishcouncil.org.uk. Please contact our clerk Sue Main for further information or if you would like to raise a topic at the public session of the Parish Council Meeting. Sue can be contacted at email: clerk@northlewparishcouncil.org.uk or on 07956 312047.

Website

The website contains a whole host of useful village information including latest news on the home page, a local information and memory page, your Councillors, agenda and minutes and back copies of the newsletters. If you have any community-related news for inclusion or have any feedback, comments and/or suggestions about the website then please contact our Parish Clerk at clerk@northlewparishcouncil.org.uk.



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Website: www.piersshedsandanimalhousing.co.uk

Highways

Here is a reminder on how to report a problem to Devon County Council whether it be issues with potholes, parking, overgrown vegetation, public rights of way, hazardous or fallen trees, debris or obstruction, defective road markings, trip hazard, traffic lights, broken man hole covers, grit bins, bridges and walls, fences and barriers, ice, street lights, flooding and blocked drains. Go to:-

<https://www.devon.gov.uk/roadsandtransport/report-a-problem/>

Select the relevant icon below, it will take you to an information page where you can log a report. For those wishing to have up-to-date information on traffic, road closures etc. please go to <https://one.network/> where you can register to receive this live.

Roads and transport

Devon County Council

Home

Maintaining roads

Parking

Report a problem

Make a request

Traffic information

Safe travel


Home

Report a problem

Report a problem


If you are reporting an emergency that requires immediate attention, please call us on 0345 155 1004. An emergency on the highway is defined as something that is very likely to present an imminent threat to life or serious injury or serious damage to property.

Track an existing problem




Pothole

Large 40mm vertical-edge hole that is also greater than 300mm wide




Parking

Request enforcement in residents' parking and on-street parking zones




Overgrown vegetation

Pedestrians tripped into roads; cars over central line, reduced visibility




Public rights of way

For example, blocked access or broken slabs




Hazardous or fallen trees

Trees that have fallen into the road or are leaning, unstable, diseased or dying




Debris or obstruction

Thick mud, soil, stones, embankment slips, large branches, fallen trees




Defective road markings or signs

White and yellow, stop or give way lines or warning signs




Trip hazard

Hole or significant difference in level on pavement or cycleway




Traffic lights

Damage or fault to traffic lights or signals or school crossing control light




Broken manhole cover

Broken, missing or rocking manhole cover




Grit bin

Empty bin, damaged bin or a bin with contents that are unusable




Bridges and retaining walls

Structural damage or significant obstructions restricting water flow




Fences and barriers

Damaged or missing roadside fences or barriers




Ice

Ice or snow on the road



Street lights, lit signs, lit bollards

Faulty street light, extra crossing, broken, lit sign



Flooding and blocked drains

Standing water, blocked drain, flooded property, impassable road

4

Victory Hall



A festive poster for a Christmas Lunch event. The background is white with gold geometric lines and green pine branches with red berries and gold ornaments. A large red Christmas ball with gold snowflake patterns is centered. The text is arranged in a clear, hierarchical layout with various fonts and colors (black, red, green) to highlight different parts of the event.

Northlew Victory Hall
invites you to their:

Christmas
LUNCH

Raffle Bar

SUNDAY 11TH DECEMBER 2022
Doors open 12.30 for 1pm

ADULTS: £12 CHILDREN (11 AND UNDER): £9

Roast Turkey and all the Trimmings
Vegetarian and Delivery Options Available

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Pews News

St Thomas of Canterbury Church

I'm writing the day after our annual 'Service of Light' up at Ashbury church. Firstly, thanks so much to those who organised the evening and made it such a delight, notably Trixie, Sue and Shaun. If you've not been to one of these, why not get it in the diary for next time, or the equally fun Summer service at Ashbury with a BBQ beforehand? The lovely old church, now decommissioned, was lit from end to end with candles creating a beautiful atmosphere in which to worship God to the sound of the old American pedal organ and Morwenna's violin.

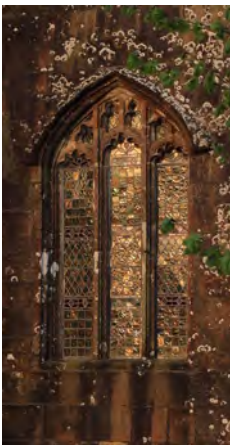
With the subject, of course, being light, I would normally speak in some way about Jesus being the light of the world, which is all well and good but what does that mean to us really? So, on this occasion I told my own story of how that light came to be in my life and the difference He has made. I hope it wasn't too dull for those there, but for me it has been the most exciting thing imaginable; to be connected in Spirit with the Living God! Naturally, when you've hit on a good thing you want to share it with everyone and not keep it to yourself, so here it is; Jesus is available, to make a huge difference in anyone's life who wants Him. Do chase me up for a chat if you want to know more about that.



It's for that reason we like to do all sorts of things to draw people together, and food is always a nice and friendly way of doing it, so please look out for our next '**Plough Service**'. This will be on the **22nd January** outside Northlew church (weather permitting) when we'll meet up a bit early; 9.00 for bacon rolls followed by a short service to welcome God into our working lives as the year begins.

Wishing you God's peace and blessing in everything you do, Revd. Leigh Winsbury.

December Service Times



4th December - 9.30 am Morning Prayer (BCP) and 4 pm Christingle Service

11th December - 9.30 am Holy Communion

18th December - 9.30 am Holy Communion and 6 pm Service of Nine Lessons and Carols

Christmas Eve - 4 pm Crib Service and 10 pm Holy Communion

As December comes in, you can sense the excitement among the children—bless them (well most of the time anyway!) and the season revives some old memories too - some good, some best left alone. Talking of old memories, did anyone ever read Enid Blyton's Galliano's Circus (brilliant wasn't it?). Another treasure received for a wartime Christmas present was Hymns Ancient and Modern'. I've still got it and treasure it greatly. Sorry, I could go on and on like this as us ancients tend to ramble if anyone is polite enough to listen! However, the Editor won't wait forever for this so we wish everyone a blessed, happy and peaceful Christmas and we pray, especially at this time, that almighty God will comfort and heal the sick and fearful among us.

