

Northlew News

Summer 2022



Celia Miners

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Northlew News is a free quarterly newsletter produced by Northlew Parish Council.

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Hello from the Editor

Super Sunny Greetings to all Northlewians past present and future, not forgetting of course those who are simply interested in the parish.

There are so many contributors to this edition, and we are still fortunate enough to have new advertisers each quarter so that means I don't need to waffle on! Special thanks to Ian Richards for stepping in to fill Simon Dancer Quiz Masters' shoes!

As this goes to print there is a group of dedicated ladies in the village, putting plans together to hold a super celebration for the Queens Platinum Jubilee, this will be in the shape of a Tea Party on Saturday 4th June in the afternoon, you should all receive a flyer through the letterbox very soon outlining the plans. The Parish Council are also taking part in the nationwide lighting of beacons on the evening of June 2nd. There will be hot food and a bar thanks to Dan and his team at The Green Dragon, and the gate literally opens at 8pm! Everyone is welcome to both events. Special thanks to Helen Hawken who has provided us with photos from the archives on page 6 showing how Northlew celebrated the Silver Jubilee in 1977.

I look forward to seeing you all around the village in the coming months and remind you all that this OUR newsletter, that means anyone can contribute, so please, don't be shy!

With Best Wishes

Celia



Village Events

Platinum Jubilee Celebrations 2-4 June




All welcome to celebrate

**HER MAJESTY QUEEN ELIZABETH'S
PLATINUM JUBILEE**

THURSDAY 2ND JUNE
Lighting of the Beacon at Heath Moor,
Durdon Cross at 9.45pm

SATURDAY 4TH JUNE
Bring & share tea in the Square 2-4pm
Entertainment by NADS & Northlew Silver Band
Face painting, cake competition etc.
Village photo taken of all attending

Covid Safety
If you have covid or have covid symptoms, please don't contribute food to share. All helpers will wear masks and gloves to handle food.

If you have any allergies or dietary requirements, please bring your own food. Tea or squash will be served and the Green Dragon will be open!

Please bring all food contributions - both sweet & savoury - to the Church Rooms between 11am-1pm on Saturday morning and we will plate them up.

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Your Parish Council

Your Councillors are here to help and always welcome your support and comments. Contact details as follows:-

Celia Miners	Cllr & Chair	cminers@northlewparrishcouncil.org.uk
Mark Rundle	Cllr & Vice Chair	mrundle@northlewparrishcouncil.org.uk
Andrew Alger	Cllr	aalger@northlewparrishcouncil.org.uk
Mai Cudmore	Cllr	mcudmore@northlewparrishcouncil.org.uk
Bryan Dufty	Cllr	bdufty@northlewparrishcouncil.org.uk
Davie Kent	Cllr	dkent@northlewparrishcouncil.org.uk
Steve Lofthouse	Cllr	slofthouse@northlewparrishcouncil.org.uk
Shaun McCarthy	Cllr	smccarthy@northlewparrishcouncil.org.uk
Shaun Millership	Cllr	smillership@northlewparrishcouncil.org.uk

Details on how to contact your Borough and County Councillors and Member of Parliament are also found on our website <http://www.northlewparrishcouncil.org.uk/YourCouncillors.aspx>.

We would like to welcome our three new Councillors to the Parish, Dave Kent, Steve Lofthouse and Shaun McCarthy who have joined the Parish Council in the last few months and bring a wealth of knowledge and local interest.

Meetings

Parish Council Meetings are usually held at 7.30 pm on the third Monday of each month in the main hall of the Victory Hall. The agenda is published on the website at least 3 days prior to the meeting at <http://www.northlewparrishcouncil.org.uk/FullCouncil.aspx>. At 7.30pm prior to the start of the formal meeting, there is a public session (if required) which, at the Chair's discretion may last up to 15 minutes to enable members of the public to ask questions of and make comment to the Council. We request that notice of intent to ask questions/make comment be made to the clerk by the Friday prior to the date of the meetings. Questions not answered at this meeting will be answered in writing to the person asking the question or may appear as an agenda items for the appropriate parish council or committee meeting. Members of the public are asked to restrict their comments and/or questions to three minutes. This section is not part of the formal meeting of the Council. Any member of the parish can attend the formal part of the meeting but may not contribute to it unless specifically invited by the chair.

Minutes

The minutes of the last month's council meeting are available on Parish website at www.northlewparrishcouncil.org.uk. Please contact our clerk Sue Main for further information or if you would like to raise a topic at the public session of the Parish Council Meeting. Sue can be contacted at email: clerk@northlewparrishcouncil.org.uk or on 07956 312047.

Website and Noticeboard

The website contains a whole host of useful village information including latest news on the home page, a local information and memory page, your Councillors, agenda and minutes and back copies of the newsletters. Our clerk also produces a monthly noticeboard with information about what is going on in the Parish and also notifications from West Devon Borough Council (and Devon County Council as appropriate). This can be found on the home page of the website and also on the noticeboard at The Square Shop and at the Victory Hall. If you have any community-related news for inclusion on the Noticeboard or have any feedback, comments and/or suggestions about the website then please contact our Parish Clerk at clerk@northlewparrishcouncil.org.uk.

Cancer Research Coldwater Challenge

March 2022



Those of you on Facebook will have been saturated with the videos and entries that I logged during the month about the daily cold water dips I took during March to raise money for this life saving research into cancer.

Over the 31 days of March, I immersed in cold water for no less than 30 seconds, every single day. I started off in the River Lew with my safety crew (Mum and Nigel) and over the following 30 days I was joined by more than 50 friends and family, in numerous locations around Devon, and with over 50 people coming along to support from the warmth and dryness off the sea shore or river bank!

Most days I dedicated the dip to someone who has cancer in the life or sadly has lost their life to cancer. Several friends got in touch and asked to join me and dedicate a dip to someone they loved affected by cancer, and it was an honour to be able to spend time remembering these people and celebrating their lives and for those living with cancer

their ongoing good health. Particular mention must go to Mum and Nigel for being so supportive, swiftly followed by Sharn and Dave Kent who joined me on most of the dips, without every bodies enthusiasm and commitment we, together would never have raised the STAGGERING £6,600+ that we did!!

Heartfelt thanks to everyone who shared this challenge with me, no matter how big or small. I am high-5ing you all because together we were epic!

Much love, Celia

An advertisement for Michael Lashbrook Garden Services. The background is a light blue sky with a green grass strip at the bottom. On the left is a green leaf logo. The name 'MICHAEL' is in large green letters, and 'LASHBROOK' is in large dark grey letters. Below the name is the text 'Garden Services - Tree Work - Hedge Cutting'. Contact information includes 'Tel: 01837810329 Mob: 07513 975711' and 'Email: mlashbrookgardening@gmail.com'. At the bottom, a green banner contains the text 'Any job undertaken!' in white.