Pat Durston

Pews News

FRIENDS OF ST THOMAS' CHURCH, NORTHLEW (FOST)

FOST Committee 2022/23

Chair – Keith Ellis

Secretary – Jackie Ellis 01837 658750/07952 071809 or

Email to: jackie.ann.ellis@btinternet.com

Treasurer – Tony Hazell Email: carmelcoaches@hotmail.com

Roger Atkinson

Tania Haycock

Shaun Millership

Revd. Leigh Winsbury [Ex Officio]

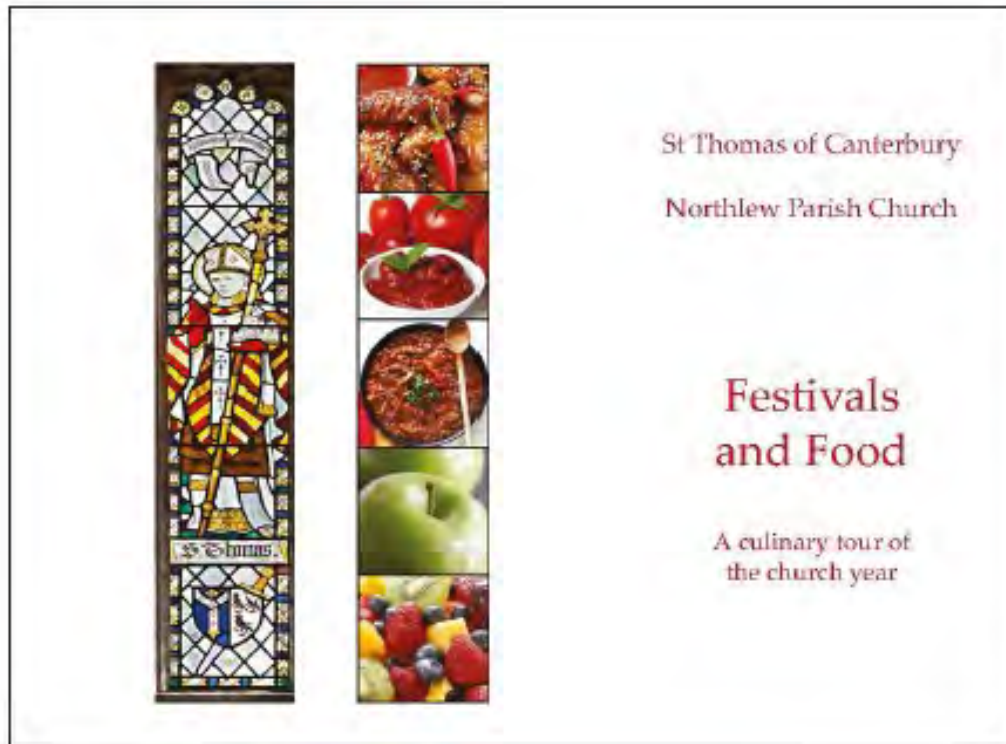
The Friends of St Thomas's Church met on 10th November 2022 and the main focus of this meeting related to the Quinquennial Report now received by the Parochial Church Council. The Report has made it clear that there is an urgent need to proceed with the external works before the work starts on the interior i.e. replastering and redecoration and the refurbishment of the Church organ. The PCC are in the process of organising the various Faculties required and obtaining quotations for all the work. Grants will also be sought from various sources available to the Church. It was agreed that FOST would make a contribution towards these costs of £10,000.00. A major fundraising effort is now required and we hope that the village will get behind us, despite the cost of living crisis. Jackie Ellis has been co-opted to the PCC, at the Revd. Leigh Winsbury's request, to assist the new Churchwarden with the preparatory work. Jackie was formerly Churchwarden and PCC Secretary and a member of the Fabric and Fundraising Committees in her previous Church and hopefully her experience may be helpful to the PCC. It will also aid FOST to have a Trustee attend PCC meetings bringing the two forums working closer together. Keith Ellis has been elected as the new Chairman of FOST.

Hopefully by now you will have seen the splendid new festive cookbook which has been prepared in aid of St Thomas's by Val and Allan Welsh and is the start of the fundraising effort—more details overleaf. Do look out for this - it will make an ideal Christmas gift and is now on sale. A big thank you to Val and Allan for this great idea and for making it happen so quickly in time for Christmas. Also a big thank you to all the contributors!!

New Friends are always very welcome and we have vacancies for new Committee members to help to carry on the important work of preserving our lovely historic Church and its artefacts. The Committee meets two or three times a year and the work is not onerous! If you would like to become a member and Friend of St Thomas' please contact the Secretary, Jackie Ellis, on 01837 658750 or by email: jackie.ann.ellis@btinternet.com.

May we take this opportunity to wish everyone a wonderful Christmas and good wishes for a Happy and Healthy New Year.

Pews News



Festivals and Food

A culinary tour of the church year in Northlew
with recipes from local residents

Raising funds for urgent repairs to
Northlew Parish Church

£5.00

Val & Allan Welsh, Ashbank House, Northlew
07780 544679 valofgreen@gmail.com

Village Events



**The Party Barn
Presents**



Carols in the Barn

SATURDAY 3RD DECEMBER FROM 6.30PM

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LITTLE SPRING, HIGHER GORHUISH, NORTHLEW

Pews News



The Methodist Church

Services

4 th December	9.30 a.m.	Rev Maggy Whitehouse
11 th December	6.30 p.m.	Carol Service with Mrs Angela Banfield and Northlew Silver Band
25 th December	9.30 a.m.	Christmas Day Service
1 st January	9.30 a.m.	Rev Chris Jackson
15 th January	9.30 a.m.	Mr Roy Down
29 th January	9.30 a.m.	Mrs Bridget Down
12 th February	9.30 a.m.	Rev Chris Jackson
26 th February	9.30 a.m.	Mrs Vicki Penfound and Mrs Barbara Dalton

Come and join us singing the carols and on Christmas Day celebrating the birth of Our Lord Saviour Jesus Christ

The revamped 50/50 is up and running again every Saturday morning from 10 a.m. until 12 noon where you can bring your goods to sell for only £2 a table. All they ask is no cake stalls as every last Saturday of the month there is a cake sale. Everyone is welcome to pop along for a coffee and chat.

Pews News



The Methodist Church

Message from Rev Chris Jackson, Superintendent Minster of the West Devon Circuit of the Methodist Church

I don't know about you, but I'm genuinely confused about what time of year we are in at the moment. I believe, according to the calendar on my office wall, that it is November. However, looking out of the window at blue sky and sunshine (yes, it actually is today), and in particular experiencing the unseasonably mild weather, I could be forgiven that we are still in summer. Added to this, and I am sure that I am not the only one being confused by this next statement, we are preparing for the men's football world cup!

It used to be the case that we were able to navigate our year by the turning of the seasons. In some respects this is no longer the case. In part, this is to do with climate change, and as I write this many of our world's leaders are meeting in Egypt to once again suggest ways of fighting the most serious problem facing our world today. I do pray for all of our sakes that they make progress.

Despite this seasonal confusion, as a church minister I am reassured by the rhythm of the church year. Our church seasons and festivals are not affected by the changes in climate or the moving of the world cup (although 3pm on December 18th might not be the best time to ask me to take a service this year!). The rhythm of the church year remains special and grounds us in our understanding of the life of Jesus. The Church year begins on Advent Sunday (this year 27th November) where we begin a period of preparation for the celebration of Christmas where we remember the birth of the Christ-child.

As I write this it is actually 11th of November, Armistice Day. A day when we remember the sacrificial acts of so many people caught up in the cauldron of warfare, both past and present. And that is what the church year enables us to do, to remember the life of Jesus Christ both past and to recognise Jesus' presence with us today.

The ordering of seasons anchors us in our world today. In church we have Advent, Christmas, Epiphany, Lent, Easter and Harvest...amongst others. They are times that enable us to remember, reflect and to be thankful. They are also opportunities when we are encouraged to respond to the needs of others in our communities, whether local, national or international.

Our world, in fact the universe is designed to work "seasonally", the intricate choreography of celestial bodies creates that rhythmic change in our seasons. I for one, love the principle of a natural rhythm to my life. Whether it be the following of a church or liturgical year, or the recognition of different foods to eat at different times of the year, or the changing clothing demands of a new season of the year, or simply following an intentional rule of devotion to God in my daily life. A natural, organic rhythm to our lives can enrich our appreciation and understanding of the world we live in.

And so I wish you all a good winter season and a blessed Advent and Christmas time.

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Quiz Time



1. Who wrote the Bing Crosby hit "White Christmas"?
2. What is the name of George Bailey's guardian angel in "It's a Wonderful Life"?
3. Which song begins with "Are you hanging up your stocking on the wall"?
4. What is the name of the cake traditionally eaten in Italy at Christmas?
5. Which important spice found in many a Christmas dish or drink stems originally from the Moloken spice islands ?
6. What was the movie title of Tim Burton's ghoulish 1993 Christmas tale?
7. Which fish is traditionally used as the main meal on Christmas day in some European countries?
8. Who wrote the book that inspired the 1983 animated film "The Snowman"?
9. Most of us have had to eat 'humble pie' at least once in our lives. During Elizabethan times it was popular at Christmas feasts. What was the main ingredient?
10. What kind of animal delivers gifts at Christmas in Syria?
11. The American ad writer Robert L. May invented which colourful Christmas character in 1939?
12. Traditionally, after kissing someone under the mistletoe, what should you then remove?
13. What is the French name for Santa Claus?
14. In "A Christmas carol", how many ghosts visited Scrooge?
15. Which pantomime character marries Alice Fitzwarren?
16. Which country gives a Christmas tree to Britain every year, something it has done traditionally for years?
17. What now traditional festive job was first taken by James Edgar in 1890?
18. The name for which traditional festive season accessory is derived from the Anglo Saxon words for "dung on a twig"?
19. The Christmas film "Miracle on 34th Street" has been remade many times. Which two time Oscar winner played Kris in the 1994 remake?
20. In which fictional land was it always Winter but never Christmas?

Quiz provided by Ian Richards with many thanks. Go to page 24 for answers



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Bird Watch

Cuckoo - *Cuculus Canorus*

The **Cuckoo's** call is probably the most recognisable in nature, and not too long ago was a sure sign that Spring had arrived in the UK. Sadly, this 'sound of Spring' has been lost in many parts of the UK, and today you are truly blessed to hear one let alone see this iconic bird. Fortunately, many parts of Dartmoor still hold good numbers of **Cuckoo's**, and so if anyone wants a nature 'fix', then they should head out to places like Meldon Quarry, or Belstone.



Myth busting time. One thing that we all learned as children, was that the **Cuckoo** lays its eggs in another birds nest, and certainly this is the case for the **European Cuckoo**, usually choosing the Meadow Pipit as its host bird. This is where the phrase 'cuckoo in the nest' comes from, and is the definition of the word cuckoldry, where a parent cares for someone else's children.

Surprisingly this is not the case for all **Cuckoo's** of the world. In fact there are 150 **Cuckoo** species found in every continent except Antarctica, and most of them brood their own eggs in the normal way.

Only our **European Cuckoo** calls its own name, the male being the one doing the calling. He will continue calling until he finds a receptive female. **Cuckoo spit**, which can be found around the time that **Cuckoo's** arrive in the UK, has nothing to do with **Cuckoo's**, but is actually a way for a small insect called a frog hopper to protect itself from predators. The female **Cuckoo** will lay up to 22 eggs during her time in the UK, but amazingly 20% of the eggs laid are rejected by the host, and never hatch. After laying her eggs, the female **Cuckoo** will probably never see her offspring again, as the adults migrate back to Africa in late June, leaving the young behind to complete fledging a few weeks later, at which time they will fly to Africa alone.

For our next instalment, we will move back to the garden and study the Collared Dove.

Chris Baines



Dartmoor Housekeeping

'More than just cleaners'

Jayne O'Connell

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One-room cleans for special occasions
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jayne.northlew@gmail.com

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In The Square



Opening Times

Monday	Closed
Tuesday—Friday	10am - 4pm
Saturday and Sunday	10am - 12 Noon
Christmas Eve	10am - 12 Noon
Closed for Christmas	Reopening on 29th December

Update

Can you help?



The Square Shop needs you! Of course, we are nothing without customers, but we also really need volunteers to fill particularly Wednesday and Thursday afternoons from 1.00-4.00pm. It's a great way to meet people, especially if you are new to the village, with all the free coffee you can handle. We are immensely grateful to all our volunteers: Lyn, Julie, Val & Allan, Steph, Mai, Niamh, Luc and Ava who enable us to keep a vital presence in the village. We can offer some paid work experience to young people from the local area who may struggle to get into Okehampton, for example, to take up an opportunity. Funding has been allocated too for training in subjects such as Food Hygiene, Barista work, Health and Safety at work and First Aid. Do pop in if you are interested and speak to either Steve or Shirley.

What we offer...



Food Bank and Battery/
Print cartridge recycling
point

We have expanded our grocery range of everyday essentials, and are adding new lines such as **Dartmoor Deli's** chutneys and preserves, cake or soup bottles which make fantastic Christmas gifts. Fresh, local vegetables and fruit from **Hallwood** are delivered on Tuesday and Thursday; **Teign Valley** bread arrives on Tuesday and Friday; **Taw River Dairy** milk (both semi skimmed and full fat) on Tuesday and Friday; Cornish milk is twice-weekly (skimmed and semi skimmed) and a new cheese delivery arrives every Thursday. Local honey is available (two types from **Tim Parsons** and **The Secret Garden Apiary**); fresh, free range eggs come every Wednesday from **Black Dog Free Range Eggs**; **EcoMojo** refills are always available; delicious cakes from **Worth Tasting** come on Thursdays and we have a weekly meat delivery (orders are welcome) from **Martin's Butcher's** in Okehampton including their delicious pasties - so there really is no better time to try to shop local. Why not enjoy a fresh brew cup of coffee, tea or hot chocolate and have a seat outside?