Souvenir Mugs for all Northlew Children

As part of the Platinum Jubilee celebrations, Northlew Parish Council will be presenting souvenir mugs to all Northlew children 18 years and below at the tea party celebrations in The Square on Saturday 4th June between 2-4pm. If you would like your child to receive a mug, please email Sue Main at clerk@northlewparishcouncil.org.uk before Friday 3rd June providing your child's name and age and relevant contact details.

Look forward to celebrating with you all over this momentous weekend.



Northlew celebrating the Silver Jubilee in 1977



Photos kindly provided by Helen Hawken

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Highways

Here is a reminder on how to report a problem to Devon County Council whether it be issues with potholes, parking, overgrown vegetation, public rights of way, hazardous or fallen trees, debris or obstruction, defective road markings, trip hazard, traffic lights, broken man hole covers, grit bins, bridges and walls, fences and barriers, ice, street lights, flooding and blocked drains. Go to:-

<https://www.devon.gov.uk/roadsandtransport/report-a-problem/>

Select the relevant icon below, it will take you to an information page where you can log a report. For those wishing to have up-to-date information on traffic, road closures etc. please go to <https://one.network/> where you can register to receive this live.

Roads and transport Devon County Council

Home Maintaining roads Parking Report a problem Make a request Traffic information Safe travel

Home > Report a problem

Report a problem

If you are **reporting an emergency** that requires immediate attention, please call us on [0345 155 1004](tel:0345 155 1004). An emergency on the highway is defined as something that is very likely to present an imminent threat to life or serious injury or serious damage to property.

Track an existing problem

<p>Pothole Large 40mm vertical-edge hole that is also greater than 300mm wide</p>	<p>Parking Request enforcement in residents' parking and on-street parking zones</p>	<p>Overgrown vegetation Pedestrians, tripped into roads, cars over central line, reduced visibility</p>	<p>Public rights of way For example, blocked access or broken stiles</p>
<p>Hazardous or fallen trees Trees that have fallen into the road or are leaning, unstable, diseased or dying</p>	<p>Debris or obstruction Thick mud, soil, stones, embankment slips, large branches, fallen trees</p>	<p>Defective road markings or signs White and yellow, stop or give way lines or warning signs</p>	<p>Trip hazard Hole or significant difference in level on pavement or cycleway</p>
<p>Traffic lights Damage or fault to traffic lights or signals or school crossing patrol light</p>	<p>Broken manhole cover Broken, missing or rocking manhole cover</p>	<p>Grit bin Empty bin, damaged bin or a bin with contents that are unusable</p>	<p>Bridges and retaining walls Structural damage or significant obstructions restricting water flow</p>
<p>Fences and barriers Damaged or missing roadside fences or barriers</p>	<p>Ice Ice or snow on the road</p>	<p>Street lights, lit signs, lit bollards Faulty street light, cable crossing, broken, lit sign</p>	<p>Flooding and blocked drains Standing water, blocked drain, flooded property, impassable road</p>

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Quiz Time



1. What is the only bird known to fly backwards?
2. Which footballer entitled his autobiography "The Good, the Bad and the Bubbly"?
3. Which old English coin was equal to 4 pence?
4. Forced to mold the death masks of famous guillotine victims during the reign of terror, this famous French woman was the first to lay her hands on those unlucky heads of state and society. What was her name?
5. In which town is the UK Dyslexia Trust based?
6. In song which famous dragon amused himself "along the cherry lane" ?
7. Who drives the car with the reg no 248 RPA?
8. Which weighs the most : 500 one pence coins or 250 two pence coins?
9. What is the collective noun for a group of pandas? a) an embarrassment b) a flange c) a cuteness d) a pod
10. How many months have 28 days in them?
11. How many teeth does an aardvark have?
12. Under what name did Agatha Christie write general fiction?
13. David John White is better known as?
14. What were created by Forrest Mars in 1936 and described as 'energy balls'?
15. How did gypsies traditionally cook hedgehogs?
16. Which Capital city has given its name to a type of rose, a small fruit and a fabric?
17. Flying due East from New York which country do you hit first?
18. Which leader was assassinated by their own bodyguard on 31st October 1984?
19. The Old Bailey stands on the site of which former prison?
20. Which sport is played on the largest pitch?

Quiz provided by Ian Richards. Go to page 21 for answers

PEWS NEWS

FRIENDS OF ST THOMAS' CHURCH, NORTHLEW (FOST)

The Annual General Meeting will take place in the Church Rooms at 7.30pm on Wednesday 1st June 2022. We have a vacancy following Holly Dancer's departure to pastures new so would welcome a volunteer (or two) to come and join us in helping to protect our wonderful Church! If you are interested and would like further information, do give Jackie a call on the number below.

FOST Committee 2022

Acting Chair & Secretary – Jackie Ellis

01837 658750/07952 071809 or Email to: jackie.ann.ellis@btinternet.com

Treasurer – Tony Hazell

Roger Atkinson

Pat Durston

Keith Ellis

Tania Haycocks

Alan Haycocks

Shaun Millership

Revd. Leigh Winsbury [Ex Officio]



The Methodist Church

Services

22nd May 2.00 p.m. preacher Rev Chris Jackson



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Bird Watch

The Nuthatch (*Sitta Europaea*)



Ever wondered how some of our birds get their names? Some are pretty obvious like the Cuckoo or the Green Woodpecker, but what about the Nuthatch? The name nuthatch is derived from nut hacker, reflecting the bird's method of opening up nuts by jamming them into a crevice then hammering at them.

Old country names for the Nuthatch include mud dabbler and mud stopper, both of which reflect the bird's curious habit of plastering mud around the entrance hole to its nest. They will even do this to a ready made nest box, which already has the correct size hole!

Another interesting fact about the Nuthatch is its ability to walk up a tree trunk as well as down one. This is distinct from the Treecreeper that only walks up a tree trunk. First, nuthatches are not actually "walking" down the tree. They are hanging from foot to foot, but they do it so seamlessly that it appears as if they are walking.

They're able to move like this because of their strong toes and legs. Nuthatches have four toes. Three of them face forward and one faces backwards. This backwards facing toe is called the hallux. It's longer than the other toes and is shaped like a claw that curves downwards. This strong claw-like toe helps nuthatches cling to the bark of a tree while facing the ground.