What's good!

Something we have really enjoyed during the summer months has been the great atmosphere outside the shop with regular coffee drinkers enjoying meeting their friends and neighbours, and listening to music. This is really something we hope to develop as it brings people together, combats loneliness and keeps everyone in touch.

We will post details soon of the plans for ordering your vegetables for Christmas.

In The Square

The Green Dragon Northlews



Winter Opening Times

OPENING TIMES

MON | CLOSED*
TUE | 12-3 & 5-11PM
WED | 12-11PM
THU | 5-11PM
FRI | 10AM - MIDNIGHT
SAT | 5-11PM
SUN | 12-7PM

FOOD SERVED:

LUNCHTIME
TUE/WED/FRI/SUN | 12-2PM







EVENING
WED-SAT | 6-8.30PM

BREAKFAST
FRIDAY ONLY | 10AM-12PM

*FIRST MONDAY OF THE MONTH OPEN FROM 7PM FOR OPEN MIC NIGHT

SPECIAL NIGHTS / EVENTS WILL BE POSTED ON OUR FACEBOOK PAGE @GreenDragonNorthlews

PLEASE BOOK BY DROPPING US A MESSAGE OR CALLING 01409 221228

-  5th December - First Mondays of every month Open Mic Night from 8pm
-  10th December - Christmas Quiz
-  17th December - Christmas Jumper party with live music and raffle
-  NYE Party £7.50/ticket to include buffet and live music from Jai Rocks. 80's Rockers Fancy Dress.
-  Pensioners Lunch every Wednesday 12-2. 2 courses for £10 to include tea or coffee
-  Self Employed Lunch/Dinner TBC, please check Facebook page for updates



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Please check out our website for our complete range of products including our new pop up canopies.

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Tel: 01409 221192

E-mail: sales@tarpaflex.co.uk

(Open 8.45am to 5.30pm Mon-Thurs, 8.45am to 4pm Friday)

Kiddies Corner

Northlew Primary PTFA would like to take this opportunity to thank you all. The last few years have been difficult for all with minimal opportunity for us to enjoy planned events but your kindness & generosity in supporting our events have helped us to raise vital funds to help the school and allowed us to fund educational trips for the children. We look forward to welcoming you to our up coming events this year. If anyone would be interested in getting involved with the PTFA we would welcome new members so please feel free to contact us on ptfa@northlewprimary.org.uk. Thank you again for your continued support.

Dates for the diary:

- Christmas Fair - Saturday 26th November 2022
- Christmas Hamper - to be drawn during the school play on 7th December 2022

If you can please support Northlew & Ashbury PTFA on #easyfundraising, you'll raise FREE donations with your everyday shopping. It's quick and easy to sign up! Plus, once you've raised your first £5, easyfundraising will double it! Sign up now: https://www.easyfundraising.org.uk/support-a-good-cause/step-1/?invite=2GS9P1&char=267200&referral-campaign=c2s&utm_source=anwupsharebox



Northlew Baby and Toddler Group

Wednesday mornings 10 – 12

(Term time)

In the Village Hall

£1.50 per child snack included

Tea and coffee for adults

For more info find us on ~~facebook~~ facebook:

Northlew Toddler Group, Devon





Do you have rats, mice, moles, or any other annoying pests??

We can help with single visits or maintenance plans. We work on farms, equine centres, and private dwellings all around the area, humane solutions found whenever possible. Whatever the problem P4 pest control can help

contact Rob 01837 89097, 07713 584316 or Tim 07786 248554

Northlew Tutors

Struggling with English or Maths? Need some post pandemic catch up? Support with schoolwork? Help to get those grades?

Experienced and qualified local tutors, DBS-checked and insured. Small group classes in English and Maths for all levels up to GCSE at Northlew Methodist Church Rooms.

Private tuition may be available on request.

For more information and to book, contact Shirley or Cath via

Facebook or email northlewtutors@outlook.com

Food for Thought

Turkish Delight Syllabub

Ingredients (makes 8)

175 ml cointreau (or to taste)
juice of 2 lemons
125g caster sugar
600 ml double cream
2 tbsps rosewater
2 tbsps orange-flower water
2 tablespoons pistachios (finely chopped)



- ✓ Whip the cream to soft peaks
- ✓ In a separate bowl, combine the Cointreau, lemon juice, flower waters and sugar. Then gradually beat this mixture into your whipped cream, and keep whisking until you have a creamy mixture that's light and airy but able to form soft peaks
- ✓ Spoon the syllabub into small glasses and scatter finely chopped pistachios

Recipe suggested by Tanla Haycocks

Tania's Tarts open every Saturday 10-12pm from kitchen window: tarts, pies and savouries

Rural Chic
Devon Retreats
....done direct & proper

Hot News!
New Eco Sauna
(for Hut stays)

HOF NORTHLEW
HUT ♥ COTTAGE ♥ GALLERY

Hillside Old Forge, Northlew EX20 3NR
hofnorthlew@gmail.com ♥ www.hofnorthlew.com

Sports and Recreation

- **BADMINTON** – this is held at the Victory Hall on Mondays and Wednesday at 5-7pm. Contact Chris Baines for more information on 01409 221362 or email chrisbaines63@btinternet.com
- **KNIT AND KNATTER**– the group meets every 2nd and 4th Wednesday of the month at the Methodist Chapel Rooms at 2.30 – 4pm. Everyone is free to knit or crochet an item of their choice or knit for some of the worthy causes including local hospital baby premature units and various orphanages. £1 for coffee/biscuit and donations of wool gratefully received. For more information call Eunice Peck on 01409 221187.
- **NORTHLEW AMATEUR DRAMATIC SOCIETY (NADS)** – NADS has well and truly re-emerged from the Covid pandemic and are full steam ahead with rehearsals for our next production – which is very nearly a pantomime and we anticipate a curtain up on Friday and Saturday 17th/18th February. It has been written by our talented member, Lucy Turmaine, and is entitled “White Spirit”. To say more would be to spoil the surprise but it does have shades of Snow White and the likes of Madame Arcati come to mind. Enough said not entirely suitable for young children! Tickets will be available in the New Year at £7.50 from Elmfield – details later. We have welcomed a few new members but need more volunteers both to perform and to help with costumes, painting, set and programme design, curtain pullingoh and not forgetting prompting (probably a big part!) We are meeting most Monday evenings before our next productions so please feel free to come along. Just call us to confirm we are not having a night off! Do come forward by phone, email or tell one of us – Shirley in the Square Shop will be the easiest for some of you otherwise send an email to Lyn Taylor, Chairman 07971 609115 lyntaylor11@live.co.uk Martin Perry, Secretary 01409 221376 martinperry.northlew@gmail.com.
- **NORTHLEW AND ASHBURY SNOOKER CLUB** – this is an active and thriving facility in the village which has two full size tables including one recently refurbished and has a team in the Okehampton League. We welcome new members, of all levels of play, for a small membership fee but who can have a free go before joining, just contact David on 07977 789734 or david@grindhill.co.uk.
- **NORTHLEW CHILDREN’S GROUP**– held on Wednesdays at 10am-12pm at the Victory Hall – Contact Jo Dryden via Facebook or 07789 282990 – see page 20.