Nuthatches are a fairly common bird on our feeders these days, and love to eat sunflower hearts and Peanuts. They are pretty feisty little birds, and will stand their ground against bigger birds on the feeder. If you are walking through woodland at any time of the year, chances are you will hear a Nuthatch calling. Their call is pretty loud, but you will need to persevere in order to positively identify the bird from its call, as they have quite a range of notes in their repertoire.

There are 24 different species of Nuthatch in the world, but only one in the UK, although they have never been recorded in Ireland. They do not migrate, spending most of their lives no more than one kilometre from where they hatched.

For the next issue we will explore the life of the Dunnock, a classic LBJ (little brown job).

Chris Baines



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Food For Thought

As picnic days are here, why not try a different sort of sandwich. This comes from Southern France.

Pan Bagnat

1. French bread halved with a good part of the filling removed so you just have the shell.
2. Brush it generously inside with an olive oil vinaigrette.
3. Pile on lettuce, sliced tomatoes, spring onions, sliced hard boiled eggs, sliver of anchovies, stoned olives, tuna fish, capers (or tapenade) and radishes
4. Sprinkle the layers with olive oil vinaigrette as you build them up.
5. Press the bread top down and bind the whole thing tightly with cling-film.
6. Put weights on top and leave for several hours to chill.
7. Cut into chunky slices.



Tania Haycocks

Tania's Tarts open every Friday 10-12pm from kitchen window: tarts, pies and savouries

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Bygone Times

Final Part 4 of Colin Jarvis's series

The land and its soil, it must be **in the blood.....**

The issues around new roads became my main environmental involvement for the following reasons. Firstly they destroyed farms or parts of farms and therefore food growing land. Secondly they usually wrecked the countryside and the south east quarter of Britain was being carved up badly by many new roads in the 1980s and 90s.

Of course an advanced country needs good roads and bypasses. However, not all roads planned passed the following tests. Was the road really needed?; was it on the best route and was it the correct size for the traffic expected.? Could more freight go by rail instead of road?

The Government roads engineer mentioned in part 3 did actually come with his technical surveyor to our house. This was unusual. They drew up our (Friends of the Earth) alternative A12 Chelmsford bypass. Mags plied them with tea and cake!

Sadly, our route wasn't chosen officially BUT instead of a 6 lanes Chelmsford bypass proposed by the Department of Transport it was built only as 4 lanes. This was a huge saving in agricultural land. Native trees and at least 10 miles of hedges were planted to mitigate the effects in the Chelmer valley.

The M12 in Essex was never built. There was a huge campaign in the villages in 1990 against this motorway which had no justification. It took up good wheat growing land and would have ruined a scarce medieval landscape.

The M40 London to Birmingham motorway was built but a huge modification to the route east of Oxford was made. Mags and I bought a plot of land out of 3000 plots sold in a meadow on the proposed route. It was called Alice's Meadow in a unique landscape now protected for ever.

Look at a road map/atlas and see how the M40 detours east of Oxford to avoid the destruction of the special landscape.

The Department of Transport gave up the idea of serving compulsory purchase orders on all the meadow plot owners and opted for the less damaging route.

To help the damaged landscapes the Department of Transport to their credit did plant millions of trees on the road banks and cuttings across the UK. In fact I understand they became one of the largest planter of trees in the country. The A30 through Devon has to be a good example of a new road following contours and seems to be well landscaped but we all knew the Okehampton Bypass dilemma, through the National Park or through farmland?

So, it was possible with determination and public support and objections to modify some big road proposals. It was time to concentrate on my 'farming'.



I used a council allotment, our garden and a shared garden to grow food for our family. The allotment grew potatoes and Mangolds for our pigs. We had a small orchard. All this land owned, borrowed or rented was less than half an acre!

Bygone Times

Final Part 4 of Colin Jarvis's series continued.....

The land and its soil, it must be **in the blood**.....

Our farmer friend in Essex with 1200 acres of wheat, rape and beans was buying more food for his family in the supermarket than we were! He was ultra specialised and like many big East Anglian farms grew nothing he could eat fresh from the soil!

We had apples, fruit juice, vegetables, some soft fruit and potatoes and pork from our land.

My grandparent's smallholding and mums farm were totally unspecialised and provided all their food needs at home plus produce and livestock to sell at markets or direct to the locals. They may have been cash poor but certainly food rich!

I think it likely that some form of mixed farming will become more common again in the future. Like years ago a variety of food stuffs grown or raised on farms and in gardens could be eaten by the family and sold to local shops and markets. Food miles are less and the systems more resilient to transport problems.

The UK imports about 40% of its food which basically puts the nation in an extremely vulnerable position.

Food security is absolutely essential but we rely too much on other countries and people to sell food to us and many farmers think the new government policies still dont emphasise the importance of farms for growing food !!

Climate change is bringing many challenges to growers and farmers. High temperatures, late frosts, droughts, floods and loss of land to sea inundation will reduce crop yields and these, unfortunately, are predicted to worsen.

A few years ago, a government minister was actually recommending that many more people will need to supplement their food by growing their own where possible in gardens and allotments.

Obviously this sounds very sensible now particularly with the increasing cost of living. Dig for survival! We're certainly doing this in Devon. Happy to share ideas as ever!

Most of us know that you can't beat a home grown crop for flavour whether it's a tomato or only a runner bean! Good luck!

Colin Jarvis



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The Square Shop—Latest Update



The Square Shop, Northlew, a Community Interest Company, has recently been refurbished thanks to a generous grant from the **National Lottery Community Fund**, for which we are very grateful.

New shelving, a custom built counter, increased stock and modern lighting has transformed the shop into what we hope will be a more pleasurable shopping experience for all - and a nicer place to work.

We have expanded our grocery range of everyday essentials, and are adding new lines such as a wide range of Dartmoor soaps with local chutneys and preserves to come shortly. Fresh, local vegetables and fruit are delivered on Tuesday and Thursday; bread arrives daily from Tuesday-Thursday; Taw River Dairy milk (both semi skimmed and full fat) on Tuesday and Friday; Cornish milk is twice-weekly (skimmed and semi skimmed) and a new cheese delivery arrives every Thursday. Local honey is available; fresh, free range eggs come every Wednesday and we have a weekly meat delivery from Edwards Butcher's in Hatherleigh - so there really is no better time to try to shop local. Why not enjoy a fresh brew cup of coffee, tea or hot chocolate and have a seat outside?

We are also excited be able to fund a regular Pensioners' Lunch for residents (see advert opposite), the first of which will be held on Monday 6th June at The Green Dragon, thanks to Dan and Karla and Tracey/Vicky for cooking!

There is now also the possibility of offering some paid work experience to young people from the local area who may struggle to get into Okehampton, for example, to take up an opportunity. Funding has been allocated too for training of any such young people and volunteers in subjects as Food Hygiene, Barista training, Health and Safety at work and First Aid.

All of this is made possible by a fantastic team of volunteers who look forward to welcoming you soon.



The Square Shop



Opening Times

Monday	Closed
Tuesday—Friday	10am—4pm
Saturday and Sunday	10am—12 Noon

FREE LUNCH

Yes, there is such a thing.....

Provided you are a pensioner over 70 years of age.

The Square Shop is very pleased to announce that they are sponsoring a monthly lunch for older residents in the village starting on Monday 6th June at 12.30pm. It will be held at The Green Dragon, thanks to Dan and Karla, and will be cooked by Tracey and Vicky so is sure to be lovely. Two courses will be offered - completely free of charge - and the bar will be open should you wish to purchase drinks. All we ask is that names are forwarded to the list held in the shop by 1st June to assist with catering/numbers.

The Square Shop decided to arrange this regular local event as part of its successful bid for a National Lottery grant and is delighted to be able to offer the chance to bring the community together.

Right, now who's washing up.....?

Steve Lofthouse

Telephone: 07533 017938

E-mail: squashopnorthlew@outlook.com



Kiddies Corner

Northlew Primary PTFA would like to take this opportunity to thank you all. The last few years have been difficult for all with minimal opportunity for us to enjoy planned events but your kindness & generosity in supporting our events have helped us to raise vital funds to help the school and allowed us to fund educational trips for the children. We look forward to welcoming you to our up coming events this year. If anyone would be interested in getting involved with the PTFA we would welcome new members so please feel free to contact us on northlewpfta@gmail.com Thank you again for your continued support.

Dates for the diary:

- Duck Race - Friday 15th July 2022
- Carnival - Friday 4th November 2022
- Christmas Fair - Saturday 26th November 2022
- Christmas Hamper - to be drawn week of 12th December 2022



Northlew Baby and Toddler Group

Wednesday mornings 10 – 12

(Term time)

In the Village Hall

£1.50 per child snack included

Tea and coffee for adults

For more info find us on [facebook](#):

Northlew Toddler Group, Devon





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INSTALL - SERVICE - BREAKDOWN



Quiz Answers



1. Hummingbird
2. George Best
3. A goat
4. Madame Marie Tussaud
5. Reading
6. Puff the Magic Dragon
7. Morse
8. They both weigh the same
- 9 (a) an embarrassment
10. All of them!
11. None
12. Mary Westmacott
13. David Jason
14. Maltesers
15. Baked in clay
16. Damascus
17. Portugal
18. Indira Gandhi
19. Newgate
20. Polo

Help Save the Planet—One Prescription at a time



Every month a message pops up on Facebook to let me know that my prescriptions had arrived at the Square Shop. It was a particularly wet and windy day, the sun didn't seem to have risen, so I was especially glad that I did not have to drive to Black Torrington Surgery.

Each month my increasingly large packet of prescriptions is picked up by a group of volunteers. They leave them in the shop in a corner which would be ideally suited to display even more interesting produce. But this shop is a community shop and I think this service is one of the best I've come across. This month I must have been one of the first to arrive and was surprised at just how many prescriptions were in the basket. There must have been 50 paper bags of varying sizes. This got me to thinking how lucky we are that 50 different people aren't having to do that drive to Black Torrington Surgery each month.

My next thought was how much carbon dioxide (CO₂) are we saving by having this service? Then, how many trees would we need to plant to reach carbon neutrality. So, I decided to do a little bit of maths - bear with me.

Obviously, I am completely ignoring inflation and many other factors. This is me just musing as I wander home from Square Shop with a bag full of fresh locally produced vegetables and a good piece of home-made chocolate cake. As I shut my front door, with my head spinning with these numbers I realise there was a much easier solution to this problem. All I need to do is each time I pick up my prescription is to buy cake (my type of alternative medicine), perhaps a few other bits and pieces throughout the month. This will keep the Square Shop open and our CO₂ footprint to a minimum.

The journey to Black Torrington Surgery from Square Shop is 5.8 miles, let's call it 6 miles for ease of mathematics. So that's a round trip of 12 miles done by 50 people; a grand total of 600 miles each month. 7200 miles per year!

Firstly, I needed to work out how many tonnes of CO₂ the people of Northlew would produce if we had to do our 50 round trips to get the prescriptions each month. I worked this out to be 3.6 tons of CO₂ (see below if you fancy checking the maths).

When we see pictures of tree planting that is going on around us we see little twigs in open fields. But it takes around 25 years for that skinny sapling to become a tree that will absorb CO₂ out of the atmosphere (up until this point it has been putting out more CO₂ than it absorbs - 'sequesters'). At which point a tree maybe expected to take up in the region of 0.16 tonne of CO₂ per annum.

However, of these trees it is estimated that more than 25% will be killed by the ring barking damage perpetrated by grey squirrels. A further 25% will die from fungus, virus and wind damage. So to ensure that we will start to become carbon neutral let's plan to plant an additional 50% each year.

This means that we will need to plant **33 trees**. Each and every year.

Help Save the Planet—One Prescription at a time

The maths if you are interested;

To get the numbers to calculate these sums has involved a Google search. I don't know how accurate they are, I don't know how they come by these numbers, and in all fairness I don't really believe that they are accurate enough. We all have different cars, petrol or diesel with the occasional electric car. We drive economically or erratically. And we link our journeys with other events to minimise our output. However, I will use the most common figures that appeared through my Google search.

Year	number of trees planted	date these trees will start sequestering CO ₂ used	cost of trees, £1.50 per tree/guard/stake
2021	33 each year	2046	£49.50
2031	330	2056	£495.00
2041	660	2066	£990.00
2051	990	2076	£1,485.00

One return journey to Black Torrington would produce;

- 0.006 tonnes of CO₂; (www.co2.myclimate.org). On its own this is very small and not a problem. But take the 50 households 12 times a year, that are going backwards and forwards on different days to Black Torrington and you have:
- 0.006 gms per journey × 600 journeys per year = 3.6 tons of CO₂.
- 3.6 tons of CO₂. Now this is enough carbon dioxide for us to be concerned about.

The next part of my contemplation was how many trees would we need to plant to offset this?

Again using the semi-inaccurate but interesting Google search data. We need one tree to offset 0.16 tonnes of CO₂. Six trees to offset one tonne. So, 22 (rounded up) trees to offset our annual trips to Black Torrington.

Maggie Milledge

***Beech
Meadow
Farm***



- Goat Meat and Goat Milk Soap
- Free range, Grass fed, Rare Breed Lamb and Hogget
- Available from the Market in the village every Friday or we can deliver to your door.