Sports and Recreation

- **NORTHLEW SILVER BAND** – Devon's only Village Silver Band over 100 years old. Thank you to everyone who has supported Bandamonium. As a first year there were issues caused by the traffic on the A30 meaning that Northlew didn't get to see all the bands, but that aside from that it was a screaming success & I really recommend getting to Hatherleigh to witness the massed bands next year it was pretty impressive with 100 or so brass players giving their all, the rendition of Abide with Me brought tears to the eyes - in a good way. All the bands enjoyed themselves and I believe that was mirrored by the audiences, an afternoon when bands let their hair down and had fun. Big thank you to Steve & Shirley of the Square Shop for doing an amazing job of T-shirt sales & for all the Northlew players that helped support the Bandamonium Barbarians which was a scratch band set-up just for the day from anyone that wanted to play. Special mention must be made to the SW Comms band that had some ringers helping them out on the day, it meant the Northlew Band's drum kit was used by a percussionist from the Black Dyke band, the 5th best brass band in the WORLD, and who had just played at Glastonbury.... Next year will be bigger and better, warning for Northlew the date is Sat 29th July 2023. We are in the advanced stages of negotiations for a new training band session for all comers in our band room. Watch this space, parents stock up on ear plugs. We are aiming to have a bigger band than last year and really make the village proud. For more information please contact: Tim Williams 01409 221754 or Martin Perry 01409 221376.
- **PLAYGROUP FOR GROWN UPS** - come to the Methodist Chapel on the 1st and 3rd Tuesday of the month from 2 to 4pm for games, refreshments and laughter. All for £1.50. Local transport available. For more information please call Chris on 01409 221797.
- **SHORT MAT BOWLS** – this is held every Thursdays at 2- 4pm at the Victory Hall. For more information call Mike on 01409 220320, Norman on 01409 221518 or Lin Miller 01409 221164.
- **SKITTLES** – Tuesday 7.30-10pm at the Victory Hall. Contact Mark Turley 07958 764143.
- **TABLE TENNIS** - this is held at the Victory Hall on Fridays at 5-6pm. For more information contact Chris Baines on 01409 221362 or email chrisbaines63@btinternet.com.
- **WALKING GROUP** including nature walks are organised periodically throughout the year. Please contact Chris Baines on 07917 795072 or email chrisbaines63@btinternet.com if you would like to join us, or for more information.

Quiz Answers



1. Irving Berlin 2. Clarence Odbody 3. Merry Xmas Everybody Slade
4. Panettone 5. Clove 6. The Nightmare Before Christmas 7. Carp
8. Raymond Briggs 9. Offal 10. Camel 11. Rudolph the Red Nosed Reindeer
12. A berry from the mistletoe 13. Pere Noel
14. Four – Jacob Marley and Past, Present and Future 15. Dick Whittington
16. Norway 17. Department store Santa 18. Mistletoe
19. Richard Attenborough 20. Narnia



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Dog grooming
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SeaMoor Lotto



SeaMoor Lotto was created in 2018 by West Devon Borough Council. Set up to support community projects in the local area, SeaMoor Lotto operates on the principle of raising money within the community for the community. We empower local good causes to raise money in a fun and effective way. A ticket for SeaMoor Lotto costs £1 a week and 60p will go directly to good causes! Northlew Parish Council are a registered good cause with SeaMoor Lotto, so you can raise funds for the parish council, and potentially win something for yourself. Google SeaMoor Lotto, it's really simple to join!

www.seamoorlotto.co.uk

This is how the lottery works for you

SeaMoor Lotto is an exciting weekly lottery that raises money for good causes in South Hams and West Devon. All good causes supported by the lottery will benefit South Hams and West Devon and its residents.

Play the lottery, support South Hams and West Devon – it's that simple!



How tickets work?

Tickets for the lottery cost just £1 per week, with a top prize of £25,000!



About the draws

A weekly draw takes place every Saturday night. Match all 6 numbers and you win the JACKPOT!

[See our prizes](#)



Raising money for your cause

From every £1 ticket you buy, 60p will go to local good causes in South Hams and West Devon and improving our community.

Community Contacts

Medical

Blake House Surgery, Black Torrington	01409 231628
Derriford Hospital	01752 202082
Royal Devon and Exeter Hospital	01392 411611
MyDentist Okehampton	01837 52745
NHS Direct	111
Okehampton Boots (Mon-Sat 9-5.30)	01837 543220
Okehampton Community Hospital	01837 658000
Okehampton Lloyds Pharmacy (Mon-Friday 9-6.30 Sat	01837 52153

Okehampton Medical Centre	01837 52233
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Vets

Okeford Vets	01837 52148
North Park Veterinary Group	01837 658777

Other

Police	101 (non emergencies)
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Reporting a Power Cut	105
Floodline	0345 988 1188
Citizens Advice Bureau	0344 411 1444
West Devon Borough Council	01822 813600
Devon County Council	0345 155 1015



**J & J Services
The Knoll, Northlew
EX20 3BR**



Tel: 01409 220091 Mob: 07850 767686

Proprietor: John Millership

REPAIRS – SERVICING-TYRES – RECOVERY – MOT PREPARATION

We are your local friendly garage, established for 35 years.

John and Chris are happy to offer servicing, repairs and MOT preparation for all makes and ages of vehicle.

Tyres, batteries and exhausts can be supplied and fitted all at very competitive prices.

Courtesy cars available. No Job is too Big or Small

***Do you have straggly
ends, troublesome fringes,
unmanageable hair?***



Help is at hand, hello I'm Sarah from Dare 2BU Hairdressing Services here in Northlew, qualified and fully insured. I can come to you, or if you fancy a treat, why not come to my hair studio, where you can have a wash cut and blow dry, and a special pamper.