Tel: 07737 055618
email beechmeadowfarm@outlook.com

Sports and Recreation

- **BADMINTON** – this is held at the Victory Hall on Mondays and Wednesday at 5-7pm. Contact Chris Baines for more information on 01409 221362 or email chrisbaines63@btinternet.com
- **KNIT AND KNATTER**– the group meets every 2nd and 4th Wednesday of the month at the Methodist Chapel Rooms at 2.30 – 4pm. Everyone is free to knit or crochet an item of their choice or knit for some of the worthy causes including local hospital baby premature units and various orphanages. £1 for coffee/biscuit and donations of wool gratefully received. For more information call Eunice Peck on 01409 221187.
- **NORTHLEW AMATEUR DRAMATIC SOCIETY (NADS)** – NADS emerged from the pandemic darkness with a small production last December. We have plans for a number of events including a pantomime next year but in the meantime we need YOU. Whether it is backstage or treading the boards we need more members and for the panto children as well. Please get in touch and we will let you know of our next meeting - phone call, email or address we will find you! If you'd just like to be notified of what we are up to and forthcoming events please send an email address. Lyn Taylor, Chairman 07971 609115 lyntaylor11@live.co.uk Martin Perry, Secretary 01409 221376 martinperry.northlew@gmail.com.
- **NORTHLEW AND ASHBURY SNOOKER CLUB** – this is an active and thriving facility in the village which has two full size tables including one recently refurbished and has a team in the Okehampton League. We welcome new members, of all levels of play, for a small membership fee but who can have a free go before joining, just contact David on 07977 789734 or david@grindhill.co.uk.
- **NORTHLEW'S CHARITY MARATHON WALK** –Saturday 6th Aug –the walk is returning to its original route this year. It's a fun route starting at 8ish heading over on back roads to Halwill junction then Cookworthy before heading to Black Torrington getting to the Black River for opening time. After rehydration there and at the Golden Inn and the Half Moon it's off to Hatherleigh to..... the Tally & the George before heading back to the Green Dragon. This might just sound like a pub crawl but it's a full marathon distance and a real test of endurance. However you can join for a mile or 5 or whatever distance you feel comfortable with, it really is about having a good day, raising money for 2 charities to be announced nearer the time & of course your participating medal! More details will be available, please go to www.2fatblokes.co.uk and the events page, or contact Tim Williams on 01409 221754. Hope to see you there.
- **NORTHLEW CHILDREN'S GROUP**- held on Wednesdays at 10am-12pm at the Victory Hall - Contact Jo Dryden via Facebook or 07789 282990 - see page 20.

Sports and Recreation

- **NORTHLEW SILVER BAND** –Devon’s only Village Silver Band over 100 years old. The band will start practices again early in the year, anyone who has just moved into the area and wants to play - YOUR WELCOME!!!! anyone who used to play and hasn't played for a while and isn't sure about starting again or something along those lines.... - START AGAIN YOU KNOW YOU'LL ENJOY IT!!! The aim for this year is to get out in public more and to make an even bigger noise at our Carnival & be fully prepared for the Xmas concerts. Beginners every Monday at 6pm for an hour in the Hatherleigh bandroom behind the new doctors surgery. Learn an instrument and make sweet sweet music! All welcome, any age & join in the fun. For more information please contact: Tim Williams 01409 221754 or Martin Perry 01409 221376.
- **PLAYGROUP FOR GROWN UPS** – it is back! Come to the Methodist Chapel on the 1st and 3rd Tuesday of the month from 2 to 4pm for games, refreshments and laughter. All for £1.50. Local transport available. For more information please call Chris on 01409 221797.
- **SHORT MAT BOWLS** – this is held every Thursdays at 2- 4pm at the Victory Hall. For more information call Mike on 01409 220320, Norman on 01409 221518 or Lin Miller 01409 221164.
- **SKITTLES** – Tuesday 7.30-10pm at the Victory Hall. Contact Mark Turley 07958 764143.
- **TABLE TENNIS** - this is held at the Victory Hall on Fridays at 5-6pm. For more information contact Chris Baines on 01409 221362 or email chrisbaines63@btinternet.com.
- **WALKING GROUP** including nature walks are organised periodically throughout the year. We have two dates for your diary this Summer :

1st July we will once again be treated to cream teas at Beaworthy Church. We will walk from Northlew square at 2pm for an 'amble' along quiet lanes to arrive at Beaworthy Church around 4pm. Transport will be available at both ends of the walk, to get everyone to and from the Church as required. The walk, one way is approximately 3.5 miles

12th August we will be walking to Boasley Methodist Church, where the lovely parishioners will treat us to tea/coffee and cake. The walk will start from the entry to the Pegasus Trail near Castle Cross. Meet at 2pm for a relaxed walk along the old railway track to the Church. Transport to and from the Church will be available as required. The walk, one way is approx. 3 miles.

Please contact Chris Baines on 07917 795072 or email chrisbaines63@btinternet.com if you would like to join us, or for more information.

Victory Hall

!!Save the Date!!... Saturday 3rd September

Our last skittle open afternoon was such a success with adults and children alike that we have decided to do another one!

So come along, new players or old, even if you have never played before but would like to try it out. This year we will be serving delicious local pasties, along with our usual tea, coffee and cake options. The bar will be open too! Please look out for posters nearer the time for more details.

Watch this space: Another fantastic quiz supplied by Ian Richards as a fundraiser for NVH. A steal at £2 per sheet BUT... First prize is a whopping £50... sheets will be available from The Square Shop in early June which will be where sheets need to be returned to as well. Keep your eyes open for more information

SeaMoor Lotto



SeaMoor Lotto was created in 2018 by West Devon Borough Council. Set up to support community projects in the local area, SeaMoor Lotto operates on the principle of raising money within the community for the community. We empower local good causes to raise money in a fun and effective way. A ticket for SeaMoor Lotto costs £1 a week and 60p will go directly to good causes! Northlew Parish Council are a registered good cause with SeaMoor Lotto, so you can raise funds for the parish council, and potentially win something for yourself. Google SeaMoor Lotto, it's really simple to join!

www.seamoorlotto.co.uk

This is how the lottery works for you

SeaMoor Lotto is an exciting weekly lottery that raises money for good causes in South Hams and West Devon. All good causes supported by the lottery will benefit South Hams and West Devon and its residents.

Play the lottery, support South Hams and West Devon - it's that simple!



How tickets work?

Tickets for the lottery cost just £1 per week, with a top prize of £25,000!