**Call or text Sarah on
07535 013587**

Community Support

Mags Jarvis 40k Duathlon Challenge in October

Thank you very much for the support of my recent 40 kilometre Duathlon Challenge (25 miles approximately). This consisted of a 3k-run, a 35k-cycle and a 2k-run which were all on the Tarka Trail from the old Torrington Station.

We were unlucky with the weather, got soaked but were not deterred and had a great time. We finished the Challenge in just over 3 hours. To date we have raised over £2,100 for Parkinson's UK ☐. The JustGiving link is <https://www.justgiving.com/fundraising/mags-jarvis1>



Peartree Cottage, Howards Gorhuish, Northlew, Okehampton, Devon EX20 3BT



Peartree Cottage is a charming two-bedroom self-catering holiday home standing in the grounds of Howards Gorhuish, 2 miles from Northlew. Howards Gorhuish, is a former dairy farm dating from late 17th century and the cottage was originally the cowshed, converted in the 1990's. It has recently undergone a complex refurbishment but retains its old-world charm. It is warm, cosy and comfortably furnished with Visit England 4 Star Gold Award Accreditation.

Accommodation: Sleeps 4 plus one infant (travel cot provided). Fully equipped kitchen/diner. Triple-aspect sitting room featuring stone inglenook fireplace with wood burning stove and French doors leading to the cottage's private patio and garden. Entrance hall leading to stairs and upper landing which leads to two spacious double bedrooms each with its own en-suite. Both bedrooms are double aspect with lovely views across the gardens, meadow and beyond. Further overflow accommodation available in The Old Cob Barn, which can be let as B&B. Garden features private patio and steps leading up to a secluded lawned area with feature shrubs. Garden furniture and BBQ. Gate leading to wildflowers meadow with summer house and a small shady copse. Dog friendly. Open all year round. Short breaks available. Generous welcome pack provided by The Square Shop, Northlew.

For further information contact: Keith & Jackie Ellis Tel: 01837 658750
Website: <https://www.peartreecottagedevon.com> or Email: Jackie.ann.ellis@btinternet.com
Facebook @PeartreeCottageDevon or www.cottages.com

Community Support

South Western Ambulance Service are looking to recruit Community First Responders (CFRs) in the Northlew Area given there is only one and they live outside of the village. Further information on this role can be found on our website:- www.northlewparishcouncil.org.uk or by scanning the QR code below.



The poster features a man in a dark green polo shirt with an NHS logo and a South Western Ambulance Service crest. He is smiling and has a 'restart heart' badge on his chest. The background is dark green with a yellow text box on the left.

Every second counts in a Cardiac Arrest become a Community First Responder

If you are interested in becoming a Community First Responder and would like more information, please visit <https://bit.ly/3tN7v2Y> or scan the QR code.

#MinutesSavedSavesLives

25257863recruitment0202we.com/uk - updated 21 January 2022 11:28 am - authorised by marketing and comms

Community Support



*The Heart of the South West Growth Hub Service for All is receiving up to £781,965 of funding from the England European Regional Development Fund (ERDF). The accountable body for this programme is Devon County Council.



HELPING YOU NAVIGATE THE LATEST CHANGES

With so much change going on in the agricultural industry, we can help you work out what's right for your farm business. Sit down for free with one of our experienced agricultural advisors who can assess your business, make sense of the latest schemes such as SFI, and develop a plan to get you where you need to go.

Whether that's helping with funding applications, explaining the latest schemes and ensuring you are compliant, as well as advising on areas such as business planning, benchmarking, diversification and succession planning, we can guide you through.

As well as this free one-to-one support, we are also running free workshops on a range of topics such as tree planting, SFI soils standards, digital skills and financial forecasting to name a few.



Register with us today:

www.businessinfopoint.co.uk/thrive

team@businessinfopoint.co.uk | 0800 592 872

Community Support



Free support to help farmers navigate the Agricultural Transition expanded in the South West

Business Information Point, alongside other local agencies are providing free, tailored one to one advice, workshops, and specialist webinars to help farmers and land managers navigate the changes brought about by the Agricultural Transition:

Following the success of earlier phases of the Future Farming Resilience programme, Devon County Council have received Defra funding to expand the initiative which will now cover Devon, Somerset, Dorset, Cornwall, and the Isles of Scilly.

The support will include:

Transition workshops: Local workshops to discuss the changes coming through the transition and look at new funding options, as well as planning strategies for the future. Visit website for more information.

One-to-one support: Access free one-to-one support with an experienced agricultural advisor to talk specifically about your farm business and develop an agreed and documented action plan.

Small group webinars: Attend small group webinars covering topics such as digital skills, succession planning, woodlands, environmental schemes, soil management, diversification, marketing, business planning and grant schemes.

Digital training: Build digital confidence and gain IT skills to better manage your farm business. The sessions are delivered in a no-nonsense, practical, and supportive manner, free of jargon!

For full details of the support and to register on any of the workshops please visit our website - <https://businessinfopoint.co.uk/ffr/> or call 0800 592 872.

Events at Okehampton Library

OUR LOCAL LIBRARY IS A LIFELINE THIS WINTER

Okehampton Library will be offering so much more than books this winter. It's a warm, welcoming space with free WiFi and computer access, people to chat to, groups and activities. Enjoy a natter with other customers over a FREE tea, coffee or hot chocolate, kindly supplied by Waitrose Okehampton.

We know it's going to be a tough winter with the cost-of-living crisis and heating bills rising. So, libraries are launching a 'Libraries for Life' campaign to remind everyone that we're not just about books!

As well as being great warm spaces to sit and read, there are groups ranging from Bounce & Rhyme for babies and toddlers to Cuppa & A Chat every Tuesday for adults to enjoy a natter.

If you need help navigating your way round a computer, there's free IT help sessions on offer. Our Reading Well titles are a range of books covering physical and mental health, and include titles aimed at children and teens. And don't forget if you're housebound or struggling to get to the library, our Home Delivery Service can deliver not just books but a friendly chat too!

Keep an eye out for more events and activities at Okehampton Library throughout the winter.

Visit our Website: www.devonlibraries.org.uk/web/arena/okehamptonlibrary

Follow us on Facebook.

EVENTS

Digital Devon

Book onto one of our free digital skills sessions in November at Okehampton Library to learn some basic digital skills or improve and refresh existing skills. Bring in your own device or use our public access computers. Contact Okehampton Library to have a chat about how we can help, and to book a digital session. Booking essential.