About the draws

A weekly draw takes place every Saturday night. Match all 6 numbers and you win the JACKPOT!

[See our prizes](#)



Raising money for your cause

From every £1 ticket you buy, 60p will go to local good causes in South Hams and West Devon and improving our community.

Village Events

THE SKIMMITY HITCHERS IN THE BARN

Saturday 21st May - Nr Northlew, EX20 3BT

Doors open 8pm - Be gone by midnight

Licenced bar and hot food available

Tickets £10 before or £15 on the night

Camping / camper parking available by prior arrangement

goodtimes@thepartybarn.co.uk



 The Skimmity Hitchers

 The Party Barn

Village Events

Platinum Jubilee Celebrations 2-4 June



The poster features a light blue background with strings of red, white, and blue bunting flags. In the center is a dark blue circle containing the Platinum Jubilee logo and the text 'NORTHLEW JUBILEE WEEKEND'. Below the circle are three event descriptions: 'Lighting The Beacon' on Thursday, 'Village Fun Day' on Friday, and 'Bring & Share Tea Party' on Saturday. The bottom of the poster also mentions live music and BBQ at the Green Dragon from 8pm.

THE QUEEN'S PLATINUM JUBILEE 2022

NORTHLEW JUBILEE WEEKEND

Lighting The Beacon
Thursday 2nd June from 7.30pm
Licensed Bar & BBQ
Lighting at 9.45pm

At Heath Moor by kind permission of
Graham and Hazel Butt
(Turn right at Durdon Cross)

Village Fun Day
Friday 3rd June 1-5pm
Lots of family fun including welly wanging,
face painting, tombola, lasso competition,
cream teas, licensed bar and BBQ.

At Northlew Playing Fields
See Dan to Volunteer

Bring & Share Tea Party
Saturday 4th June 2-4pm
Bring and share tea party in the square
Northlew Silver Band
Cake Competition
(4 classes: 7yrs & under, 8-12yrs, 13-21yrs and adult)
Photographer

From 8pm at the Green Dragon
Live Music & BBQ

Village Events

Northlew &
Ashbury Produce
Show
10.09.2022



The long awaited NORTHLEW & ASHBURY PRODUCE show is back!
Schedules and entry forms will be available from the shop in due course.
Chris Baines – Chair 01409 221362 : Chris Scadeng – Publicity 01409 221797

Community Contacts

Medical

Blake House Surgery, Black Torrington	01409 231628
Derriford Hospital	01752 202082
Royal Devon and Exeter Hospital	01392 411611
MyDentist Okehampton	01837 52745
NHS Direct	111
Okehampton Boots (Mon-Sat 9-5.30)	01837 543220
Okehampton Community Hospital	01837 658000
Okehampton Lloyds Pharmacy (Mon-Friday 9-6.30 Sat 9-5.30)	01837 52153
Okehampton Medical Centre	01837 52233

Vets

Okeford Vets	01837 52148
North Park Veterinary Group	01837 658777

Other

Police	101 (non emergencies)
Reporting a Power Cut	105
Floodline	0345 988 1188
Citizens Advice Bureau	0344 411 1444
West Devon Borough Council	01822 813600
Devon County Council	0345 155 1015

Community Support



Waitrose & Partners Give a Little Bit of Love

Waitrose and Partners Okehampton has a new Partner leading their Community engagement. My name is Jude Swift, and I've lived and worked here in Mid and West Devon for the last 14 years. I'm really excited to be able to get to know lots of local community groups and charities, who might benefit from support from our Waitrose branch.

Waitrose and Partners are able to provide input to your local group that can be financial, supplies, informative talks or Partners giving time to help with a project. You don't have to be a registered charity to receive support from us; any group or small organisation that does something to benefit their local community can also be considered. We have in the past supported theatre groups, childrens clubs such as Scouting and Guiding, Village Halls, parent and toddler groups, adult learning opportunities and "feel good" causes such as Christmas lights. We can also come and talk to your group about some of the things that we at Waitrose and Partners feel passionate about, like Fair Trade, Healthy Eating, and the Partnership as a better way of doing business.

But don't feel restricted by the ideas above! If you would like some help and support, but are not yet sure how best we might be able to do that, then get in touch. I can come and visit groups to gain a better understanding of what you do and how you do it, which is a great place to start a conversation about how we help.

Although Waitrose and Partners is a national retailer, here in and around Okehampton we really do want to be *your* local store. That's why we want to help as many organisations who are working hard to make a difference in their communities as we can. At the moment we are particularly (but not exclusively) looking to work with groups that support Health and Wellbeing. This, of course, includes groups that provide the social opportunities that so many have been deprived of over the last 2 difficult years.

If you run such a charity or group, or know of one that might be interested in approaching us, then please do get in touch. You can reach me through the email address communitymattersokehampton@waitrose.co.uk.



Do you have rats, mice, moles, or any other annoying pests??

We can help with single visits or maintenance plans. We work on farms, equine centres, and private dwellings all around the area, humane solutions found whenever possible. Whatever the problem P4 pest control can help

contact Rob 01837 89097, 07713 584316 or Tim 07786 248554

Local History Month in May

Pop in as see the local history resources that Okehampton library has to offer.

Digital Devon

Book on to one of our free digital skills sessions at Okehampton Library, to learn some basic digital skills or improve and refresh existing skills. Bring in your own device or use our public access computers. Contact Okehampton Library to have a chat about how we can help you and book a digital session. *Booking essential.*

Thursday 5th May	10:00-12:00	General Digital Support , tailored to your needs
Thursday 12th May	10:00-12:00	'Learn My Way' Basics
Thursday 19th May	10:00-12:00	General Digital Support , tailored to your needs
Thursday 26th May	10:00-12:00	Digital Library Services

More dates to be confirmed.

Monday 9th May 14:00-15:00 – Friends of Okehampton Library meeting

Are you interested in becoming a friend of Okehampton Library, to support fundraising activities, help with events and encourage use of the library within your community? If you would like to join or come along to a meeting, please contact Okehampton Library.

Friday 13th May – Digital Design Workshops at Okehampton Library

FABLAB Devon are working to help you 'develop Innovative Ideas' with fully funded workshops. You will learn how to create a design and they will make it for you!

10:00-12:00 Introduction to Laser Cutting Design – create your own laser engraved and cut sign

13:30-15:30 Introduction to 3D Design – create your own 3D keyring

16 years+ Fully funded! Limited places – tickets essential.

For tickets – do visit: fablabdevon.eventbrite.com

Any questions? Please email us: fablabexeter@librariesunlimited.org.uk

Saturday 14th May 11:00-12:30 Archie, Wait! Story and craft - Meet the author Anne Parsons

In this sequel, Archie continues to have many adventures, and is still learning about life the hard way. Competition is fierce at his agility class as he follows his dream of becoming a South West regional jumping champion.

Aimed at 5-9 year olds. Free Event – Booking in advance is essential!

Books will be available to purchase

Wednesday 1st June 10:00-11:00 – 'Queens Knickers' Storytime and craft

Free activity for children of all ages and their carers. Booking not necessary

Tuesday 7th June 10:00-13:00 – Proud to Care, Health and Social Care stand

Come along to find out about free accessible Health and Care courses through South Devon College, City College Plymouth, Exeter College and Petroc College as well as Learn Devon. Courses range from 2hour workshops to Level 3 vocational qualifications in Health and Social Care.

Saturday 9th July - Gadgeteers Summer Reading Challenge.

For children age 4-11. Join the Gadgeteers for the Summer Reading Challenge to discover the amazing science and innovation behind the world around you, including some of your favourite things! Come in to pick up your starter pack, read 6 books by the end of the school holidays, collect stickers as you go along and a certificate when the challenge is completed.

REGULAR EVENTS

Knit & Natter - Tuesdays 13:30-14:30

Bring along your knitting, stitching, crochet or other portable craft project, for a chat with like-minded crafters. Tea and coffee available at 70p a cup.

Bounce & Rhyme - Tuesdays 10:00-10:20 & 11:00-11:20

Suitable for under 5s. Free. Booking not necessary

Baby Weighing – Tuesdays 09:30-11:30

Free self-weigh facilities for parents to weigh their babies in a screened area within the library. This is a new partnership between Libraries Unlimited and Devon Public Health Nursing.

Duplo Builders & Storytime - Wednesdays 09:30–10:15

Suitable for ages 0-5 years. Free. Booking not necessary

Lego Builders - Saturdays 10:30–11:30

Suitable for ages 5+. Free. Booking not necessary

The Secret Book Quest

A completely FREE year-round reading challenge for 5-12 year olds across Devon. To take part, children need to sign up, read 50 library books, collect stickers and solve the code.

Children under 8 must be accompanied to all events by a responsible adult

Okehampton Library, 4 North Street, Okehampton EX20 1AR. Okehampton@librariesunlimited.org.uk Tel: 01837 52805		Opening Hours:	
	@OkehamptonLib	Monday	09.00-17.00
	facebook.com/OkehamptonLibrary	Tuesday	09.00-18.00
		Wednesday	09.00-13.00
		Thursday	09.00-17.00
		Friday	09.00-18.00
		Saturday	09.00-13.00

Devon Libraries is part of



Devon Libraries is part of Libraries Unlimited. Libraries Unlimited is a registered charity. Every penny raised goes directly towards library services that help make a difference to people's lives and communities. To donate, please visit librariesunlimited.org.uk

Okehampton Library

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 @OkehamptonLib  facebook.com/OkehamptonLibrary	

Devon Libraries is part of  Libraries Unlimited  Devon Libraries

Devon Libraries is part of Libraries Unlimited. Libraries Unlimited is a registered charity. Every penny raised goes directly towards library services that help make a difference to people's lives and communities. To donate, please visit librariesunlimited.org.uk

Taking reservations for summer lamb & beef direct from our farm!

- Succulent 10Kg Shorthorn beef selection boxes available in time for summer BBQs
- Mouth-watering ½ or whole grass fed lamb
- Butchered to your specification
- Grown at a slow pace on traditional pastures, no additives, hormones or yukky stuff!



Just outside the village - low food miles!

Register your interest / butchery requirements & we can let you know when it'll be ready

Available to collect direct from the farm or we can deliver FOC locally

South Yeo Farm East, Northlew, EX20 3PS

Tel: 01837 810274

e: southyeofarm@btinternet.com

FB: Farmer Dixon - Twitter: @southyeoeast

Transport



Bus Timetable Here are the timetables for the service buses that run from the village on a regular basis

NORTHLEW - HATHERLEIGH - OKEHAMPTON MD Buses 630
NORTHLEW - OKEHAMPTON via Sheepwash MD Buses 631
NORTHLEW - OKEHAMPTON MD Buses 633
Via Germansweek, Bratton Clovelly

Monday, Thursday and Saturday (Except Public Holidays)

	633 M	630 Th	631 S		633 M	630 Th	631 S
NORTHLEW Square	0930	0945	0945	OKEHAMPTON Market Street	1230	1245	1245
SHEEPWASH Square	-	-	1000	BOASLEY CROSS School	1245	-	-
HIGHAMPTON	-	-	1005	BRATTON CLOVELLY Clovelly Inn	1255	-	-
HATHERLEIGH Moor View	-	-	1010	GERMANSWEEK War Memorial	1310	-	-
EXBOURNE Red Lion	-	-	1020	FOLLY GATE Crossways Inn	-	1250	-
SAMPFORD COURTENAY New Inn	-	-	1026	INWARDLEIGH Memorial	-	1255R	-
SAMPFORD COURTENAY Station	-	-	1030	SAMPFORD COURTENAY Station	-	-	1252
HATHERLEIGH Moor View	-	1000	-	SAMPFORD COURTENAY New Inn	-	-	1256
INWARDLEIGH Memorial	-	1010	-	EXBOURNE Red Lion	-	-	1302
FOLLY GATE Crossways Inn	-	1014	-	HATHERLEIGH Moor View	-	-	1312
GERMANSWEEK War Memorial	0945	-	-	HIGHAMPTON	-	-	1317
BRATTON CLOVELLY Clovelly Inn	1000	-	-	SHEEPWASH Square	-	-	1322
BOASLEY CROSS School	1010	-	-	HATHERLEIGH Moor View	-	1305	-
OKEHAMPTON Market Street	1025	1020	1037	NORTHLEW Square	1325	1320	1337

CODE: M - MONDAY ONLY Th - THURSDAY ONLY S - SATURDAY ONLY
 R - SERVES THIS POINT IF REQUIRED BY PASSENGERS ON THE BUS

These services are financially supported by Devon County Council

NORTHLEW - BIDEFORD Via Shebbear MD Buses 642

Monday only (Except Public Holidays)