BIPC Devon launch at Okehampton Library – Wednesday 23rd November 11:00-13:00

BIPC Devon are opening a new spoke at Okehampton Library. BIPC Devon are a county wide based business support organisation, and the new spokes at Okehampton and Seaton, will give us a stronger presence in those areas to help the businesses of West and East Devon, respectively. We will be running a drop-in session on the day of the launch, where businesses can get business support from one of our business experts. We hope you can join us for the launch and talk with representatives of British Library and Libraries Unlimited during the day.

Christmas Chortle Trail – 1st – 23rd December

Find the Christmas jokes hidden around the library and match them up with the correct punch line whilst having a giggle! For all ages. Small chocolate treat for those that match all of them correctly.

Festive Hamper Raffle - Tickets £1 each

Purchase a draw ticket, for the chance to win the contents of the Friends of Okehampton Library festive hamper! Winner to be drawn Saturday 17th December.

Festive Quiz Sheet - £1 each

The Friends of Okehampton Library festive quiz sheet returns again, pick up your copy from the library from 1st December to Saturday 7th, only £1 per sheet with the chance to win a prize.

EVENTS continued...

Under 5's Stay and Play session – Monday 5th December 10:00-10:45

For under 5's and their parents/carers, no booking necessary. Free session, donations welcome.

Community Christmas Coffee Morning – Saturday 10th December 10:00-12:00

Have a chat with staff and Friends of Okehampton Library whilst you enjoy free mince pies and hot drinks in the warm, welcoming space of the library. Free, donations welcome.

Snow Globe craft activity – Tuesday 20th December 14:00-15:00

Create a winter snow globe to take home. Suitable for ages 7+, booking in advance, £1 per child.

Music Night at the Ockment Centre – Friday 9th December 19:00

The Friends of Okehampton Library music night returns!

Music -The Electroles, Meand'er, One Point Five and Uke'n Play.

Bring your own refreshments. Tickets £5 each.

Seated Exercise with Fusion Lifestyle – Friday 20th January 14:00-15:00

REGULAR EVENTS

A Cuppa & A Chat - Tuesdays 13:30-15:30

Enjoy a natter with other customers over a FREE tea, coffee or hot chocolate, kindly supplied by Waitrose Okehampton.

No booking necessary. Just drop in.

Bounce & Rhyme - Tuesdays 10:00-10:20 & 11:00-11:20

Suitable for under 5s. Free, no booking necessary.

Baby Weigh – Tuesdays 09:30-11:30

Free self-weigh facilities for parents to weigh their babies, are available in a screened area within the library. This is in partnership with Devon Public Health Nursing. Parents and babies welcome to stay for Bounce & Rhyme!

Duplo Builders & Storytime - Wednesdays 09:30-10:15

Suitable for under 5s. Free, no booking necessary.

Lego Builders - Saturdays 10:30-11:30

Suitable for ages 5+. Free, no booking necessary.

The Secret Book Quest

A completely FREE year-round reading challenge for 5-12 year olds across Devon. To take part, children sign up in the library, read 50 library books at their own pace, and collect stickers to solve the secret code. Finishers will receive a certificate and a small prize.

Children under 8 must be accompanied to all events by a responsible adult. Please see our library website or Facebook page for any additional events and library services www.devonlibraries.org.uk

Okehampton Library, 4 North Street, Okehampton EX20 1AR. Okehampton@librariesunlimited.org.uk Tel: 01837 52805		Opening Hours:	
 @OkehamptonLib  facebook.com/OkehamptonLibrary		Monday	09.00-17.00
		Tuesday	09.00-18.00
		Wednesday	09.00-13.00
		Thursday	09.00-17.00
		Friday	09.00-18.00
		Saturday	09.00-13.00

Devon Libraries is part of



Devon Libraries is part of Libraries Unlimited. Libraries Unlimited is a registered charity. Every penny raised goes directly towards library services that help make a difference to people's lives and communities. To donate, please visit librariesunlimited.org.uk

Transport



Bus Timetable Here are the timetables for the service buses that run from the village on a regular basis

NORTHLEW - HATHERLEIGH - OKEHAMPTON	MD Buses 630
NORTHLEW - OKEHAMPTON via Sheepwash	MD Buses 631
NORTHLEW - OKEHAMPTON	MD Buses 633
Via Germansweek, Bratton Clovelly	

Monday, Thursday and Saturday (Except Public Holidays)

	633 M	630 Th	631 S		633 M	630 Th	631 S
NORTHLEW Square	0930	0945	0945	OKEHAMPTON Market Street	1230	1245	1245
SHEEPWASH Square	-	-	1000	BOASLEY CROSS School	1245	-	-
HIGHAMPTON	-	-	1005	BRATTON CLOVELLY Clovelly Inn	1255	-	-
HATHERLEIGH Moor View	-	-	1010	GERMANSWEEK War Memorial	1310	-	-
EXBOURNE Red Lion	-	-	1020	FOLLY GATE Crossways Inn	-	1250	-
SAMPFORD COURTENAY New Inn	-	-	1026	INWARDLEIGH Memorial	-	1255R	-
SAMPFORD COURTENAY Station	-	-	1030	SAMPFORD COURTENAY Station	-	-	1252
HATHERLEIGH Moor View	-	1000	-	SAMPFORD COURTENAY New Inn	-	-	1256
INWARDLEIGH Memorial	-	1010	-	EXBOURNE Red Lion	-	-	1302
FOLLY GATE Crossways Inn	-	1014	-	HATHERLEIGH Moor View	-	-	1312
GERMANSWEEK War Memorial	0945	-	-	HIGHAMPTON	-	-	1317
BRATTON CLOVELLY Clovelly Inn	1000	-	-	SHEEPWASH Square	-	-	1322
BOASLEY CROSS School	1010	-	-	HATHERLEIGH Moor View	-	1305	-
OKEHAMPTON Market Street	1025	1020	1037	NORTHLEW Square	1325	1320	1337

CODE: M - MONDAY ONLY

Th - THURSDAY ONLY

S - SATURDAY ONLY

R - SERVES THIS POINT IF REQUIRED BY PASSENGERS ON THE BUS

These services are financially supported by Devon County Council

NORTHLEW - HOLSWORTHY Via Sheepwash **Taw & Torridge 639**

Wednesday only (Except Public Holidays)

NORTHLEW Square	0925	HOLSWORTHY Manor Car Park	1335
HATHERLEIGH Market Square	0940	ANVIL Corner	1340
HATHERLEIGH Moor View	0942	COOKBURY Church	1348
HIGHAMPTON	0946	HOLEMOOR CROSS	1354
SHEEPWASH Square	0952	BRADFORD Lana Cross	1355
BLACK TORRINGTON Black River Inn	1000	BRANDIS CORNER	1404
BRANDIS CORNER	1006	BLACK TORRINGTON Black River Inn	1410
BRADFORD Lana Cross	1015	SHEEPWASH Square	1418
HOLEMOOR CROSS	1016	HIGHAMPTON	1424
COOKBURY Church	1022	HATHERLEIGH Moor View	1428
ANVIL Corner	1030	HATHERLEIGH Market Car Park	1430
HOLSWORTHY Manor Car Park	1035	NORTHLEW Square	1445

This service is financially supported by Devon County Council

NORTHLEW - BIDEFORD Via Shebbear **MD Buses 642**

Monday Only (Except Public Holidays)

NORTHLEW Square	0915	BIDEFORD, Morrisons	1325
HIGHAMPTON	0925	BIDEFORD, The Quay, Stop A	1330
SHEEPWASH Square	0930	STIBB CROSS	1350
BLACK TORRINGTON, Black River Inn	0935	ROWDEN FARM	1354
BRANDIS CORNER	0940	SHEBBEAR Square	1405
BRADFORD, Lana Cross	0945	DIPPERMILL	1415
DIPPERMILL	0950	BRADFORD, Lana Cross	1420
SHEBBEAR Square	1000	BRANDIS CORNER	1425
ROWDEN FARM	1011	BLACK TORRINGTON, Black River Inn	1430
STIBB CROSS	1015	SHEEPWASH Square	1435
BIDEFORD, The Quay	1035	HIGHAMPTON	1440
BIDEFORD, Morrisons	1038	NORTHLEW Square	1450

This service is financially supported by Devon County Council

Transport

Dartmoor Train Line There are trains hourly each way, seven days a week, between Okehampton, Crediton and Exeter St Davids, including services for daily commuters. Most services also call at Exeter Central, including the key peak services. Please visit <https://dartmoorline.com> for the new timetable post 10 December.

Sunday 15 May to Saturday 10 December 2022

EXETER AND CREDITON TO OKEHAMPTON

Mondays to Fridays	Exeter Central	a	0616	0733	0834	0933	1032	1132	1232	1332	1432	1532	1632	1735	1824	1924	2052
	Exeter St Davids	d	0631	0738	0839	0938	1037	1137	1237	1337	1437	1537	1637	1740	1845	1942	2115
	Newton St Cyres	a	1044x	1344x	2122x
	Crediton	d	0641	0749	0849	0948	1051	1147	1247	1351	1447	1547	1647	1750	1855	1953	2128
	Crediton	d	0642	0749	0850	0949	1051	1151	1251	1351	1450	1549	1649	1751	1856	1955	2129
	Okehampton	d	0707	0815	0915	1015	1117	1217	1316	1417	1515	1615	1715	1817	1922	2020	2155

Saturdays	Exeter Central	d	0724	0834	0934	1032	1131	1233	1332	1433	1531	1632	1733	1828	1920	2026
	Exeter St Davids	d	0630	0738	0839	0939	1037	1136	1238	1337	1438	1538	1637	1738	1845	1933	2110
	Newton St Cyres	d	1044x	1344x	1644x	1940x	2117x
	Crediton	a	0640	0748	0849	0949	1050	1147	1248	1350	1448	1548	1650	1748	1856	1946	2123
	Crediton	d	0641	0749	0850	0950	1051	1152	1251	1351	1450	1549	1651	1749	1857	1955	2125
	Okehampton	a	0706	0815	0915	1015	1117	1217	1316	1417	1515	1615	1716	1815	1922	2020	2150

Sundays	Exeter Central	d	0837	0932	1032	1132	1232	1332	1432	1532	1632	1732	1821	1920	2040		
	Exeter St Davids	d	0842	0937	1039	1138	1238	1337	1437	1538	1637	1742	1847	1942	2118		
	Newton St Cyres	d	1047x		
	Crediton	a	0852	0949	1054	1149	1251	1348	1448	1549	1647	1752	1858	1953	2129		
	Crediton	d	0853	0949	1055	1150	1252	1349	1449	1550	1648	1753	1859	1954	2130		
	Okehampton	a	0918	1015	1120	1216	1317	1415	1514	1615	1713	1818	1924	2019	2155		

OKEHAMPTON TO CREDITON AND EXETER

Mondays to Fridays	Okehampton	d	0725	0825	0925	1025	1127	1227	1326	1426	1525	1625	1725	1830	1931	2030	2219
	Crediton	a	0748	0848	0948	1048	1150	1250	1349	1449	1548	1648	1748	1853	1954	2053	2243
	Crediton	d	0750	0850	0951	1051	1152	1253	1350	1451	1550	1651	1750	1855	1956	2054	2249
	Newton St Cyres	d	0954x	1054x	1353x	1455x	..	1655x	2000x
	Exeter St Davids	a	0800	0900	1003	1103	1202	1303	1402	1503	1600	1703	1800	1906	2008	2104	2300
	Exeter Central	a	0805	0905	1007	1107	1207	1307	1406	1508	1605	1707	1805	1916	2014	2121	2309

Saturdays	Okehampton	d	0725	0825	0925	1025	1127	1227	1326	1426	1525	1625	1725	1830	1931	2030	2224
	Crediton	a	0748	0848	0948	1048	1150	1250	1349	1449	1548	1648	1748	1853	1954	2053	2247
	Crediton	d	0750	0852	0950	1050	1152	1252	1350	1451	1549	1651	1749	1855	1955	2054	2248
	Newton St Cyres	d	0953x	1053x	1353x	1454x	..	1654x	1958x
	Exeter St Davids	a	0800	0903	1003	1103	1204	1302	1402	1502	1559	1703	1759	1906	2006	2104	2259
	Exeter Central	a	0805	0907	1007	1107	1208	1307	1406	1508	1604	1707	1803	1919	2011	2120	2316

Sundays	Okehampton	d	0925	1030	1125	1225	1325	1425	1525	1623	1725	1833	1929	2025	2201		
	Crediton	a	0949	1053	1149	1249	1349	1449	1549	1647	1749	1857	1953	2049	2225		
	Crediton	d	0949	1053	1149	1251	1349	1451	1550	1652	1752	1857	1954	2051	2225		
	Newton St Cyres	d	1352x		
	Exeter St Davids	a	1000	1104	1200	1303	1402	1502	1603	1703	1803	1908	2005	2102	2237		
	Exeter Central	a	1005	1109	1205	1308	1407	1506	1608	1708	1819	1928	2028	2128	2256		

NOTES AND SYMBOLS

- Bold** Through service
- Light Connecting service
- a Arrival time
- d Depart time
- x Stops on request. Please tell the Conductor if you wish to leave.
Please signal to the Driver if you wish to board

WE ARE
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