NORTHLEW Square	0915	BIDEFORD The Pill (Riverside Car Park)	1330
HIGHAMPTON	0925	STIBB CROSS	1350
SHEEPWASH Square	0930	ROWDEN FARM	1354
BLACK TORRINGTON Black River Inn	0935	CAUTE Phone Box	1359
BRANDIS CORNER	0940	SHEBBEAR Square	1405
BRADFORD Lana Cross	0945	DIPPER MILL	1415
DIPPER MILL	0950	BRADFORD Lana Cross	1420
SHEBBEAR Square	1000	BRANDIS CORNER	1425
CAUTE Phone Box	1006	BLACK TORRINGTON Black River Inn	1430
ROWDEN FARM	1011	SHEEPWASH Square	1435
STIBB CROSS	1015	HIGHAMPTON	1440
BIDEFORD The Pill (Riverside Car Park)	1035	NORTHLEW Square	1450

This service is financially supported by Devon County Council

NORTHLEW - HOLSWORTHY Via Sheepwash Law & Torridge 639

Wednesday only (Except Public Holidays)

NORTHLEW Square	0925	HOLSWORTHY Manor Car Park	1335
HATHERLEIGH Market Square	0940	ANVIL Corner	1340
HATHERLEIGH Moor View	0942	COOKBURY Church	1348
HIGHAMPTON	0946	HOLEMOOR CROSS	1354
SHEEPWASH Square	0952	BRADFORD Lana Cross	1355
BLACK TORRINGTON Black River Inn	1000	BRANDIS CORNER	1404
BRANDIS CORNER	1006	BLACK TORRINGTON Black River Inn	1410
BRADFORD Lana Cross	1015	SHEEPWASH Square	1418
HOLEMOOR CROSS	1016	HIGHAMPTON	1424
COOKBURY Church	1022	HATHERLEIGH Moor View	1428
ANVIL Corner	1030	HATHERLEIGH Market Car Park	1430
HOLSWORTHY Manor Car Park	1035	NORTHLEW Square	1445

This service is financially supported by Devon County Council

Transport

Dartmoor Train Line There are trains hourly each way, seven days a week, between Okehampton, Crediton and Exeter St Davids, including services for daily commuters. Most services also call at Exeter Central, including the key peak services.

Sunday 15 May to Saturday 10 December 2022

EXETER AND CREDITON TO OKEHAMPTON

Mondays to Fridays	Exeter Central	a	0616	0733	0834	0933	1032	1132	1232	1332	1432	1532	1632	1735	1824	1924	2052
	Exeter St Davids	d	0631	0738	0839	0938	1037	1137	1237	1337	1437	1537	1637	1740	1845	1942	2115
	Newton St Cyres	a	1044x	1344x	2122x
	Crediton	d	0641	0749	0849	0948	1051	1147	1247	1351	1447	1547	1647	1750	1855	1953	2128
	Crediton	d	0642	0749	0850	0949	1051	1151	1251	1351	1450	1549	1649	1751	1856	1955	2129
	Okehampton	d	0707	0815	0915	1015	1117	1217	1316	1417	1515	1615	1715	1817	1922	2020	2155

Saturdays	Exeter Central	d	0724	0834	0934	1032	1131	1233	1332	1433	1531	1632	1733	1828	1920	2026
	Exeter St Davids	d	0630	0738	0839	0939	1037	1136	1238	1337	1438	1538	1637	1738	1845	1933	2110
	Newton St Cyres	d	1044x	1344x	1644x	1940x	2117x
	Crediton	a	0640	0748	0849	0949	1050	1147	1248	1350	1448	1548	1650	1748	1856	1946	2123
	Crediton	d	0641	0749	0850	0950	1051	1152	1251	1351	1450	1549	1651	1749	1857	1955	2125
	Okehampton	a	0706	0815	0915	1015	1117	1217	1316	1417	1515	1615	1716	1815	1922	2020	2150

Sundays	Exeter Central	d	0837	0932	1032	1132	1232	1332	1432	1532	1632	1732	1821	1920	2040
	Exeter St Davids	d	0842	0937	1039	1138	1238	1337	1437	1538	1637	1742	1847	1942	2118
	Newton St Cyres	d	1047x	
	Crediton	a	0852	0949	1054	1149	1251	1348	1448	1549	1647	1752	1858	1953	2129
	Crediton	d	0853	0949	1055	1150	1252	1349	1449	1550	1648	1753	1859	1954	2130
	Okehampton	a	0918	1015	1120	1216	1317	1415	1514	1615	1713	1818	1924	2019	2155

OKEHAMPTON TO CREDITON AND EXETER

Mondays to Fridays	Okehampton	d	0725	0825	0925	1025	1127	1227	1326	1426	1525	1625	1725	1830	1931	2030	2219
	Crediton	a	0748	0848	0948	1048	1150	1250	1349	1449	1548	1648	1748	1853	1954	2053	2243
	Crediton	d	0750	0850	0951	1051	1152	1253	1350	1451	1550	1651	1750	1855	1956	2054	2249
	Newton St Cyres	d	0954x	1054x	1353x	1455x	..	1655x	2000x
	Exeter St Davids	a	0800	0900	1003	1103	1202	1303	1402	1503	1600	1703	1800	1906	2008	2104	2300
	Exeter Central	a	0805	0905	1007	1107	1207	1307	1406	1508	1605	1707	1805	1916	2014	2121	2309

Saturdays	Okehampton	d	0725	0825	0925	1025	1127	1227	1326	1426	1525	1625	1725	1830	1931	2030	2224
	Crediton	a	0748	0848	0948	1048	1150	1250	1349	1449	1548	1648	1748	1853	1954	2053	2247
	Crediton	d	0750	0852	0950	1050	1152	1252	1350	1451	1549	1651	1749	1855	1955	2054	2248
	Newton St Cyres	d	0953x	1053x	1353x	1454x	..	1654x	1958x
	Exeter St Davids	a	0800	0903	1003	1103	1204	1302	1402	1502	1559	1703	1759	1906	2006	2104	2259
	Exeter Central	a	0805	0907	1007	1107	1208	1307	1406	1508	1604	1707	1803	1919	2011	2120	2316

Sundays	Okehampton	d	0925	1030	1125	1225	1325	1425	1525	1623	1725	1833	1929	2025	2201
	Crediton	a	0949	1053	1149	1249	1349	1449	1549	1647	1749	1857	1953	2049	2225
	Crediton	d	0949	1053	1149	1251	1349	1451	1550	1652	1752	1857	1954	2051	2225
	Newton St Cyres	d	1352x	
	Exeter St Davids	a	1000	1104	1200	1303	1402	1502	1603	1703	1803	1908	2005	2102	2237
	Exeter Central	a	1005	1109	1205	1308	1407	1506	1608	1708	1819	1928	2028	2128	2256

NOTES AND SYMBOLS

- Bold** Through service
- Light Connecting service
- a Arrival time
- d Depart time
- x Stops on request. Please tell the Conductor if you wish to leave.
Please signal to the Driver if you wish to board

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